

October  
2016

# Childhood Trauma Self-Help Support Groups

October  
2016

## SUNDAY

- 08:30 - **Phone Meetings: SUNDAY- SATURDAY**  
09:45am Survivors of Incest Anonymous May be long Distance, so best to use cellphone minutes or Unlimited landline minutes. Pacific Time. Fellowship Afterwards. Call in (712) 432-8808, Pin Code# 742247#
- 9:30 am Sex & Love Addicts Anonymous  
SHARE! 6666 Green Valley Circle  
**CULVER CITY, CA 90230**  
(310) 846-5270
- 1:00 pm **ADULT CHILDREN OF ALCOHOLICS DYSFUNCTIONAL FAMILIES (Work Book)**  
**SHARE! DOWNTOWN**  
425 S Broadway,  
**LOS ANGELES, CA 90013**  
213-213-0100
- 2:00 pm **ACA ANGER RELEASE**  
SHARE!  
6666 Green Valley Circle  
**CULVER CITY, CA 90230**  
(310) 846-5270
- 4:00 pm **MALE SURVIVORS OF SEXUAL ABUSE**  
**No perpetrators, call for screening, no walk-ins, call 323-250-6116**  
*1st & 3rd Sundays*  
SHARE!  
6666 Green Valley Circle  
**CULVER CITY, CA 90230**
- 5:00pm **SEX AND LOVE ADDICTS**  
**Anorexic Focus (Fear of intimacy-sexual, social, emotional)**  
Founders MCC Church (street parking)  
4607 Prospect Ave  
**HOLLYWOOD, CA 90027**  
323-669-3434 (HUNTER ROOM)
- 6:00 pm **ACA BOOK STUDY**  
SHARE!  
6666 Green Valley Circle  
**CULVER CITY, CA 90230**  
(310) 846-5270
- 6:30 pm **SEX AND PORN ADDICTS ANONYMOUS**  
(FORMERLY Lustaholics Anonymous)  
Hotline # 424-209-7739
- 6:30 pm **SEXUAL COMPULSIVES ANONYMOUS**  
SHARE!  
6666 Green Valley Circle  
**CULVER CITY, CA 90230**  
(310) 846-5270

## MONDAY

- 12:30 pm **SEX ADDICTS ANONYMOUS**  
SHARE! DOWNTOWN  
425 S. Broadway,  
**LOS ANGELES, CA 90013**  
(213) 213-0100
- 7:30 pm **SURVIVORS OF INCEST ANONYMOUS**  
Survivors Only  
132 N. Euclid Ave  
**PASADENA, CA 91101**  
John (626) 305-9113
- ## TUESDAY
- 11:30 pm **SURVIVORS OF INCEST ANONYMOUS**  
MCC Valley Church (Annex Room)  
5730 Cahuenga Blvd  
**NORTH HOLLYWOOD, CA 91601**  
Park behind church, walk through courtyard  
818-762-1133
- 1:30 pm **SURVIVORS OF INCEST ANONYMOUS**  
MCC Valley Church (Annex Room)  
5730 Cahuenga Blvd  
**NORTH HOLLYWOOD, CA 91601**  
Park behind church, walk through courtyard  
818-762-1133
- 3:30pm **ACA: HEALING AFTER THE PAIN**  
**SHARE! DOWNTOWN**  
425 S Broadway  
**LOS ANGELES, CA 90013**  
(213) 213-0100
- 7:45pm **SEX AND LOVE ADDICTS**  
Anorexic Focus (Fear of intimacy-sexual, social, emotional)  
Founders MCC Church (street parking)  
4607 Prospect Ave  
**HOLLYWOOD, CA 90027**  
323-669-3434 (RYLAND)
- 8:00pm **SEX ADDICTS ANONYMOUS**  
SHARE!  
6666 Green Valley Circle  
**CULVER CITY, CA 90230**  
(310) 305-8878

## WEDNESDAY

- 10:30 am **SURVIVORS OF INCEST ANONYMOUS**  
MCC Valley Church (Annex Room)  
5730 Cahuenga Blvd  
**NORTH HOLLYWOOD, CA 91601**  
Park behind church, walk through courtyard  
818-762-1133
- 7:30 pm **SURVIVORS OF INCEST ANONYMOUS**  
First Presbyterian  
5000 Colfax Ave.  
**N. HOLLYWOOD 91601**  
818-766-8103
- 8:00 pm **SEX ADDICTS ANONYMOUS**  
SHARE! Culver City  
6666 Green Valley Cir  
**CULVER CITY, CA 90230**  
(310) 846-5270 Closed Meeting
- 8:00 pm **SEX AND LOVE ADDICTS ANONYMOUS** Anorexic Focus  
(Fear of intimacy-sexual, social, emotional)  
SHARE! Culver City  
6666 Green Valley Cir  
**CULVER CITY, CA 90230**  
(310) 846-5270

