

BRIDGING RESEARCH AND PRACTICE Conference Schedule

Ctrl-Click on Zoom link for desired session Trouble accessing? Contact libby@shareselfhelp.org or 310-425-6220

	Serenity	Unity	Felicity	Prosperity	Harmony
8:30 am PST	<p>Welcome to the Peer Workforce Conference: Bridging Practice and Research Meeting ID: 812 1018 9979 Passcode: sharelove</p>				<p>Fellowship Room anytime during conference Meeting ID: 848 0389 5489 Passcode: sharelove</p>
9:00 am PST	<p>Oxford House Model of Sober Recovery Housing Ron Harvey, American University in Bulgaria Meeting ID: 856 4625 4029 Passcode: sharelove</p>	<p>Research into Effective Telehealth Peer Support (ThPS) Rita Cronise, MS, ALWF Rutgers University Amy B. Spagnolo, PhD Rutgers University Meeting ID: 812 1018 9979 Passcode: sharelove</p>	<p>Workplace Social Support Networks and Job Satisfaction Study Louis Brown, PhD. UHealth School of Public Health. Sierra Castedo de Martell, doctoral candidate, UHealth School of Public Health. Meeting ID: 846 6709 1287 Passcode: sharelove</p>	<p>Self-Help Support Groups: Medication-Assisted Recovery Anonymous (MARA) Meeting ID: 815 0498 3759 Passcode: sharelove</p>	<p>Research on Peer Support in Chronic Pain Sara Edmond, Anne Klee, Dan Rogers, Kevin Fisher, Veterans Administration, Yale University Meeting ID: 820 3213 6481 Passcode: sharelove</p>
10:15 am PST	<p>MAAEZ - Making Alcoholics Anonymous Easier Lee Kaskutas, Professor Emeritus, UC Berkeley School of Public Health Meeting ID: 856 4625 4029 Passcode: sharelove</p>	<p>Mental Health Peer Support in the Department of Veterans Affairs Matthew Chinman, Senior Behavioral Scientist at the RAND Corporation Meeting ID: 812 1018 9979 Passcode: sharelove</p>	<p>Peers and Collegiate Substance Abuse Noel Vest, Stanford University School of Medicine postdoctoral research fellow Meeting ID: 846 6709 1287 Passcode: sharelove</p>	<p>Recovery International Self-help support group for Mental Health Support and Recovery Meeting ID: 815 0498 3759 Passcode: sharelove</p>	<p>Overcoming Barriers to Workplace Success in the Mental Health System Stephanie Ramos, Cal Voices Communications Director Meeting ID: 820 3213 6481 Passcode: sharelove</p>
1130-1230	<p>Lunch—on your own or hang out in Fellowship Room 848 0389 5489 Passcode: sharelove</p>				

