

EMPOWERING LOCAL COMMUNITIES THROUGH PEER SUPPORT

A Pathway To Sustainable Development Goals



United Nations Sustainable
Development Goal Alignment



GETTING TO KNOW ME!

HELLO MY NAME IS

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THIS AFTERNOON, WE'LL DISCUSS...

- An introduction to Sustainable Development Goals - What they are. Who created them & Why they are important.
- The 5 SDGs that are directly impacted by the work of the Peer Support Workforce
- How peer support can be used to empower local communities and support the achievement of the Sustainable Development Goals
- Next steps on how each of you can implement the SDGs into the work you do everyday, to 10X your intended impact.



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AN INTRODUCTION TO THE SUSTAINABLE DEVELOPMENT GOALS



IN 2015, WORLD LEADERS AGREED TO 17 GLOBAL GOALS

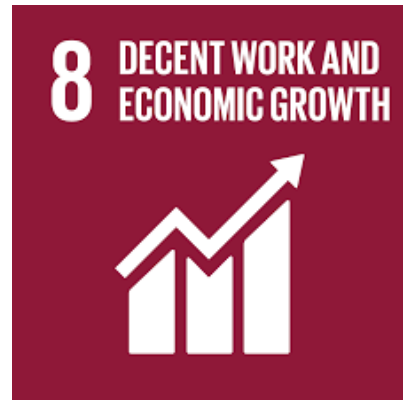
The UN Sustainable Development Goals (SDGs) are the blueprint to achieve a better and more sustainable future for all; the 17 Global Goals and 169 targets stimulate action in areas of critical importance for humanity and the planet.



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OUR FOCUS FOR TODAY

The 5 SDGs That Are Directly Impacted By The Peer Support Workforce



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[Learn More About The Global Goals](#)

SDG # 1 – NO POVERTY



[Learn More About SDG#1](#)

The 2030 Global Goals agenda acknowledges that eradicating poverty in all its forms and dimensions, including extreme poverty, is the greatest global challenge and an indispensable requirement for sustainable development.

Priority actions on poverty eradication include:

- Promote financial inclusion by expanding access to affordable financial services, such as savings accounts, credit, and insurance, particularly among low-income and marginalized populations.
- Strengthen the resilience of poor and vulnerable communities by investing in basic social infrastructure, such as health and education services, housing, and water and sanitation systems.
- Promote sustainable agriculture and rural development to promote inclusive growth and reduce poverty and inequality in rural areas.
- Foster inclusive and sustainable economic growth by promoting innovation, entrepreneurship, and technological advancement, particularly in sectors such as renewable energy and digital technologies.

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HOW DOES PEER SUPPORT PROGRAMMING IMPACT SDG#1



[Learn More About SDG1](#)

- Peer support programs provide a safe and supportive environment for individuals who are struggling with poverty, homelessness, or other forms of deprivation to share their stories and experiences, and gain strength, hope, and encouragement from others.
- Peer support programs help to reduce stigma and social isolation, which are major barriers to accessing healthcare, education, and other essential services.
- Peer support programs provide opportunities for skill-building, education, and training, which can help individuals to increase their income, gain greater economic stability, and ultimately escape poverty.
- Peer support programs promote social cohesion, reduce inequality, and build more inclusive communities, all of which are essential for achieving SDG1.

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SDG # 3 – GOOD HEALTH & WELL-BEING



The 2030 Global Goals Agenda acknowledges Good Health & Wellbeing as essential in the promotion of healthy lifestyles, preventive measures and modern, efficient healthcare for everyone.

Some priority actions that can be taken to increase good health & wellbeing include:

- Increasing funding for healthcare: Investing in healthcare infrastructure, training healthcare professionals, and improving medical supply chains will all contribute to better health outcomes.
- Ensure equal access to healthcare: This means increasing healthcare coverage to ensure that everyone, regardless of their ability to pay, has access to quality healthcare services.
- Promote healthy lifestyles: Encouraging people to adopt healthy lifestyles, such as regular exercise, healthy eating habits, avoiding harmful substances like smoking and drugs, and practicing safe sex can help prevent non-communicable diseases and improve overall health.
- Increase access to mental healthcare: Mental health is an important component of overall health and wellbeing, and increasing access to mental healthcare services can improve health outcomes for many individuals.

