

The Sla Anon info book a guide when you are bothered by a love fantasy addict.

Chapter 1 the story of the girl who was bothered by a love addicts life.

I was raised in a dysfunctional family where my birth mother and my birth father verbally abused me. I remember hearing my birth mother yell at my father growing up as a kid and it was so disturbing to watch. I remember when I was 3 years old where I was big enough to understand things going on around me that happened to me. I felt so traumatized when I was at preschool from the abuse. And because of the high functioning autism. I remember walking alone all over the yard at the west Hollywood preschool during my lunch break while all the other kids were playing with each other and I was the only girl walking around the yard. And throwing chairs in the class room in Susan's class. Thank god no one was hurt. I remember Susan calling up my dysfunctional birth mother Marjorie Schmidt saying that Auna is throwing chairs in the classroom. We need to put Auna in a special school. I remember going to the UCLA School at the UCLA main campus which was a special school for children with issues with going through trauma with a disability. I remember meeting a boy named Brian. I remember my birth father Elliot Pines dropping me off at Brian's house, and Bryan's mother took us to the UCLA special preschool for traumatized kids with disabilities. I remember when I got to the preschool listening to the sesame street cods which comforted me due to my trauma growing up. And I remember the yummy hot lunches that I loved, and meeting other disabled traumatized kids at the preschool.

I remember my care taker from the regional center. Helped make me a play date with Matt from Dave Raps gym when I was in the 1st grade. I remember My care taker Picking up Matt from his apartment with his mother. And she gave us yummy Persian food for lunch. And it was the beginning of my love fantasy addiction. I remember my care taker taking me and Matty to the park to play catch with the ball and I had a lot of fun being in fantasy land with Matt and away from my dysfunctional family. I remembered my birth Mother not knowing how to deal with my love fantasy addiction and making it worse. I remembered not being able to train my

birth mother on how to deal with my love addiction until I entered the rooms of sex and love addicts anonymous when I was 25 years old. When I was in preschool and in the first grade I did not know that I was sick with a love fantasy addiction. I also did not know that I was sick with a love fantasy addiction as a teenager. And I was not able to teach my teenage qualifiers mother about my love addiction until I learned about my love fantasy addiction in the rooms of slaw when I was 25 years old.

I remembered when I was in the 2nd grade I was so traumatized by the abuse of my birth mother that I was walking alone in the yard during my lunch break while all the other kids were playing in the yard. I remembered imagining the super Mario castle classical music while walking in the yard to help me cope with the pain from my abuse. I also remembered going on the monkey bars alone in the 2nd grade during my lunch break. Doing the monkey bars helped me cope from the pain of my abuse. I also remember being a clutter of clothing and hair stuff in the 2nd grade from my disabled abuse from my mother from having high functioning autism.

When I was in the 3rd grade I was always getting in trouble in school and always being put on the bench due to my misbehaviors from the trauma that I had to go through from the disabled abuse. I remembering struggling to get good grades from the disabled abuse from the autism. I also remember bullying a girl named Karla from the disabled abuse. Karla's mother came up to me in the morning and had gotten so mad at me for bullying her daughter Karla.

When I was in the fourth grade I was so upset because my birth mother worked with the school to get me a therapist to follow me around and I did not like it. I wanted to be alone during my lunch break and the therapists forced me to play with the other kids and I felt my rights during my break being violated because I worked so hard and I deserved to relax. I also remember the therapist Laura and Cheryl sitting next to me in the class room and it had felt so embarrassing to me where I had wanted to cry.

When I was in the 5th grade I was very upset because Robin the therapist took away my recess breaks to practice my social skills with Ariel Levy

Mayer and with Amit Rosen because I was playing with the 3rd graders during my recess and lunch breaks. I remember Robin Shipley the therapist from Autism Partnership asking me if I wanted to practice social skills with Ariel and Amit during my lunch break on Thursday or if I wanted to leave class early on Tuesday. And I choose to leave class early on Tuesday with Robin the therapist because I did not want to miss my lunch break because I wanted to play with my 3rd grade friends Jocelyn and Grace and Krystal.