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	Serenity	Unity	Felicity	Prosperity	Harmony
12:30 pm PST	<p>PWI-EPOC GRANTEE REQUIRED SESSION</p> <p>Structure of Self-Help Support Groups and How to Make Them More Effective</p> <p>Jason Robison, SHARE! Program Director</p> <p><u>Meeting ID: 856 4625 4029</u> <u>Passcode: sharelove</u></p>	<p>Why substance use and mental health peers need a meaningful community</p> <p>Thomasina Borkman, George Mason University- Emerita Sociology</p> <p><u>Meeting ID: 812 1018 9979</u> <u>Passcode: sharelove</u></p>	<p>Wellness Recovery Action Plan: WRAP, The Gift of Self-Empowerment</p> <p>Vllma Sakaluskaite, WRAP facilitator at PEERS Kenneth Kozi Arrington, WRAP group facilitator, Peers Organizing Community Change Committee co-founder and chair</p> <p><u>Meeting ID: 846 6709 1287</u> <u>Passcode: sharelove</u></p>	<p>Miracle on Market - The Healing Place, Louisville, Kentucky</p> <p>Jay Davidson, The Healing Place Founder</p> <p><u>Meeting ID: 815 0498 3759</u> <u>Passcode: sharelove</u></p>	<p>Peers in Crisis Services</p> <p>Janavi Dhyani, Katrina Killian, Chaleen White-Leach, DeeDee Thatcher, Emmanuel Fonlupt, Alameda County Network of Client Service</p> <p><u>Meeting ID: 820 3213 6481</u> <u>Passcode: sharelove</u></p>
2:00 pm PST	<p>What is Recovery? National Institutes of Health (NIH) Study</p> <p>Lee Kaskutas, Professor Emeritus, UC Berkeley School of Public Health</p> <p><u>Meeting ID: 856 4625 4029</u> <u>Passcode: sharelove</u></p>	<p>SHARE! Evidence-Based Peer Practices</p> <p>Ruth Hollman, SHARE! Executive Director</p> <p><u>Meeting ID: 812 1018 9979</u> <u>Passcode: sharelove</u></p>	<p>Self-Employment Strategies for work-related mental health challenges.</p> <p>Morgan Pelot, Research Program Manager, Live & Learn, Inc.</p> <p><u>Meeting ID: 846 6709 1287</u> <u>Passcode: sharelove</u></p>	<p>Alternatives to 12-Step Support Groups</p> <p><u>Meeting ID: 815 0498 3759</u> <u>Passcode: sharelove</u></p>	<p>Peer Specialist-led Dental Health Initiative</p> <p>Adrienne Lapidos & Danielle Rulli, University of Michigan Mert Hershberer, Washtenaw County Community Mental Health</p> <p><u>Meeting ID: 820 3213 6481</u> <u>Passcode: sharelove</u></p>
3:30 pm PST	<p>The Recovery Kentucky Social Model serves the least served</p> <p>Tony White, Fletcher Group Rural Center of Excellence</p> <p><u>Meeting ID: 856 4625 4029</u> <u>Passcode: sharelove</u></p>	<p>Peer Employment Learning Center (PELC) – An Innovative Approach to Peer Workforce Development</p> <p>Scott Palluck, Rita Cronise, Lori Ashcraft, Patricia Blum, Chris Martin</p> <p><u>Meeting ID: 812 1018 9979</u> <u>Passcode: sharelove</u></p>	<p>SHARE! Collaborative Housing</p> <p>Maria Gonzalez, SHARE! Housing Program Manager</p> <p><u>Meeting ID: 846 6709 1287</u> <u>Passcode: sharelove</u></p>	<p>Peace Work: Peer Support Groups</p> <p>Noelle Pollet, Alternatives to Violence Project</p> <p><u>Meeting ID: 815 0498 3759</u> <u>Passcode: sharelove</u></p>	<p>Stroke Danger for Peer Support Professionals</p> <p>Tanya Mack, CPS, Supervisor of Forensic Peer Support Michelle Owens, peer support and recovery professional</p> <p><u>Meeting ID: 820 3213 6481</u> <u>Passcode: sharelove</u></p>
5:00 pm PST	<p>Final Words & Next Steps <u>Meeting ID: 812 1018 9979</u> <u>Passcode: sharelove</u></p>			<p>Fellowship Room: <u>Meeting ID: 848 0389 5489</u> <u>Passcode: sharelove</u></p>	

Welcome to the Bridging Research and Practice Conference

Welcome to the Peer Workforce Conference: Bridging Research and Practice. Thank you all for your participation in this groundbreaking virtual conference. This is the first conference of its type, designed to bring up-to-date research to peer practitioners to improve the delivery of Peer Services in mental health and substance use disorders settings.

We hope that you find the conference inspiring and useful. All the sessions will be recorded and available for after the conference. The conference is made possible by a grant from the California Department of Health Care Services. To help meet our obligations for the grant, we ask that you fill out an evaluation of the conference and return it to SHARE! no later than Wednesday January 25, 2022.

The Peer Workforce Conference: Bridging Research and Practice is a free virtual peer workforce event presented by SHARE! and the Society for Community Research and Action (SCRA), Division 27 of the American Psychological Association



SHARE! the Self-Help And Recovery Exchange
6666 Green Valley Circle Culver City CA 90230
www.shareselfhelp.org; (310) 846-5270
info@shareselfhelp.org

How to attend this conference

In this program you will find the **times of presentations in Pacific Standard Time (PST)** and the Zoom Meetings ID to participate in each session. During the conference:

- Control-click the Zoom link to enter the session you wish to attend. Please be on time.
- Mute yourself unless you are speaking.
- Presenters may take questions from Chat or allow participants to raise hands to ask questions.
- There are 15 minute breaks between presentations and an hour-long lunch break. You are welcome to stay in the Zoom meeting to talk up until the next presentation begins.
- If you want to network or speak with other attendees, check out the Fellowship Room at any time during the conference. [Meeting ID: 848 0389 5489](#) [Passcode: sharelove](#)
- All presentations will be recorded and available after the conference.