[Learn More About SDG#3](#)

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HOW DOES PEER SUPPORT PROGRAMMING IMPACT **SDG#3**?



[Learn More About
SDG#3](#)

- Peer support programming can improve access to healthcare for marginalised populations, thereby contributing to the reduction of health inequalities which is a key objective of SDG3.
- Peer support programs helps to reduce stigma and discrimination against people with mental illnesses, promoting social and emotional well-being which is crucial to the overall health of individuals and communities.
- Peer support programming can create sustainable interventions as it facilitates a transfer of knowledge and skills between participants which can be passed onto future generations, promoting health and well-being over the long term.
- Peer support interventions can be tailored to meet the specific needs of different communities, thereby addressing existing disparities in healthcare access and infrastructure. This contributes to the overall goal of strengthening health systems in under-resourced regions and promoting universal access to quality healthcare.



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SDG # 4 – QUALITY EDUCATION



[Learn More About SDG#4](#)

The 2030 Global Goals agenda acknowledges quality education for all as fundamental to creating a peaceful and prosperous world. Education gives people the knowledge and skills they need to stay healthy, get jobs and foster resilience.

Some priority actions that can be taken to ensure quality education include:

- Improve the quality of education at all levels, with a focus on effective teaching and learning, so that all students acquire the knowledge and skills needed to succeed in life and work.
- Enhance the relevance of education to the needs of the labor market and society, by strengthening partnerships between education providers, employers, and communities.
- Support teachers by improving their training, working conditions, and professional development opportunities, including the use of technology and innovative teaching methods.
- Ensure that education is inclusive and promotes diversity, by addressing the needs of learners with disabilities, indigenous peoples, refugees, and other marginalized groups.

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HOW DOES PEER SUPPORT PROGRAMMING IMPACT SDG#4?



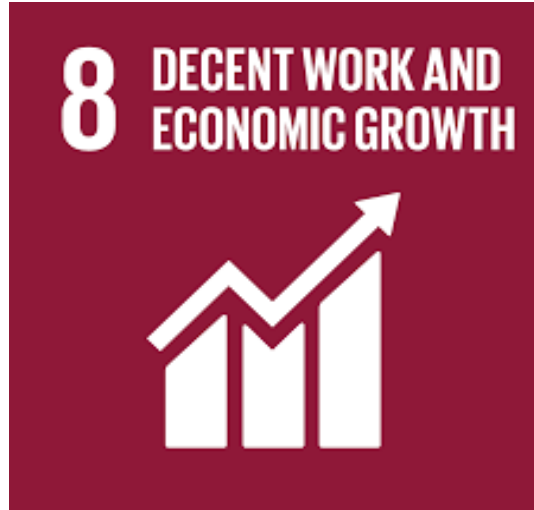
[Learn More About SDG#4](#)

- Peer support programming contributes to the development of critical thinking and problem-solving skills, essential for achieving SDG4's goal of promoting lifelong learning opportunities for all.
- Peer support programming can contribute to the development of a "learning society," one where all individuals have access to educational opportunities and resources that enable lifelong learning and personal growth.
- Peer support programming can promote intercultural understanding and dialogue, building bridges between diverse communities and encouraging global citizenship.
- Peer support programming can also enhance the capacity of individuals to make well-informed decisions, supporting SDG4's goal of empowering learners to become active global citizens who can make positive and transformative changes to their communities and the world.



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SDG # 8 – DECENT WORK & ECONOMIC GROWTH



[Learn More About SDG#8](#)

The 2030 Global Goals agenda acknowledges decent work & economic growth as the foundation for promoting sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all.