And I also wanted to play with my 5th grade best friend Inez. I remember coming home from school crying about missing my recess breaks on Tuesday to practice social skills with Ariel and Amit. I was not mature enough to tell my birth mother the truth because of my maturity level with the autism. I was so upset at Robin that when I was 25 years old I old Robin off and told her that I was a love and fantasy addict from the abuse that she did to me by taking my recess breaks away from me one time a week to practice social skills. I had felt like my rights were violated and I had felt very upset by it. I also taught Robin my horrible ex therapist about SLA anon and about how to deal with me how is a love and fantasy addict, and what caused me to be a love addict. And about how to deal with me or anyone who is the love fantasy addict.

I remember when I was in the 6th grade my therapist Robin had made me feel so uncomfortable again where I had felt like crying. I remember Robin the therapist sitting in the back of the classroom and watching everything that I was doing in the classroom. I had felt so uncomfortable that I had went home and had started to cry with tears in my eyes from the abuse. I did not want to deal with the abuse anymore. That I met a guy when I was in the 6th grade named Paul Watkins. Paul Watkins was a very sweet, and cute guy. I and Paul Watkins had sat next to each other in the same English class in the 6th grade. I remember trying to talk to Paul Watkins with my best friend Mercedes, and with my best friends Ivy and Ashley and Paul Watkins would get so embarrassed of me that Paul Watkins would run into the bathroom to get away from me. I remember getting Paul Watkins phone number which I still have today after all these years in a notebook in a memory box. I do not know if Paul Watkins phone number works from the notebook in the memory box because his number was from 14 years ago. But it did work at

the time. I remember calling Paul Watkins house making prank calls and his mother had a talk with my parents and my parents had a talk with me. After the talk I made up excuses that I needed Paul Watkins help with homework since we had the same classes together. My sister said my sister Auna has a crush on Paul its bad. Before my parents called the school up. Paul Watkins left Paul Revere middle school to go to another school and I stopped calling Paul Watkins. And I was still very upset with Robin the therapist for sitting the back of the class room and for making me uncomfortable and no one cared that I was upset and sad with tears in my eyes.

When I was in the 7th grade for the first 2 months of the school year Robin the therapist was still sitting in the back of the classroom and real tears came out of my eyes because I had felt very uncomfortable with Robin the therapist sitting in the back of the classroom. Finally I was so happy my teacher and special ED IEP coordinator MS Angelina Tao finally noticed me feeling so sad and upset about the therapist sitting in the back of the classroom and had did something about it. MS Angelina Tao said Auna are you okay??? I see you look so sad and upset what happened?? I said the therapist Robin is sitting in the back of the classroom and is staring at me and making me feel very uncomfortable. MS Angelina Tao was an amazing, wonderful teacher who saved my life from the disabled abuse and helped make my 7th and 8th grade years much happier and better Ms. Angelina Tao used her sweet, kind tone and had told the therapist Robin off. You are no longer welcome to visit Auna anymore you sat in the back of my classroom and had made poor little Auna cry because she felt so uncomfortable like you were spying on her when you had sat in the back of the classroom. Do not ever visits Auna again. We are calling your agency to send Auna a therapist to come out to the school 1 time a month who will talk to aunt, sit next to Auna and make Auna feel happy and safe to come to school, and not sad, uncomfortable and vouchered to make her feel about her autism.

When I was in the 7th grade Ms. Angelina Tao helped me out with getting me a new therapist from Autism partnership that the school district paid for. Her name was Cheryl Stroll. Cheryl was way nicer than Robin and way kinder than Robin and had only came out to the school to check up on me 1 time a month. Cheryl would talk to me and sit right next to me in the

classroom. Cheryl Stroll worked with Ms. Angelina Tao to put me in the honors Science class in the 7th grade, and to also get me into honors English. And helped me get straight A's to get tassel gold in the 8th grade.