Optimize your conference experience. Before attending:

- Restart your computer and test your audio and video functionality.
- If you share bandwidth with others, ask them not to stream movies or do high-bandwidth activities during the conference.
- Minimize background noise in your space, such closing doors, muting phones, turning off computer alarms, etc.
- Download the Zoom app and enter through the app, especially if you are using a Smartphone.
- If you are using an Apple device (iOS), see these handy tips: <https://www.payetteforward.com/zoom-not-working-on-mac-fix/>

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Free

Supervision of Peer Workforce Conference

Online Wednesday, April 27, 2022

Supervisors, Peers, Managers, Researchers

**Learn best practices for hiring, employing, supervising
& supporting the peer workforce**

CALL FOR PROPOSALS (due April 8)

REGISTER NOW!

For more info see shareselfhelp.org



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Western Recovery Conference

BY & FOR PEOPLE IN RECOVERY, MH CONSUMERS, CLIENTS & SURVIVORS

Virtual Friday March 11 & Saturday March 12, 2022

70+ Peer presenters, 400+ attendees

Presented by Peer Action 4 Change on Zoom

If you do not have access to a computer with a camera, call 310 305-8878
for options

REGISTER NOW! \$25

To apply for a scholarship to attend for \$5 call 310 305-8878

INFO@PEERACTION4CHANGE.ORG



The mission of the nonprofit Peer Action 4 Change is to bring mental health consumers/clients/survivors and others in recovery together to make the world a better place for everyone in recovery .



CALL FOR PROPOSALS

SUBMIT 1-5 in Word to
info@peeraction4change.org

1. Session Title, Presenters' Name (s), Contact email, phone numbers—Required
2. Description of the session for the Program (up to 50 words)—Required
3. Length of Presentation either 60 or 75 minutes—Optional
4. Statement of being a person in recovery, or with mental health issues, or a survivor. This will not be published or used for any other purpose—Required
5. Up to 2 pages of other info—Optional

Submit by February 25, 2022. All presenters must register and pay for the conference.

Oxford House Model of Sober Recovery Housing

[Meeting ID: 856 4625 4029](#) [Passcode: sharelove](#)

Ronald Harvey



This presentation will describe the Oxford House model of sober recovery housing, a completely self-run model of sober housing. The presentation will also describe some of the main research findings from Oxford House research in the United States, and some of the initial findings trying to create Oxford Houses in Bulgaria.

Ronald Harvey holds a PhD in Community Psychology from DePaul University. He has been conducting research on Oxford House recovery housing since 2007. Ronald currently lives in Sofia, Bulgaria where he teaches at the American University.

Research into Effective Telehealth Peer Support (ThPS)

[Meeting ID: 812 1018 9979](#) [Passcode: sharelove](#)

Rita Cronise, Amy B. Spangolo



This workshop describes a research study and peer support specialist (PSS) training developed by the Academy of Peer Services (APS) in 2020 to identify the telehealth peer support (ThPS) competencies that are important, critical, and frequently used by PSS in the state of NY. Core competencies were identified through a Delphi method and confirmed through surveys of working PSS and their supervisors.

Rita Cronise is an instructional designer with lived experience of a major mental health diagnosis. She has been an advanced level WRAP facilitator, certified peer specialist and peer specialist trainer in the VA and led the development of a SAMHSA-funded Recovery to Practice advanced peer specialist training.

Amy Spagnolo is an Associate Professor in the Department of Psychiatric Rehabilitation and Counseling Professions at Rutgers, the State University. In addition to teaching and administration, her experience includes over 20 years of curriculum design, staff training and consultation for the behavioral health sector.

Workplace Social Support Networks and Job Satisfaction Study

[Meeting ID: 846 6709 1287](#) [Passcode: sharelove](#)

Louis Brown, , Sierra Castedo de Martelli,



This presentation reports on an examination of potential relationships between *workplace* social support networks (coworkers and colleagues) and job satisfaction among peer workers in California. This presentation will conclude with audience engagement, seeking peer worker/supervisor feedback on what contributes to workplace

social support and how organizations can promote such supports.

Louis Brown, PhD. Louis is an Associate Professor of Health Promotion and Behavioral Sciences at the University of Texas School of Public Health. He studies peer-led mental health interventions, community coalitions for healthy youth development, and community health worker interventions addressing Hispanic health disparities.

