SUNDAY	Meeting	Zoom ID	Room
Sun 10:00 am	A.R.T.S - Artists Recovering through the 12 Steps	896 6505 8525	Unity
Sun 10:00 am	SLAA - Sex & Love Addicts Anonymous	824 0783 6063	Serenity
Sun 10:00 am	AA - Alcoholics Anonymous "Bikin' for Bill"		Felicity
Sun 12:00 pm	LACYPAA - Los Angeles County Young People in Alcoholics Anonymous (Buisness Meeting) (1st & 3rd of the month)	333 164 1935	Tranquility
Sun 2:00 pm	ACA Anger Release - Adult Children of Alcoholics/Dysfunctional Families	863 9060 2690	Serenity
Sun 2:00 pm	N.O.R.M. National Organization of Restoring Men - Men dealing with circumcision issues (3rd Sunday of the month)	861 0214 0475	Prosperity
Sun 4:00 pm	SLAA - Sex and Love Addicts Anonymous (Beginners Meeting)		Unity
Sun 6:00 pm	DA - Depression Anonymous (Candlelight Meeting)	881 7045 9148	Unity
Sun 7:00 pm	SAA - Sex Addicts Anonymous (Men Only) - Zoom Pwd: 030874	908 893 1592	Prosperity
Sun 8:00 pm	ACA - 1st Sunday of the month is So Cal Intergroup Business Meeting	896 7958 0815	Tranquility
Sun 8:00 pm	AA - Alcoholics Anonymous "Tropical Stories" - Zoom Pwd: 077706	813 9350 1048	Felicity
Sun 8:00 pm	AA - Alcoholics Anonymous "We Agnostics"	823 9968 3543	Serenity
Sunday 11:00 pm	AA - Alcoholics Anonymous (Late Night)		Felicity



### **Recovery Retreat**

Free room and board for up to two weeks, no insurance required

Design your own recovery journey for a great life!

Email retreat@shareselfhelp.org



# Self-Help Support Groups

7 Days a Week! (In-person, Zoom & Hybrid)

## **SHARE!** Culver City

6666 Green Valley Circle Culver City, CA 90230 (310) 305-8878

Would you like to start a meeting? Email info@shareselfhelp.org

For assistance with meetings or to speak with someone about which meeting may be right for you, please call (310) 305-8878 or email info@shareselfhelp.org



### shareselfhelp.org

#### The website has an online version of the directory with links

SHARE! the Self-Help And Recovery Exchange, a project of the Emotional Health Association, a California non-profit organization, is supported by the Los Angeles County Department of Mental Health.



#### **SHARE! CULVER CITY**

#### 6666 Green Valley Circle, Culver City, CA 90230 (310) 305-8878

Zoom Pwd: sharelove

MONDAY	Meeting	Zoom ID	Room
Mon 10:00 am	UA - Underearners Anonymous - From Hiding & Biting From Shining & Receiving	858 9328 7692	Unity
Mon 12:00 pm	CoDA - Co-Dependents Anonymous	860 1758 7830	Harmony
Mon 4:00 pm	W.R.A.P Wellness and Recovery Action Plan 2nd & 4th Monday	831 2186 8086	Harmony
Mon 6:00 pm	Toastmasters Club - Focus on Mental Health for Consumers, Advocates & Anyone interested in Mental Health	881 1962 8653	Serenity
Mon 6:30 pm	Free N One – Christ Centered Codependency "Tough Love" Support Group	897 7573 5087	Prosperity
Mon 8:00 pm	DA - Debtor's Anonymous—"Men's Stag"	885 5546 0488	Harmony
Mon 8:00 pm	DA - Depression Anonymous - Candlelight meeting	874 7746 2792	Unity
Mon 8:00 pm	Recovery Dharma - Buddhist principles to heal the suffering of addiction & other unhealthy behaviors.	894 2646 1921	Felicity
Monday 11 pm	AA - Alcoholics Anonymous "Third Tradition" Monday Night Late		Felicity

TUESDAY	Meeting	Zoom ID	Room
Tues 2:00 pm	ACA Anger Release - Adult Children of Alcoholics/Dysfunctional Families	863 9060 2690	Serenity
Tues 4:00 pm	UA - Underearners Anonymous – Job Focus	823 7678 7204	Prosperity
Tues 6:00 pm	Peer Network Support Group- (for people who work, intern, or volunteer in peer services & mental health)	891 5329 1908	Felicity
Tues 6:00 pm	DBSA - Depression Bipolar Support Alliance	890 2459 6921	Harmony
Tues 6:00 pm	CA- Cocaine Anonymous "Fruit of the Vine"		Serenity
Tues 6:00 pm	DBSG - Depression & Bipolar Support Group		Tranquility
Tues 6:00 pm	ACA - Adult Children of Alcoholic and Dysfunctional Families - (Women only)		Unity
Tues 6:00 pm	Al-Anon- Friends & Families of problem drinkers	830 2026 0201	Serenity
Tues 6:00 pm	SAA - Sex Addicts Anonymous LGBTQ+ "Serenity Rainbow Trans & Queer"		Harmony
Tues 6:00 pm	Couples in Recovery - Chapter Nine	834 7576 5016	Prosperity
Tues 8:00 pm	SAA - Sex Addicts Anonymous "Share & Feedback" Zoom Pwd:544526	894 8049 8017	Prosperity