The only bad, upsetting thing that had happened in the 8th grade was that Cheryl wanted to do a social skills group during my lunch break. I got so upset and mad because I wanted to have a normal lunch break like all the other kids in the school. But a huge miracle happened thanks to god's help and I was so happy. The counselor Ms. Kellogg lied to Cheryl to protect my rights to have a normal lunch break like everyone else and not get abused like I did when I was in the 5th grade by saying there are no kids available to do a social skills group with Auna during her lunch break. Auna works so hard she deserves her lunch break back off and leave Auna alone and let Auna have a happy relaxing lunch break in peace I felt so happy and at peace because I was able to finally have a relaxing lunch break with my friends Jessica, Shaina, Nina, Roxanne, Jade the 5 Jewish secular girls group from my culture. Who went to pail high without me because my birth mother wanted me in unit high when I told her that I wanted to go to pail?

When I was in the 9th grade was when my love addiction began which started me to learn more about starting the rooms of SLA anon to teach my birth mother, and other people why I was a love addict and about how to help me who was a love and fantasy addict and about how to deal with me who is a love fantasy addict and about what caused me to be a love fantasy addict. I remember my new therapist Stephanie Bloom was a horrible therapist. Stephanie Bloom would not talk to me when she came to my high school Uni high and she would sit in the back of my classroom almost every week and made me feel so uncomfortable where I wanted to cry. She got rid of my purple tights so much. Where I had to go to the 99 cents store, claims, target, Julie my birth mother's sister to go get 4 pairs of purple tights. Stephanie Bloom played along with my teacher and counselor Laura Lemmo to say that my clothing, my sparkle headbands, that my butterfly clips were babyish which made me so upset. They took away my opportunity to learn Spanish and by doing running races in cross country by putting me in Laura Lemmo's social skills class. I also remember my 10 minute breaks being taken away from me for high gene checks. I was so upset because I wanted to take a 10 minute break like all the other kids in the high school were, so I

ditched Laura Lemmo the teacher and went out on my ten minute break. Laura Lemmo threatened to get me a one to one aid. The disabled abuse from my autism was so bad that it caused me to have thoughts of suicide and to become and sex and love fantasy addict. And I would come home with tears in my eyes and no one even cared not even my own birth mother.

I got so fed up from the abuse that I became and love and fantasy addict. I remember meeting Eduardo Estrada in the 9th grade. I remember becoming emotionally attached to Eduardo Estrada without knowing Eduardo Estrada and putting magical qualities to Eduardo Estrada. And blaming Eduardo Estrada if he did not meet my fantasies of expectations. I remember hugging Eduardo and kissing Eduardo on the cheek and trying to spend my 10 minute breaks with Eduardo Estrada in the 10th grade. The Love fantasy addict got so bad that Eduardo Estrada was so ashamed to be with me that she wrote me a letter letting me know that he did not want me to spend time with him anymore during our breaks in school. And that he would only do emails with me. I remembered emailing Eduardo Estrada nonstop almost every single day and Eduardo Estrada would not write back to any of my emails. I remember approaching Eduardo Estrada when we were at school and getting all high in my love fantasy addiction all over him and humiliating Eduardo in front of his friends. I remember my mother finding out about my love addiction with Eduardo Estrada. My mother found out because I had accidentally left a letter that Eduardo Estrada left for me on the table. And my big sister Estrella Pines gave it to my birth mother. My birth mother did not know at the time that I was sick with a disease which was being a love and fantasy addict until I taught her about it when I was 25 years old, and I had taught her about how to deal with me who was the love and fantasy addict and about how to be kind and forgiving towards me for all of the horrible things that I did to her when I was a love and fantasy addict, and about how she should be kind and forgiving towards me and pray for me to get well. I remember when I was sick with love fantasy addict. My birth mother went right away the next day and had called up the high school I went to Uni high and had a talk with Laura Lemmo my teacher at Uni he high school. My birth mother asked my teacher Ms. Laura Lemmo is Eduardo Estrada a good kid. Is Eduardo Estrada going to take advantage of my daughter Auna? Ms. Laura Lemmo said Eduardo Estrada is one of my students Eduardo Estrada

is a good kid and Eduardo Estrada is not going to hurt Auna. Do not worry Auna's birth mother . Even though Laura Lemmo told my birth mother the good news about Eduardo Estrada. My birth mother did not want me to be with Eduardo Estrada.