## THURSDAY

- 12:00 PM **SEX AND LOVE ADDICTS ANONYMOUS**  
MCC Valley Church (Annex Room)  
5730 Cahuenga Blvd  
**NORTH HOLLYWOOD, CA 91601**  
Park behind church, walk through courtyard  
818-762-1133
- 3:30 PM **ANGER ANONYMOUS RELEASE**  
SHARE! DOWNTOWN  
425 S Broadway,  
**LOS ANGELES, CA 90013**  
(213) 213-0100

## FRIDAY

- 11:30 pm **SURVIVORS OF INCEST ANONYMOUS**  
MCC Valley Church (Annex Room)  
5730 Cahuenga Blvd  
**NORTH HOLLYWOOD, CA 91601**  
Park behind church, walk through courtyard  
818-762-1133
- 6:00 pm **ANGER ANONYMOUS**  
SHARE! Culver City  
6666 Green Valley Circle  
**CULVER CITY 90230**  
(310) 846-5270
- 6:30 pm **ACA WORKBOOK STEP STUDY**  
SHARE! Culver City  
6666 Green Valley Circle  
**CULVER CITY 90230**  
(310) 846-5270
- 6:30pm **SEXAHOLICS ANONYMOUS**  
6666 Green Valley Circle  
**CULVER CITY, CA 990230**  
(310) 846-5270 (310) 846-5270
- 7:30pm **COMPULSIVOS SEXUALES ANONIMOS**  
(SCA in Spanish)  
425 S. Broadway  
**LOS ANGELES, CA 90013**  
(213) 213-0100

## SATURDAY

- 9:00 am **SEX AND LOVE ADDICTS ANONYMOUS**  
MCC Valley Church (Annex Room)  
5730 Cahuenga Blvd  
**NORTH HOLLYWOOD, CA 91601**  
Park behind church, walk through courtyard  
818-762-1133
- 9:30 am **SURVIVORS OF INCEST ANONYMOUS**  
Women only, no current perpetrators, those with D.I.D. and/or multiple personality disorders welcome. Ritual abuse survivors welcome.  
Trinity Lutheran Church  
759 Linden Avenue  
**LONG BEACH, CA 90813**  
Althia (562) 596-7907
- 10:00 am **SEXUAL COMPULSIVES ANONYMOUS**  
Atlantic Alano Club  
600 1/2 Redondo Avenue (Above retail store on the first floor)  
**LONG BEACH, CA 90814-1453**  
(562) 439-6099

This directory is compiled by **SHARE!** For changes or additions please contact us at **1.877.SHARE49**  
**FAX (310) 846-5278** [www.shareselfhelp.org](http://www.shareselfhelp.org).

SHARE! the Self-Help And Recovery Exchange, a project of the Emotional Health Association, a California non-profit organization, is supported by the Los Angeles County Department of Mental Health.

If you would like to start a meeting or know of an existing meeting, please call SHARE! at (310) 846-5270.

**SHARE!  
the Self-Help And Recovery  
Exchange**

6666 Green Valley Circle Culver City, 90230  
and  
425 S. Broadway L.A. CA 90013  
**1.877.SHARE 49**  
www.shareselfhelp.org

**HOW TO ATTEND  
A SUPPORT GROUP**

*Just show up!* The person leading the meeting that day will usually read some material explaining how the meeting works. Some of the material can be read by other members of the group.

In most meetings everyone then gets a chance to share about how they're dealing with the issue. Meetings are usually one and a half hours long. A basket will be passed to collect your donation.

SHARE! has a **suggested donation of \$2 to \$5** per person per meeting, however, no one is turned away for lack of funds. We suggest you attend a group six times before you decide whether it's helping you. ***See you at a meeting!***

**SHARE!** is operated by the Emotional Health Association, a California non-profit organization. **SHARE!** was founded and is managed by people who attend support groups. **SHARE!** is funded by individual donations from people like **YOU**. We count on your help to continue providing the services we do. Make a tax-deductible donation payable to:

**SHARE!**

425 S Broadway, Los Angeles 90013  
6666 Green Valley Circle, Culver City 90230

*THANKS for the SUPPORT!*

If you know of any other self-help support groups for incest survivors or of any changes to this directory please call

**1.877.SHARE.49 (TOLL FREE)**

*SHARE! has a support group for you.  
Join us!*

**FOR OTHER SUPPORT GROUPS  
THROUGHOUT L.A. COUNTY  
1.877.SHARE.49 (Toll Free)**



**S H A R E !**™

**Self-Help Support Groups**  
**Childhood  
Trauma**  
**Los Angeles County**

**October  
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6666 Green Valley Circle, Culver City 90230  
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