WEDNESDAY	Meeting	Zoom ID	Room
Wed 2:00 pm	RI - Recovery International (Better Mental Health: anxiety, depression, anger, etc.) Led by Celinda	850 3520 7116	Prosperity
Wed 6:00 pm	WA - Workaholics Anonymous	816 3399 5043	Unity
Wed 6:00 pm	NA - Narcotics Anonymous - Never Alone, Never Again Focus	833 3912 9769	Felicity
Wed 6:30 pm	Nar-Anon - Narcotics Anonymous - For family and loved ones of addicts.	826 3487 8945	Serenity
Wed 6:45 pm	AA- Alcohollics Anonymous - Womens Discussion Meeting "Living in the Solution" Email danafromwi@gmail.com for Zoom info		Prosperity
Wed 8:00 pm	SAA - Sex Addicts Anonymous - Open to all seeking their own recovery		Serenity
Wed 8:00 pm	MA - Marijuana Anonymous -SHARE! 6666 Green Valley Circle Culver City, CA 90230		Felicity
Wed 8:00 pm	UA - Underearners Anonymous - Transforming Trauma into Healing.Email for password: transformingtraumatintohealing@gmail.com	852 6114 1619	Tranquility

# SHARE! CULVER CITY In-person Meetings Zoom Passcode: sharelove

THURSDAY	Meeting	Zoom ID	Room
Thurs 12:00 pm	OA - Overeaters Anonymous Write Thinking Meeting - Open Sharing.	876 8690 1985	Harmony
Thurs 2:00 pm	ACA Anger Release - Adult Children of Alcoholics/Dysfunctional Families	811 6270 3893	Serentity
Thurs 4:00 pm	NA - Narcotics Anonymous - "Safe When Used As Directed" for addicts taking medication prescribes by a physician.	874 0590 0291	Prosperity
Thurs 8:00 pm	SLAA - Sex & Love Additon Anonymous Zoom Pwd: 03731490	898 0610 6916	Felicity
Thurs 8:00 pm	CA- Cocaine Anonymous		Serenity
Thurs 8:00 pm	Toastmasters "Heart-Centered" - Learn how to speak publicly	898 3801 1518	Unity
Thurs 8:00 pm	EA - Emotions Anonymous	899 4007 0635	Harmony
Thurs 8:00 pm	CoDA - Co-Dependents Anonymous "Finding Your Freedom"	846 5446 8129	Prosperity
Thursday 11:00 pm	AA - Alcoholics Anonymous "Thursday Late Night Luck of the Draw"		Felicity

FRIDAY	Meeting	Zoom ID	Room
Fri 12:00 pm	CoDA - Co-Dependents Anonymous	860 1758 7830	Harmony
Fri 6:00 pm	RI - Recovery International (Better Mental Health: anxiety, depression, anger, etc.)	884 8442 4169	Harmony
Fri 8:00 pm	Get out of Stuck - for people who have time in Recovery, but are not advancing because of persistent bad habits or old patterns of behavior		Harmony
Fri 9:00 pm	AA - Alcoholics Anonymous - Venice Music Meeting - SHARE! 6666 Green Valley Circle, Culver City, CA 90230		Felicity

SATURDAY	Meeting	Zoom ID	Room
Sat 09:00 am	Toastmasters 90's Club: Learn how to speak publicly	835 8852 8156	Tranquility
Sat 09:00 am	Access California Business Meeting (2nd Saturday of each Month) 9am-1pm	814 8553 4617	Prosperity
Sat 11:00 am	CoDA Business Meeting LA Community - 2nd Saturday of each Month	817 3054 5106	Serenity
Sat 1:00 pm	NA - Narcotics Anonymous	837 7175 1873	Prosperity
Sat 1:00 pm	Peer Action 4 Change (1st Saturday of Month)	881 1962 8653	Serenity
Sat 1:00 pm	Free N One – Free from Bondage - Christ centered drug & alcohol 12 Step Support Group	820 9704 3866	Felicity
Sat 1:00 pm	CoDA - Codependents Anonymous - Step Study Workshop	833 8099 6184	Unity
Sat 3:00 pm	SAA - Sex Addicts Anonymous Intergroup (Intergroup Reps Only) -1st Saturday	886 1947 6797	Felicity
Sat 7:00 pm	Get Out of Stuck (For people who have time in Recovery, but are not advancing because of persistent bad habits or old patterns of behavior)	860 0763 6223	Unity



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www.shareselfhelp.org