



# SHARE! ACCOMPLISHMENTS 2019



**MOVING ON UP**—Using community contributions, SHARE! upgraded facilities at SHARE! Downtown and SHARE! Culver City.

## SERVICES TO THE COMMUNITY

Helped **363** disabled people move into permanent supportive housing throughout Los Angeles County.

**28,896** people attended self-help support group meetings at SHARE! Downtown and SHARE! Culver City.

Made **2,621** referrals to self-help support groups throughout Los Angeles.

**60** unemployed disabled people got paying jobs or went to college after participating in SHARE! Volunteer-to-Jobs program.

Provided technical assistance to **97** self-help support groups.

Trained **469** people in SHARE!'s innovative techniques for Peer Providers that greatly increase people's willingness to change their anti-social behaviors.

**197** people developed a foundation in recovery at the SHARE! Recovery Retreat.

Provided **more than 1000** meals to hungry people at SHARE! Downtown and SHARE! Culver City.

Wrote a brochure for monolingual people recently diagnosed with mental health issues and are coordinating with SAMHSA to translate it into Korean, Chinese (classical and simplified), Farsi, Khmer, Armenian, Russian and Vietnamese.

Reached **4,056** subscribers through SHARE!'s electronic newsletter, and drew an average **3,196** visitors a month to [shareselfhelp.org](http://shareselfhelp.org).



A SHARE! Collaborative Housing resident who had been living behind a bush in Venice, was recently exhibited in a Santa Monica Gallery.

**BUILDING COMMUNITY** —After SHARE! housed Treeman, a Venice man who had been homeless many years, a documentary project highlighted SHARE! Collaborative Housing. Jason Robison, SHARE! Program Director, spoke about the importance of building community in order to stay housed after experiencing homelessness. (See [adocumentree.com](http://adocumentree.com))

## SHARE! COLLABORATIVE HOUSING

While housing **572** people and opening **11** new houses, increasing the number of available beds to **419**, SHARE! doubled funding for SHARE! Collaborative Housing.

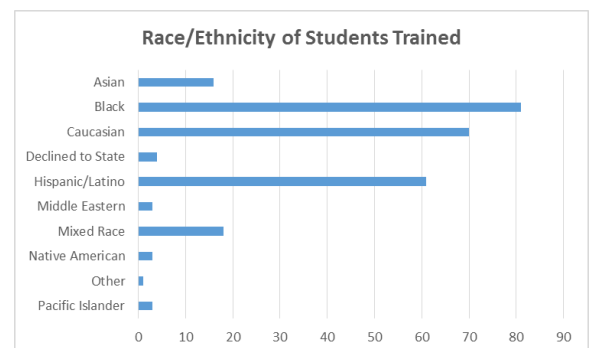
Residents had high levels of community participation:

45% employed; 52% attend self-help support groups; 18% attend school; 68% volunteer

SHARE! divided duties between staff who find new houses and those who support residents. The referral hours were increased from two hours daily to eight hours daily. More than **167** agencies made referrals to SHARE! Collaborative Housing in 2019.

## TRAINING

SHARE!'s Advanced Peer Specialist Training, which was recognized as the best Peer Specialist training in Los Angeles by LACDMH, is being approved by Mental Health America as fulfilling the requirements for National Peer Certification training.



SHARE! Advanced Peer Specialist Training taught **167** people evidence-based practices in 2019, resulting in a better trained workforce for SHARE! and other organizations. SHARE! has trained **494** since 2016, from 16 counties statewide, including a class in Sacramento, drawn from a spectrum of racial/ethnic backgrounds.

The training, which funded through contracts from the California Office of Statewide Health Planning and



Harcourt House, a few miles from Culver City, recently opened and has been serving formerly homeless women.

## SHARE! COLLABORATIVE HOUSING IN THE NEWS

Los Angeles Times column by Steve Lopez, June 15, 2019

### **Garcetti is trying to face the challenge of homelessness, but he's falling short**

EXCERPT: "I met with Ruth Hollman and Jason Robison of the Self-Help and Recovery Exchange, or SHARE, a nonprofit that housed 30 people with a \$50,000 grant made possible by City Councilman Mike Bonin.

"We cannot build our way out of this," said Hollman, who told me that at any given time, about 50,000 homes are vacant in the Los Angeles area. Her team finds homes on Craigslist and moves several SHARE clients into each one, offering some supervision and referrals to self-help groups. The rent is paid with a combination of Social Security benefits and a portion of income earned by working clients.

We visited a home in Gardena where nine middle-age women live. One, a chef, made lunch. Two women, both of whom work, told me how high rents drove them into homelessness. Another one told me she's giving music lessons to neighborhood kids."

LA.Streetsblog.org, December 12, 2019

### **Bonin/Huizar Look to Citywide Collaborative Housing Program to End Homelessness for Thousands of Angelenos**

EXCERPT: Councilmember Mike Bonin explained why he gave a grant to SHARE! Collaborative Housing: "Even if the program failed and only housed, hypothetically, four people for \$1 million, it would have housed twice as many people than if we spent that money on two units of permanent supportive housing."



**INTO THE WORKFORCE**—SHARE! trained 167 people in evidence-based practices in peer services to work in the mental health field, including the first-ever training in Sacramento (above).

Development (OSHPD), was awarded a fourth OSHPD grant October 2019.