I remember sneaking on the phone with Eduardo Estrada on Saturday mornings while my parents were at the temple and talking to Eduardo Estrada behind their backs. After Eduardo Estrada had gave me his phone number. I remember sneaking around on my computer and emailing Eduardo Estrada on my computer in my room with the door closed so that my parents did not see me emailing Eduardo Estrada since my parents did not want me with Eduardo Estrada.

I remember when I was in the 10th grade. My life got better. I remember screaming and crying to my teach Ms. Laura Lemmo that I wanted to do Spanish and to do running races on the cross country team. I remember the horrible therapist's Stephanie and robin being gone for good and being able to move on without those horrible therapists. And having no more therapist sitting in the back of my classroom. MS Laura Lemmo finally let me have 2 years of Spanish and running races in the 10th and the 11th grade and I had left high school early right after 11th grade at 16 years old because I could not take the disabled abuse that I went through in the 9th grade and walking around the school brought back memories of the disabled abuse. Even though my two years of High School were better I was still a love and fantasy addict still chasing and going after Eduardo Estrada.

I remember when it was December when I was 15 years old going to a Jewish teen retreat for NCSY national counsel synagogue youth, and I remember meeting Matty Thursday night at the Jewish teen retreat at a fancy hotel during a Chanukah concert. I remember introducing myself to Matty. I remember talking to Matty and getting to know Michael. I remember Matty telling me that he knew my two cousins and that he went to the exact same high school as both of them. And that he was very friendly with my two cousins.

I remember running into Matty the next day on Friday at the Jewish teen retreat at the fancy Hilton resort in Anaheim looking at magazines in a

magazine store. I remember talking to Matty and getting to know his favorite celebrities and what his favorite magazines. I had also told Matty about what my favorite magazines were. I remember me and Matty laughing and having a great time at the magazine store in the Hilton resort in Anaheim California. After that I had went outside to play on the swings alone near the resort, and then saw Michael later that Friday night at the resort, and me and Matty got to know each other more and got to spend some more time with each other.

And then on Saturday night I saw Matty Again and me and Michael started talking. While I and Michael were talking some immature high school bully boys were taking pictures of me and Matty together. Matty got so upset so Michael and me ending up walking to hotel stair way to talk. Matty and me put our arms around eachother and got to know eachother more. I got to learn how Michael's dad was a lawyer, and i had told Matty that my birth mother's sister was also a lawyer. I and Matty learned that we both actually live in the same exact neighborhood which was very cool. I remember me and Matty hugging eachother holding each other's hand. I remember kissing Matty on the cheek.

I remember that night me and Mandy were best friends at the time. Before my love addiction got worse were I broke up with her for having contact with Matty's sister after Matty and his sister cut me off for being a love fantasy addict. That was before i was able to teach them how to deal with my love fantasy addiction. I did not know about ideas on slam anon how to deal with me who was the love addict until I had entered the rooms of sex and love addicts anonymous when I was 25 years old in December of 2020. I remember Mandy asking me Auna did you kiss Matty tell me the truth. If you did you can get sick. I lied to Mandy which I learned through slam anon that when you are dealing with a love fantasy addict that they will always lie just like an alcoholic who hides the bottle and just like a drug addict who hides the drugs and said. No me and Matty did not kiss.

I remember Sunday morning before we left the Jewish teen retreat from ncsy Matty was very nice and had gave me his email address and saying good bye to eachother. When i got off the bus riding home with my birth mother in the van i remember seeing Matty with his dad with his best friend going home.

I remember later that night going to the store with my birth mother getting some stuff that we needed that Sunday night. I remember when I was in my mother's car I had ran into Matty and with his father going into the same store getting some stuff that they had needed. I told my birth mother. I saw a boy that I know with his father. My mother said who is this boy?? I told my mother this boy is Matty. I know him recently from the teen retreat in the resort from nesy. My birth mother said ok.