Sierra Castedo de Martell, MPH (she/her). Sierra is a doctoral candidate at the University of Texas School of Public Health, researching the development of the substance use disorder (SUD) peer workforce, and the cost-effectiveness of peer-driven SUD interventions. She is a person in long-term recovery from SUD, and was certified as a peer worker in 2014.

Research on Peer Support in Chronic Pain

[Meeting ID: 820 3213 6481](#) [Passcode: sharelove](#)

Sara Edmond, Anne Klee, Dan Rogers, Kevin Fisher

The biopsychosocial approach to pain management, including a multimodal treatment plan and interdisciplinary pain management team (PMT), is recommended. With research supporting the value of peer specialists working with patients with chronic illnesses on behavioral change, peer specialists (PSs) may be a valuable addition to PMTs. We will review research supporting peers on PMTs, our current model and program of research, and hold a panel with the PSs working on the PMTs.



Sara Edmond, PhD is a clinical health psychologist at VA Connecticut Healthcare System (VACHS) and an Associate Research Psychologist in the Department of Psychiatry at the Yale School of Medicine. She has expertise in the development and evaluation of behavioral interventions with a special focus on managing chronic pain. **Dan Rogers, PhD** is a clinical health psychology fellow at VA Connecticut Healthcare System (VACHS). **Kevin Fisher** is a certified peer specialist and US Navy Veteran.

Self-Help Support Groups: Medication-Assisted Recovery Anonymous (MARA)

[Meeting ID: 815 0498 3759](#) [Passcode: sharelove](#)

This presentation will introduce the 12-step program MARA, which serves people who are prescribed medication to treat various drug and alcohol use disorders. They often face stigma from others, including members of other self-help support groups.

MAAEZ - Making Alcoholics Anonymous Easier

[Meeting ID: 856 4625 4029 Passcode: sharelove](#)

Lee Kaskutas



The goal of the “Making Alcoholics Anonymous Easier/MAAEZ” study was to develop an evidence-based intervention to prepare clients to engage in the culture of 12-step addiction groups. The session guidelines in the free MAAEZ manual focus on making it easier for clients to connect with AA members and helping clients fulfill a purposeful helping role early on.

Lee Kaskutas is a retired Senior Scientist at the Public Health Institute and a former Adjunct Associate Professor in the UC Berkeley School of Public Health. She has authored over 100 peer-reviewed scholarly papers in the addictions field.

Mental Health Peer Support in the Department of Veterans Affairs

[Meeting ID: 812 1018 9979 Passcode: sharelove](#)

Matthew Chinman



In 2005, the VA began funding a newly created Peer Specialist (PS) position across its national health care system. There are currently about 1200 PSs working in the VA. This presentation will trace the development of PSs in VA and overview the findings from health services research that has tracked the development of this position.

Matthew Chinman is an investigator at VA Pittsburgh and a Senior Behavioral Scientist at the RAND Corporation. His VA research focuses on Peer Specialists (PSs). He has investigated implementation factors critical to PS deployment, conducted randomized and quasi-experimental trials assessing PS impact, and prospectively tested implementation strategies supporting PS deployment.

Peers and Collegiate Substance Abuse

[Meeting ID: 846 6709 1287 Passcode: sharelove](#)

Noel Vest



Substance use in the college environment and among college students is a major public health problem that highlights the importance of improving our understanding of students attempting to resolve substance related issues. Collegiate recovery programs (CRPs) are a system-level intervention that acknowledges the individual in context and seeks to support them and capitalize on their own skills within a safe environment to practice recovery.

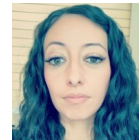
This presentation will introduce a socio-ecological framework of CRPs and provide a real-world example of the multi-level complexity of CRPs as it relates to the current program at Stanford University.

Noel Vest is a postdoctoral research fellow at the Stanford University School of Medicine. His research interests lie at the intersection of mental health, substance use disorders, addiction recovery, and prison reentry. He received his PhD and Master’s degrees in Experimental Psychology from Washington State University in Pullman, WA.

Overcoming Barriers to Workplace Success in the Mental Health System

[Meeting ID: 820 3213 6481 Passcode: sharelove](#)

Stephanie Ramos



Peers often do not receive ongoing guidance and support related to their job duties and peer identities. This workshop will discuss challenges and barriers faced by peers when working in the Public Mental Health System, including role confusion, stigma, isolation, cooptation, and working conditions. Participants will have an opportunity to discuss these challenges along with strategies to overcome barriers in the workplace.

