

SHARE! Culver City Meeting Directory March 2017

6666 Green Valley Circle Culver City, CA 90230; (310) 305-8878

Sunday

***9:30 am Sex & Love Addicts Anonymous**
***10 am Alcoholics Anonymous**
"Bikin' for Bill"
10 am Arts Anonymous
Artists Recovering Through the 12 Steps New Meeting
12 pm Attention Deficit Disorder (ADD)
12:30 pm Co-Dependents Anonymous
2 pm ACA Anger Release
2 pm National Organization of Restoring Men (NORM) *3rd Sundays*
Men dealing with circumcision issues
2 pm LA Play & Script Reading *4th Sunday*
4 pm Wildflowers
Mindful Peer Support, Self-Awareness and Radical Wellness—1st & 3rd Sundays.
4 pm Cleptomaniacs & Shoplifters Anonymous (CASA)
4 pm Male Survivors of Sexual Abuse *1st & 3rd Sundays. Open to newcomers. Please call for screening (323) 250-6119. Please visit lamalesurvivor.org first*
4 pm CFIDS *1st Sunday of the month*
Chronic Fatigue Syndrome & Immune Dysfunction Syndrome/ Fibromyalgia
6 pm Adult Children of Alcoholics and Dysfunctional Families (ACA)
"Moving Towards a Solution," Book Study
6 pm Co-Dependents Anonymous
6:30 pm Sex and Porn Addicts Anonymous (formerly Lustaholics Anonymous)
Hotline # 424-209-7739
6:30 pm Sexual Compulsives Anonymous
8 pm Alcoholics Anonymous
"We Agnostics"
8 pm Depression Anonymous
Candlelight meeting

Monday

12:30 pm Alcoholics Anonymous
Speaker Tapes
12:30 pm Co-Dependents Anonymous
4:30 pm WRAP (Wellness and Recovery Action Plan)
2nd & 4th Monday
6 pm Recovery International
For anxiety, depression, anger, etc.
8 pm Overeaters Anonymous
New Time
8 pm PTSD, Post-Traumatic Stress Disorder Support Group
New Time
8 pm Depression Anonymous
Candlelight meeting
8 pm Co-Dependents Anonymous

Tuesday

12:30pm Alcoholics Anonymous
Speaker Tapes
12:30pm Co-Dependents Anonymous
6 pm Depression and Bipolar Support Alliance (DBSA)
***6 pm Cocaine Anonymous**
"Fruit of the Vine"
7:30 Co-Dependents Anonymous
Women's Step Study Writing
8 pm NLP For Better Living
2nd and 4th Tuesday
New Meeting
8 pm Gamblers Anonymous (GA)
8 pm Sex Addicts Anonymous
Open to men only who are seeking their own recovery, Closed to visitors

Wednesday

12:30 pm Alcoholics Anonymous
Speaker Tapes
12:30 pm Co-Dependents Anonymous
6 pm Narcotics Anonymous (NA)
"In Times of Illness" New Meeting
6:30 pm Nar-Anon *for family and loved ones of addicts*
6:30 pm Workaholics Anonymous
7 pm LA Help (People with Herpes)
4th Wednesdays
8 pm Sex Addicts Anonymous
Open to all those seeking their own recovery, Closed to visitors
8pm Depression Anonymous
Candlelight meeting
8pm Highly Sensitive People
3rd Wednesdays
8 pm Mankind Project
1st & 3rd Wed.

Thursday

12:30 pm Alcoholics Anonymous
Lunchtime Recovery
12:30 pm Co-Dependents Anonymous
6 pm-10 pm Toastmasters
Learn how to speak publicly. 2nd and 4th Thursdays
Book Study
***6 pm Overcomer's Outreach**
New Meeting
8 pm Co-Dependents Anonymous (CODA)
Men's Stag
8 pm Narcotics Anonymous (NA)
Men's Stag
8 pm Marijuana Anonymous (MA)
8pm Emotions Anonymous (EA)
8 pm Toastmasters "Heart-Centered"
Learn how to speak publicly.
8pm Co-Dependents Anonymous

