Festival of Recovery Saturday, April 9, 2016 9 am to 5 pm

A support group can help you...

- Turn from struggling to thriving
- Think about your dreams and find a way to make them happen
- Cope with feeling depressed
- Overcome anger issues
- Get help finding or keeping a Job
- Make new friends
- Discover gratitude for your life
- Get along better with roommates
- Manage your money, no matter how much you have

Lunch Provided

Check out more than 30 Self-Help Support Groups and find the one you need!



Sponsored by SHARE! and SOS

Suggested donation is \$5

No one is turned away for lack of funds



SHARE!

the Self-Help And Recovery Exchange

Please contact Gretta at SHARE! For details. gretta@shareselfhelp.org

I-310-305-8878 6666 Green Valley Circle Culver City, CA 90230 For bus directions call 1-800-COMMUTE