Stephanie Ramos is the Communications Director for Cal Voices. Over the last 16 years, she has served as Youth Advocate, Family Coordinator, Director of Education, and various other roles. She has facilitated numerous focus groups for peers, and works with employers across California to implement and improve peer support programs.

Self-Help Support Groups: Recovery International

[Meeting ID: 815 0498 3759 Passcode: sharelove](#)

Recovery International is a self-help support group that uses cognitive-behavioral principles to help people overcome mental health symptoms including depression, anxiety, anger, mania, delusions, panic attacks, phobias, fears, and mood disorders. This presentation will demonstrate the Recovery International method and show how to get started using it.

PWI-EPOC GRANTEE REQUIRED SESSION

Structure of Self-Help Support Groups and How to Make Them More Effective

[Meeting ID: 856 4625 4029 Passcode: sharelove](#)

Jason Robison



Support groups with facilitators have less success than those with a written format which is read by different participants at each meeting. This presentation demonstrates how to write a successful self-help group format using evidence-based practices to bring the most help to the greatest number of people. It also address how to resolve common issues that arise in self-help groups.

Jason Robison is the Program Director at SHARE! the Self-Help And Recovery Exchange. Jason serves on the Board of Directors for CAMHPRO and is the Co-Chair of the National Recovery Month Steering Committee. He has worked in Non-profit management for 17 years, focusing on Peer Services, education, recovery, housing and health.

Why substance use and mental health peers need a meaningful community

[Meeting ID: 812 1018 9979 Passcode: sharelove](#)

Thomasina Borkman



Why participating in a meaningful community is especially important for people with substance use or serious mental health problems is considered. Self-help support groups such as Alcoholics Anonymous or Recovery International were historically foundational in developing the values and principles of peer-run initiatives. A variety of peer-run alternatives are providing choices and their benefits are

described. While research shows that self-help support groups provide the most extensive benefits of any peer-run initiative, they have become almost sidelined; their importance to recovery and to meaningful community is emphasized.

Thomasina Borkman studies peer-run groups as Professor of Sociology Emerita at George Mason University, as Affiliate Scientist at Alcohol Research Group, and in retirement. She also has "lived experience" in peer support and recovery.

Wellness Recovery Action Plan: WRAP, The Gift of Self-Empowerment

[Meeting ID: 846 6709 1287 Passcode: sharelove](#)

Vilma Sakalauskaite, Kenneth Kozi Arrington

The goal of this workshop is to highlight the importance of developing a Crisis & Post WRAP Crisis Plan. The Crisis Plan allows people to take personal responsibility in identifying WHEN to activate the plan and WHO their Supporters are during this

time. Post Crisis is a time for reflection and to create a timetable for when and how to resume responsibilities.

Vilma Sakalauskaite is an advanced level WRAP facilitator at PEERS, Oakland, CA.

Kenneth Kozi Arrington is a well-known WRAP group facilitator, Peers Organizing Community Change (POCC) Committee co-founder and chair, Bay Area Hearing Voices Network group facilitator/board member, as well as a Family Ambassador for the p-REACH project at the INSPIRE Clinic, Stanford.

Miracle on Market - The Healing Place, Louisville, Kentucky

[Meeting ID: 815 0498 3759 Passcode: sharelove](#)

Jay Davidson



The Healing Place, located in Louisville, KY, is a peer driven, mutual help, 12-Step recovery model providing services to men and women struggling with addiction through a variety of long term residential and outpatient programs – all provided at no cost to the client. This hybrid therapeutic model has been replicated in 14 communities in rural Kentucky and in three surrounding states. The power of this recovery model is in the role modeling of recovery by peers with

accountability and unconditional love.

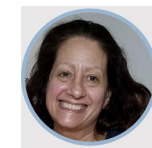
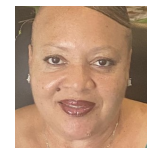
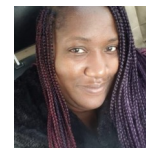
Jay Davidson received his MSSW at the Kent School of Social Work after 20 years in the US Army. Jay built a successful social model recovery program with a therapeutic focus driven by peers. This model, The Healing Place, serves close to 10,000 men and women each year.