I remember Matty sending me an email about the pictures that the guys took of us against our will at the teen retreat. I told Matty thank you so much for letting me know. Me and Matty emailed eachother back and forth, and after a couple of times of emailing eachother back and forth I had asked Matty William Felsenthal if i could get his phone number so that i could talk to him. So Matty had gave me his phone number. I remember telling my birth father about Matty for two minutes and my father Elliot Pines was very nice and had let me have contact with Matty over the phone. I and Matty were talking about the concert in Times Square on TV live from New York with the ball dropping down at midnight. After we talked about that. I remember Matty asking me if i wanted to go out with him for pizza Saturday night. And i said no let's go out on a walk on Saturday afternoon at Castle heights school. They Matty what do you think of that idea. Matty said what a great idea.

I remember how I and Matty met on Saturday afternoon when I was 15 years old in the 10th grade and we walked about and talked at Circle Park, and around our neighborhood. Matty said since i do not really know you i want to get to spend these next few weeks getting to know you. If we have things in common we will start dating if not then we will be friends. I felt very upset and very sad inside and while Matty said right. I had my head down in a very sad face and said right. All I ever wanted was to have things in common with Matty and to be his best friend, and his soul mate, and to have Michael be the father of my daughter. So i tried to do everything that i could during the last few weeks to try to make Matty to change his mind to make me become his best friend, and his soul mate, and the father of my daughter. I remember during the few weeks when me and Matty saw eachother taking walks in our neighborhood that i would grab Matty hand and start holding it, and that i would hug michael so much, and kiss Matty on

the check.

After the next few weeks Matty only just wanted to be my friend. I felt so sad and upset because I still wanted Matty to be my best friend, my soul mate, the father of my child. And i remember Matty only seeing me once or twice a month from January till June when i was in the 10th grade and I did not like it. I was so sad and upset that Matty would only see me once or twice a month from January till June and Not every week. My birth Mother had noticed the same thing that i did. And said Auna Matty who's your friend is not seeing you every Saturday only once or twice a month. It least Matty is willing to still see you. He could have said no to see you. And I did not say anything because I felt so sad and upset.

6 months later in June in the 10th grade I finally felt so happy and so lucky. Matty was finally able to see me every Saturday from 2 to 5 for three hours it was the best news ever it was like a dream come true. I was thrilled, so excited. I remember while that was going on I remember having more than one emotional liaison at a time and emailing Eduardo Estrada when he graduated from Uni high and Eduardo Estrada did not write back. And I went from one relationship after the next being very close to Matty and getting Matty's comfort for Eduardo's disappearance. Even though i was with Matty's in my little love fantasy addiction world. I was still emailing Eduardo so much that summer when i had went into my love addiction fantasy because i wanted to numb up the pain about Eduardo Estrada being gone and disappearing.

I remember when I was 16 years old in the 10th grade about to go into the 11th grade that summer in July I remember meeting Malcolm my two cousins friend from NCSY. I also remember meeting Ari Malcolm's best friend. And Martin Pedro Goor and Aviv's other five friends. I had met Malcolm my 3rd love fantasy obsession and Malcolm's best Friend Ari and their friend Menachem, and their 4 other friends at the Temple called Beth Jacob in La and Beverly Hills. My two cousin's had introduced me to them at the temple Beth Jacob the Jewish temple and said Auna I want you to meet martin, Ari and their 4 friends. I said nice to meet you. This was at the end of the temple service when me and my birth mother went to Beth Jacob

with our family for their friends son's engagement party at the temple Beth Jacob. I remember seeing Matty's mother there with Matty's two sister's .

I remember Matty's mother saying some very sweet comments to me like i love your clothes you look so cute. I remember telling Matty's mother some very sweet things about Matty her son and about how much i loved Matty her son and Matty's mother said thank you.

I remember later that afternoon during me and Matty's Summer Romance. I remember telling Matty about how i ran into his Mother and into his two sisters at Temple Beth Jacob. At my mother's friends son 's engagement party while we were at the prayer service down stairs. Matty's mother and her 2 daughters were at the prayer service upstairs. Matty had told me that his mother and his two sisters had told him about how i ran into them at the temple and about the things that i had told them about.