SHARE! training expanded from one to three staff, and moved into a dedicated space for training.

SHARE! trained **199 peer workers** and **39 peer supervisors** in its innovative Peer Supervision training program, thanks to OSHPD funding. The trainings comprised The Value of Recovery Support for People with Mental Health Conditions; Evidence-based Peer Services; Fostering Resilience; Becoming An Ally; The Trauma-Informed Developmental Model of Supervision and Stigma... In Our Work, In Our Lives.

SHARE! completed an OSHPD grant to provide mentors and self-help support groups to the Mental Health Peer Workforce in Los Angeles.

## **COMMUNITY PARTICIPATION**

SHARE! contributed to an international Leadership Exchange on Peer run Programs through the International Institute for Mental Health Leadership with Peer Run agencies across the US, New Zealand and the Netherlands to codify best practices in Peer programs.

SHARE! Program Director, Jason Robison, who is a **SAMHSA Recovery Month Planning Partners**, encouraged the participation of self-help support groups fellowships in the national campaign.

In order to advocate for **quality peer services statewide**, Jason Robison served on the board of CAMHPRO (California Association of Mental Health Peer-Run Organizations). In addition to speaking at the advocacy forum CAMHPRO held at SHARE! in November, Jason presented on innovative peer solutions at the Pool of Consumer Champions in June, Alternatives in Washington D.C. in July, and the International Association of Peer Supporters in October. He educated legislators about self-help support groups and peer services.

SHARE! coordinated with other agencies to improve access to all housing solutions--championing SHARE! Collaborative Housing and sober living --to get people off the streets on the same day, easily and affordably.

SHARE! campaigned to get the County of Los Angeles, the City of Los Angeles, the United Way, and the Corporation for Supportive Housing to **recognize shared housing as an essential and efficient way to reduce homelessness in Los Angeles.**

Director of Training and Quality Assurance, Libby Hartigan, presented at the regional conference for the California Association of Social Rehabilitation Agencies on Tuesday, Nov. 5, 2019.

## AGENCY DEVELOPMENT

SHARE!'s budget has grown from **\$1 million** in FYE2012 to nearly **\$4 million** in FYE2019— incredible growth over seven years. SHARE! diversified its budget with the percentage of DMH funding going from 95% to 51%.

SHARE! developed its Board, adding Charlene Gorzela, former CEO, Mack & Associates, Ltd.; Ivana Vukadinovic, Hospitality and Travel Consultant; John Kowalczyk, Urology Group of Southern California; and Don Watson, CPA.

Individual donations topped **\$90,978** in 2019, including \$74,468.96 (with \$3,500 in pledges) at the SHARE! Recovery Awards. The Board was directly responsible for 21 percent of these donations.

SHARE! received a multiyear grant at **\$471,315** a year through the office of Sup. Janice Hahn (District 4) from the Dept. of Health Services to house 48 people from Long Beach in SHARE! Collaborative Housing.

Renewed a grant of **\$50,000** to implement SHARE! Collaborative Housing in Venice, CA complementing existing funding to serve the South Bay and the South Los Angeles as part of the United Way's Coordinated Entry System.

Offered living wages as Peer Specialists at SHARE! received pay increases to \$20/hour. A satisfaction survey showed that 100 percent of SHARE! staff were aligned with SHARE!'s mission and that no one disagreed with "I enjoy my job and am excited to come to work most days."

Developed internal management of SHARE! Culver City, SHARE! Downtown, SHARE! Collaborative Housing and the SHARE! Recovery Retreat. Regular meetings, feedback and outside consultants support new Program Coordinators in achieving success. SHARE! management now has 9 people of very diverse backgrounds, all of whom were promoted from within SHARE!.

Established Career Ladder with core competencies for each service position in the organization to encourage staff to learn and grow, thus providing better service and goals for employees to work on to get promoted.

Implemented restructured performance review process using evidence-based practices.

Contracted with consultants for human relations (Humanage), finance (Nelson Boord, CPA) and development (m3 Development).



**STATEWIDE ADVOCACY**—SHARE! Program Director Jason Robison spoke at the CAMHPRO Peer Forum, hosted at SHARE! on November 22, 2019, titled "Peers Transform the Behavioral Health System" which attracted more than 100 participants.



Peer Action 4 Change hosted the **Western Recovery Conference** on March 8 - 9, 2019 at SHARE! Culver City. It was attended by participants from Santa Barbara, Santa Cruz, Alameda, Butte, Stanislaus, Orange, San Diego and of course L.A. County.



**MENTAL HEALTH ADVOCACY**—“Pool of Consumer Champions (POCC): Advocating, Educating and Leading System Change,” presented on consumer advocacy with Mary Hogden, Paulette Franklin, Gordon Reed and Khatera Tamplen. Alameda County’s POCC has 1500 ethnically diverse members, all of whom have ‘lived experience’ in the behavioral health care system. The POCC collaborates with Alameda County and community to transform the behavioral health care system.



**THE POWER OF STORYTELLING**—“I AM... using my story to bring change” with Jamie Ritchey, John Long, Jared Diehl, & Toni Lynn Watson helped participants learn how to tell their stories to help others.



**TRAUMA-INFORMED**—Ruth Hollman presented on the Adverse Childhood Experiences (ACES Study) and how childhood trauma impacts mental health, chronic diseases and addictions and how to recover from it in self-help support groups.