Peers in Crisis Services

[Meeting ID: 820 3213 6481 Passcode:](#)

[sharelove](#)

Katrina Killian, Janavi Dhayani, Chaleen White-Leach, DeeDee Thatcher, Emmanuel Fonlupt



The Alameda County Network of Mental Health Clients will be presenting on their 30 years of expertise in Peer Services, including Peer Services in SUD, Housing, and Crisis Services. The Network will speak about long-standing community relationships as well as the Peer Certification process, and their BestNow! Training available to new or existing Peer Services workers.

Katrina Killian (she/her), Executive Director, Janavi Dhayani (she/her), Director of Operations, Chaleen White-Leach (she/her), Program Manager, Tennant Support Program, DeeDee Thatcher (she/her), Employment Specialist - BestNow!, Emmanuel Fonlupt (he/him) Crisis Services Project Coordinator - Berkeley Drop-In Center.

What is Recovery?

[Meeting ID: 856 4625 4029 Passcode: sharelove](#)

Lee Kaskutas



The goal of the NIH-funded “What Is Recovery?” study was to develop a recovery definition that reflects how *people in recovery* from diverse pathways (12-step, other self-help, treated, untreated, etc.) and abstinence status (clean and sober, medically-assisted, moderate drinkers, etc.) define recovery. Analyses of completed surveys from 9,341 individuals in recovery resulted in 35 elements to the recovery definition. The presentation explains the results.

Lee Kaskutas is a retired Senior Scientist at the Public Health Institute and a former Adjunct Associate Professor in the UC Berkeley School of Public Health. She has authored over 100 peer-reviewed scholarly papers in the addictions field.

SHARE! Evidence-Based Peer Practices

[Meeting ID: 812 1018 9979 Passcode: sharelove](#)

Ruth Hollman



This workshop presents five evidence-based peer services: 1. Listening and Disclosing; 2. The Helper Therapy Principle; 3. Self-helps support groups; 4. Recovery Planning and 5. Peer Bridging. Guides for recognizing high and low performance in each are also reviewed.

Ruth Hollman is the Founder and Executive Director of SHARE! the Self-Help And Recovery Exchange in Los Angeles, CA which has been providing peer services for 28 years with 54 employees in three locations.

Self-Employment Strategies for work-related mental health challenges.

[Meeting ID: 846 6709 1287 Passcode: sharelove](#)

Morgan Pelot



Self-employment may be a good career option for many in recovery. Whether someone is just exploring self-employment, an aspiring entrepreneur, planning a business, or scaling up a business, this workshop will walk through resources, educational opportunities, and support for people with mental health related challenges around work. The Live & Learn, Inc. team created Reclaiming Employment™, an interactive virtual platform based on research and personal experiences with business development, to empower users to start and sustain self-employment.

Morgan Pelot the Research Program Manager of Live & Learn, Inc., a social enterprise that conducts mental health research and development, in which all employees face health challenges around work.

Peer Specialist-led Dental Health Initiative

[Meeting ID: 820 3213 6481 Passcode: sharelove](#)

Adrienne Lapidos, Danielle Rulli, Mert Hershberger



The link between oral health and psychological wellbeing is clearly established, leading some to declare that there is “no mental health without oral health” (Kisley, 2016). But oral health remains a significant area of inequity for people served in public mental health and medical settings. A community-university-government collaboration resulted in *Oral Health for Community Workers*, a brief e-learning module designed to improve the oral health literacy of Peer Specialists, Peer Recovery Coaches, and Community Health Workers (CHWs) serving underserved communities in Michigan.

Adrienne Lapidos is a licensed clinical psychologist and clinical assistant professor at the University of Michigan Medical School, Department of Psychiatry.

Danielle Rulli is the director of the Graduate Dental Hygiene Program and is a clinical associate professor of dentistry at the School of Dentistry at the University of Michigan.

Mert Hershberger is with Washtenaw County Community Mental Health. He serves on the Community Advisory Board which collaborates with Dr. Lapidos and Dr. Rulli on community-engaged oral health initiatives, and delivers oral health interventions in the community to individuals living with serious and persistent mental illness.

Self-help Support groups: Alternatives to 12-Step Support Groups

[Meeting ID: 815 0498 3759 Passcode: sharelove](#)

The Recovery Kentucky Social Model Serves the Least Served

[Meeting ID: 856 4625 4029 Passcode: sharelove](#)

Tony White



The long-term (6-9 month), residential, peer-led, peer-driven, social model recovery program in Kentucky originated in Louisville at The Healing Place. It grew out of a desire to serve the homeless or criminal justice-involved due to substance use disorder. Kentucky now has a total of 18 social model programs. Each center is a minimum of 100 beds, 8 Women's & 10 Men's centers.