I remember later that Saturday night Malcolm and Ari came together to the lecture at my birth mother's house. I remember me Malcolm and Ari the three of us talking and spending time with eachother. I remember meeting Ari's mother . I remember Malcolm willing to work with Matty to ask me out. And i ruined it by calling Matty and my letting him know about it. I remember my cousin's Adella and lily supporting Malcolm with convincing Michael to go out with me and to be my girlfriend. I got so excited because I love Matty so much and all i ever wanted was for Matty to be my boyfriend and my best friend and my soul mate. I remember later that night getting Malcolm's phone number so that i could call up Malcolm about if he asked Matty to ask me out. And Malcolm agreed to give me his phone number.

I remembering calling Malcolm to see if he asked Michael to ask me out and Malcolm said not yet. I remembered accidently ruining Malcolm to ask Matty to ask me out by telling Matty about it. I remember even though i ruined Malcolm asking Matty to ask me out. I still thought as hard as i could in my love fantasy addiction to make Matty me my best friend, and my soul mate and the father of my kid. I remember me and Matty making out every Saturday all of June and July for the last 8 weeks before I went away to Hawaii for a month for all of August. I remembered enjoying making out with Michael so much kissing and touching Matty against the wall. I remember feeling his penis inside my virginal and I loved it so much. My

hormones were raging so hard when I and Matty made out. I remember Michael saying to me at the end of our summer romance at five pm what was your favorite part of us spending time together. I said talking. Matty said my favorite part was making out with you. I loved it to. I wanted to have sex with Matty so badly and wanted to get pregnant with his daughter named Auna Raquel Elena Estrella Belinda Sariah Sara Pines the 2nd. I would remember having fantasies about me and Matty taking off our clothes and have sex in the bed and having sex every single day, and sleeping in the same bed and doing it at night.

Even though Matty told his Mother that he only wanted to be friends with me. Matty's mother made it very clear to Matty that she did not want us alone in her house unless she or Matty's father was there. Because Felisha Sue Pearlman was so scared that even though Matty told her that he only wanted to be friends with me. That our hormones could start raging very hard and that we could start having sex nonstop for comfort and to feel so good with our raging hormones and with attraction and strong feelings for each other. That I could end up pregnant with Matty's boy or girl. And Felisha Sue Pearlman did Not want to be responsible if I needed up pregnant with her Son Michael Felsenthal child. Part of me when I was sick in my addiction wished that I was pregnant with Matty's kid so that Matty could stay with me. I remember Matty telling me when I was 16 years old in the 10th grade during our 3 hour summer romance in July from 2 to 5 pm that if you are pregnant and have my kid i will always be there for your kid even if things did not work out with us romantically. All i wanted was to have Matty's kid so that Matty could stay with me. I remember Matty said to me when I was 16 years old if i saw the fire works with you i would feel like kissing you during the fireworks. I felt so mad at myself for not inviting Matty to go see the fire works with me from my birth mother's balcony at her house.

I remembered me and Matty flirting with each other and making jokes during our summer romance.

I remembered in August I went to Hawaii to Honolulu with My birth mother. While Matty Went to New York with his mother and with his father and with his two sisters. I promised Matty that I would not call him until I

got back from Hawaii but i broke it and had called him on his phone and he did not answer until the third week of August. I remember when Matty had finally picked up the phone when I was in Hawaii with my birth mother. I had told Matty about my trip to Hawaii, and Matty had told me about his trip to visit his family and his father's childhood friend in New York. I remember Matty telling me that his mother had asked Matty. I noticed that the girl who is just your friend is calling you a little bit too much. The girl who is just your friend is calling you 2 times a week isn't that too much for you to handle. Matty said to his mother i do not mind her calling me two times a week. Matty's mother said okay.

