

SHARE! Peer Specialist Training Courses

Peer Services 101 (36 hours in class plus homework)

Prerequisite: must be a consumer, parent, family member or caregiver either in the public mental health system in California or wishing to pursue a career in the public mental health system in California.

An introduction to the core peer interventions, including self-help support groups, recovery planning, goal setting, crisis management, relationship, social network and community building, as well as job readiness and study skills, suicide prevention, triage, targeted case management, ethics and boundaries, HIPAA, confidentiality and self-care.

Friday September 8, 2017 from 11:00 am to 5:30 pm

Saturday September 9, 2017 from 9 am to 3:30 pm

Friday September 22, 2017 from 11:00 am to 5:30 pm

Saturday September 23, 2017 from 9 am to 3:30 pm

Friday October 6, 2017 from 11:00 am to 5:30 pm

Saturday October 7, 2017 from 9 am to 3:30 pm

SHARE! Peer Toolkit (36 hours in class plus homework)

Prerequisite: Peer Services 101

This course teaches evidence-based practices as well as more than 30 techniques developed by SHARE! and others to make peer personnel effective. At the end of this course, peer personnel will have a broad range of strategies to help people reach their recovery goals, build healthy relationships, avoid and defuse conflict and avoid power struggles. They will know under which circumstances each Tool works best, and be sensitive to cultural issues in implementing them. They will assess whether a strategy or Tool is working and move quickly to another if it is not. They will be able to focus on the job despite their mental health issues, will know and be able to manage their triggers, and have good self-care practices.

Friday November 3, 2017 from 11 am to 5:30 pm

Saturday November 4, 2017 from 9 am to 3:30 pm

Friday November 17, 2017 from 11 am to 5:30 pm

Saturday November 18, 2017 from 9 am to 3:30 pm

Friday December 1, 2017 from 11 am to 5:30 pm

Saturday December 2, 2017 from 9 am to 3:30 pm

SHARE! Peer Bridging (36 hours in class plus homework)

Prerequisite: Peer Services 101 & SHARE! Peer Toolkit

This course teaches peers providers how to bridge consumers from hospitals, IMDs, jail, homelessness, foster care, living with their families, etc. to less restrictive settings. Peer personnel learn how to facilitate a change in identity from patient, inmate, homeless person, dependent to a productive person in the community who contributes and has a purpose. Skills taught include problem solving techniques, tools for facilitating change, enlarging social networks, resiliency, and working with individuals.

Dates beginning January 2018 to be determined

More Information

These courses are available free to consumers, parents and family members who work in or intend on pursuing a career in the public mental health system in California. Money is available for transportation and lodging for people in Service Area 1 of Los Angeles County and anyone in California outside of Los Angeles County.

All courses will be held at SHARE! Culver City, 6666 Green Valley Circle, Culver City, CA 90230 unless otherwise advised. There is free parking at this facility.

People attending all six sessions of each course and passing the assessments for each course will receive a Certificate of Completion that can be used to satisfy peer training requirements for jobs in the Los Angeles County public mental health system as well as in other counties.

This training is funded by the Office of Statewide Planning and Development (OSHPD).

SHARE! the Self-Help And Recovery Exchange has been operating client-run centers in Los Angeles for nearly 25 years. The training is based on SHARE!'s experience implementing evidence-based practices and their own experience in running client-run centers in Los Angeles. Please visit our website www.shareselfhelp.org for more information about SHARE! and its programs.

For more information please call 310 846-5270 or email Linda at linda@shareselfhelp.org