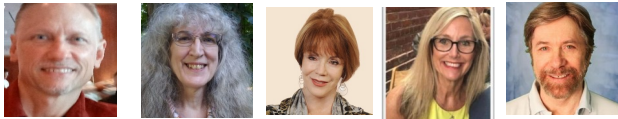
Tony White has over 12 years of experience as a former program director of 2 men's Recovery Kentucky Centers located in rural eastern Kentucky. He is currently a National Outreach and Engagement Specialist for the Fletcher Group's HRSA funded Rural Center of Excellence in recovery housing created to expand quality recovery housing in rural communities.

Peer Employment Learning Center (PELC) –

An Innovative Approach to Peer Workforce Development

[Meeting ID: 812 1018 9979 Passcode: sharelove](#)

Scott Palluck, Rita Cronise, Lori Ashcraft, Patricia Blum, Chris Martin



This presentation explores the innovative pilot project called the Peer Employment Learning Center (PELC)

that seeks to become the model for training/preparation of Peer Support Specialists. This ground-breaking pilot focuses on preparing individuals receiving services to be trained as Peer Support Specialists, participate in a three-month paid internship, and receive job placement support. Crestwood Behavioral Health, Inc. has partnered with Rutgers University to conduct a comprehensive program evaluation and generate research opportunities.

Scott Palluck serves as the Director of Operations Process Analysis for Crestwood Behavioral Health, Inc. **Patricia Blum** is Executive Vice President with executive oversight of all Crestwood facilities. **Chris Martin** serves as the Director of Learning and Performance for Crestwood Behavioral Health, Inc. **Lori Ashcraft** has developed numerous curricula designed to help individuals with psychiatric experiences move beyond recovery and build resilience. **Rita Cronise** holds a faculty position at Rutgers University as an instructional designer with lived experience of a major mental health diagnosis.

SHARE! Collaborative Housing

[Meeting ID: 846 6709 1287 Passcode: sharelove](#)

Maria Gonzalez



SHARE! Collaborative Housing is an innovative evidence-based shared recovery housing program that uses existing single-family houses to provide a home to mental health consumers. This presentation will describe the program and present four years of data demonstrating that SHARE! Collaborative Housing is more effective than traditional permanent supportive housing even though it costs pennies on the dollar.

Maria Gonzalez is SHARE!'s Housing Program Manager where she oversees all aspects of SHARE! Collaborative Housing including, House Acquisitions, Resident Placements, Homeowner relations and Peer Bridging.

Peace Work: Peer Support Groups

[Meeting ID: 815 0498 3759 Passcode: sharelove](#)

Noelle Pollet



This model has become the most attended program in more than one "mental health" day treatment program. It's off-the-charts engaging and productive, and operates on a slew of peer values. The highly-interactive agenda will offer a lived experience of the format, some explanation of its parts, and an invitation for brave volunteers to co-create as we go. Directions to a comprehensive Peace Work Tool Kit will be provided.

Noelle Pollet founded Peace Work.

Stroke Danger for Peer Support Professionals

[Meeting ID: 820 3213 6481 Passcode: sharelove](#)

Tanya Mack, Michelle Owens



Both organizations and peer support workers bear responsibility for the wellness of the peer professional. This presentation will use research and lived-experience storytelling to analyze the importance and benefits of self-care for both the organization and the peer support worker.

Tanya Mack, CPS, Supervisor of Forensic Peer Support. Tanya has worked as a peer professional for the past 10 years and also supervises a staff across the state of PA.

Michelle Baynes Owens, M.Div., CPS, CRS is both a peer support and recovery support professional who currently monitors the sobriety of alcoholics and other substance abusers. She is currently pursuing a Ph.D. in Community Leadership.

Appreciations

Special thanks to...

Marlies Perez, California Department of Health Care Services (DHCS)

Ilana Rub, DHCS

SAMHSA

Amber Kelly, Executive Director, Society for Community Research and Action (SCRA), Division 27 of the American Psychological Assn.

Deidra Somerville, Co-Chair, Self-Help/Mutual Aid and Peer Support Interest Group, SCRA

Thomasina Borkman, George Mason University, Emerita Sociology

Lee Kaskatus, Retired Senior Scientist, Public Health Institute, former Adjunct Associate Professor in the UC Berkeley School of Public Health

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