Friday

12:30 pm Alcoholics Anonymous
Speaker Tapes
12:30 pm Co-Dependents Anonymous
***6 pm Cocaine Anonymous**
"Freedom From Bondage"
6:30 pm Sexaholics Anonymous
6:30 pm ACA Workbook Step Study
"Fellow Travelers"
6:30 pm Recovering Couples Anonymous
1st and 3rd Fridays
8 pm Depression Anonymous
Candlelight meeting
9 pm Alcoholics Anonymous
Musician's meeting

Saturday

8 am Toastmasters
90's Club: Learn how to speak publicly
10 am Cleptomaniacs and Shoplifters Anonymous (CASA)
***10 am Bereavement, Loss, and Grief**
New Meeting
***10 am African American Self-improvement Coalition**
New Meeting
12:30 pm Co-Dependents Anonymous
1 pm Communicating Personally
2nd Saturdays

*In accordance with SHARE!'s non-discrimination policy, meetings not otherwise described as religious in nature that use materials from a religious source, such as the Lord's Prayer, are marked with an asterisk.

How to attend a support group...

Just show up!

Is there a facilitator?

Self-help groups are run by peers. The person leading the meeting that day will usually read some material explaining how the meeting works. Some of the material can be read by other members of the group. In most meetings everyone then gets a chance to share about how they're dealing with the issue.

How much does it cost?

A basket will be passed to collect your donation.

SHARE! has a **suggested donation of \$2 to \$5** per person per meeting, however, no one is turned away for lack of funds.

How long are the meetings?

Meetings are usually one and a half hours long.

How do I know if the meeting is right for me?

We suggest you attend a group six times before you decide whether it's helping you.

See you at a meeting!



SHARE!

the Self-Help And Recovery Exchange

"Whatever the problem, SHARE! has a support group for you."

Directions to SHARE!

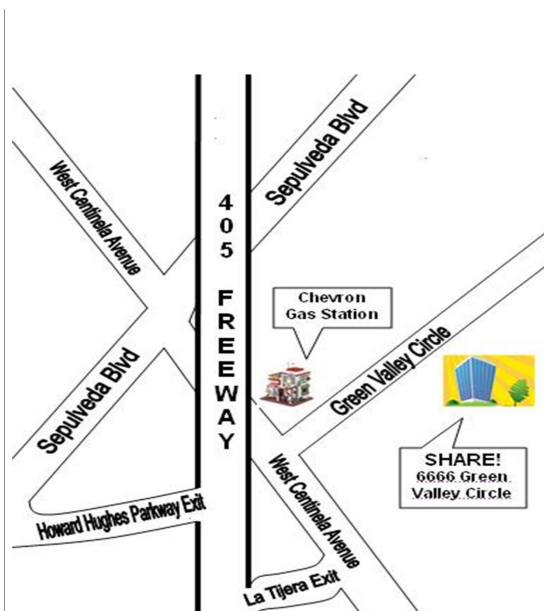
6666 Green Valley Circle Culver City, CA 90230-7068

From 405 South Bound take the **Howard Hughes Parkway exit**. Turn **right** on **Sepulveda**.

Turn **right** on **Centinela**. Turn **left** at the Chevron station on to Green Valley Circle.

From the 405 North Bound take the **La Tijera exit**. Turn **right** onto La Tijera. Turn **left** on **Centinela**. Turn **right** at the **Chevron Station** onto Green Valley Circle.

SHARE! Culver City is the 2nd building on the **right** with plenty of free parking.
6666 GREEN VALLEY CIRCLE is on the **RIGHT**.



SHARE! the Self-Help And Recovery Exchange, a project of the Emotional Health Association, a California non-profit organization, is supported by the Los Angeles County Department of Mental Health.

Culver City MEETING DIRECTORY MARCH 2017

Open 7 Days a Week
Sunday-Friday 1:00pm-10:00pm
Saturday 9:00am-5:30pm

6666 Green Valley Circle, Culver City, CA 90230
Phone: (310)305-8878 Fax: (310)846-5278

WWW.SHARESELFHELP.ORG

***For self-help meetings*
elsewhere in Los Angeles County
CALL 1-310-305-8878**

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