Some priority actions that can be taken to increase decent work & economic growth include

- Promoting economic growth through job creation: Calling on Governments and organizations to work towards creating more job opportunities to spur economic growth.
- Advancing decent work for all: All workers should have access to fair and decent working conditions, including fair wages, safe working conditions, and freedom from discrimination and harassment.
- Encouraging innovation and entrepreneurship: Innovation and entrepreneurship are key drivers of growth and job creation. Governments should incentivize innovation and support entrepreneurs in bringing new ideas to market.
- Promoting sustainable economic growth: Economic growth should be sustainable and inclusive, taking into account environmental considerations and ensuring that the benefits of growth are shared widely across all segments of society.

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HOW DOES PEER SUPPORT PROGRAMMING IMPACT SDG#8?

8 DECENT WORK AND ECONOMIC GROWTH



[Learn More About SDG#8](#)

- Peer support can alleviate stress and provide mental health support for workers, contributing to a healthy workforce and improved job sustainability.
- Peer support groups offer a supportive environment for aspiring entrepreneurs and self-employed individuals to develop and expand their businesses, in the peer support workforce contributing to economic development.
- Peer-to-peer collaboration can improve knowledge sharing and foster innovation, promoting economic growth and sustainable development.
- Peer support programs can improve workplace culture, reducing turnover rates and contributing to sustainable job growth.
- Peer support can bridge the skills gap between employers and job seekers, providing opportunities for upskilling and career development, leading to improved job quality and economic growth.

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SDG#10 – REDUCED INEQUALITIES



[Learn More About SDG#10](#)

The 2030 Global Goals agenda acknowledges that reducing inequalities and ensuring no one is left behind are integral to achieving the Sustainable Development Goals

Some priority actions that can be taken to reduce inequalities include:

- **Increasing access to health care:** Access to quality health care is essential in reducing health inequalities and ensuring that everyone can achieve their full potential.
- **Fostering inclusive economic growth:** Promoting inclusive economic growth entails investing in infrastructure, job creation, and supporting small businesses, to ensure that all individuals have equal access to economic opportunities.
- **Addressing systemic barriers:** It is important to identify and address systemic barriers that prevent certain groups from accessing resources and opportunities, such as unequal distribution of wealth and power.
- **Encouraging diversity and inclusion:** Promoting diversity and inclusion through policies and social norms helps to reduce stigma and promote more equitable and respectful societies.



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HOW DOES PEER SUPPORT PROGRAMMING IMPACT SDG#10



[Learn More About SDG#10](#)

- Peer support programming promotes inclusive communities by bringing together individuals from diverse backgrounds and experiences.
- Peer support can help reduce stigma and discrimination towards marginalized populations, thus addressing the root causes of inequalities.
- Peer support programming can provide access to resources, support networks, and skills development, which can help to level the playing field for disadvantaged groups.
- Peer support reflects a commitment to building resilient and responsive communities, which can help to prevent social exclusion and marginalization.
- Peer support programming can contribute to broader social change and policy reform efforts by amplifying marginalized voices and promoting collective action towards a more just and equitable society.



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SO HOW CAN YOU GET MORE INVOLVED WITH THE SDGs?

- **Educate yourself on the United Nations' Sustainable Development Goals (SDGs) and how they apply to your community.**
- **Incorporate SDGs into your organization's mission statement or objectives to ensure it aligns with the SDGs.**
- **Use the SDGs as a framework for community-based interventions and program development.**
- **Engage community members and stakeholders in SDG awareness-raising activities.**
- **Build partnerships with other organizations and community groups to work towards SDG implementation.**
- **Monitor progress towards the SDGs in your work and report on outcomes.**
- **Advocate for local policies that support SDG implementation.**
- **Use your voice and advocacy skills to raise awareness about the SDGs in your community and among policymakers.**
- **Consider ways to integrate environmental sustainability into your programs and interventions.**
- **Continuously learn and stay updated on developments in SDG implementation in your community and globally.**

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QUESTIONS?

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