I remember when I was 16 years old in the 11th grade when I had gotten back from Honolulu Hawaii with My birth mother. I had called up Michael Friday Afternoon when i had gotten home from high school to see if he wanted to see me. Because I wanted to see Matty so badly because I had missed Matty so much when I was in Hawaii. Matty had said to me when you get all dramatic and say if you have a girlfriend i will leave you. It makes me feel very nervous. Please do not get dramatic and talk about the girl friend thing. I cannot see you this week. I will see you in two to three weeks from now. I had felt so upset that I had sent Matty an email saying i want to be your girlfriend. If you do not want to be your girlfriend i am done i cannot do this. And a lot of crazy stuff because i felt so sad upset and hurt that Matty wanted me to wait two to three weeks to see him in person. Matty wrote back and said with the whole girlfriend thing you are being inconsiderate of my feelings. I did not say that we could not spend time together or call. I said that we could email, call, see eachother and spend time together sometimes. Maybe we should end this. I did not write back to his email.

My birth mother asked when i was 16 years old in the 11th grade. When are you seeing the boy who is just your friend? Are you seeing him this Saturday?? Or is he seeing you in two to three weeks from now isn't that a long time Matty has not seen

You in a whole month. I told my mother that I had emailed Matty and told him that if he did not want to be my girlfriend that I did not want to see

Matty.

My birth mother told me to apologize to Matty and that she wanted me to be his friend. I learned when I was 25 years old through slam anon that the person should not encourage the person to be friends with the love addict that they are addicted to and that they should support them not to be friends with the person that they feel emotionally and physically attracted too. I was right at the time and my birth mother was in the wrong. I apologized to Matty and had told Matty that I was very sorry for what i did. And Matty said that we are not meant to be. I felt very sad inside because i knew that me and Matty were meant to be best friends and soul mates for life and the father of my child. Matty said fine i will see you this Saturday. I remember seeing Matty on Saturday afternoon and Matty said i do not know if things are going to work out between the two of us. I felt very sad. Because all i ever wanted was for things to work out for the two of us.

And then a week later on Saturday afternoon Matty told me Auna we need to talk. Matty walked with me to the corner where castle heights school and park was and spoke to me and said. Auna I cherished every moment that we have kissed and talked. But i feel like its best that we move on.

I got very upset with Matty and said i love you so much please do not leave i still want to be your friend. Matty said Auna I want to be your friend too. I do not want to end this too. I am going to feel like crap all day but then i am going to feel fine. I grabbed Matty's hand and said I want to continue to walk around and talk. Matty Said no i do not want too. We are not meeting next week. Look at the way you are holding my hand you are in love with me it's not going to work. The more we do this the more you are going to get hurt. I remember Matty walking home very sad and upset that he hurt me. While i was playing on the swing. And came home crying with tears in my eyes.

I remember when I was 16 years old in the 11th grade I emailed Matty and said Matty I want to be your friend. My birth mother told me to be friends with you. It's all my fault that you will not talk to me. Matty Wrote back and said I want to be your friend too. But your feelings were a little too strong and I did not feel the same way and it took its toll on both of us because of it I feel like its best that we do not see eachother right now maybe we can become friends later down the path. I am very sorry that I had to end

it this way. I remember getting so hurt. And writing Matty a few crazy emails back. And Michael asked is Mother Felisha Sue Pearlman on what to do because he was not sure. And Matty's mother told Matty not to write me back. I remember calling Matty a few weeks after the emails and Michael had picked up the phone. I said Matty I miss you so much did you get my emails. Michael said yes i did i did not know what to do. And my mother told me not to write you back. And to just ignore the emails. Matty said i do not know if we should have contact because of some of the emails that you wrote and some of the things that happened. I said Michael i want another chance. Matty said fine. Do you want us to be friends where we have contact some of the time but not all the time where we email, call, see eachother sometimes but not all the time? I said what happens if you have a girlfriend we cannot do this. Matty said I still want to do this. I said Matty I want to call you every week. Matty said not every week every two to three weeks. I said yes, yes Matty said it's not going to work your feelings are a little too strong. I said Matty want about if i wait until December to call you. Matty said i need six months until February to heal from all of this. I said how about December Matty said fine we will call eachother in December. I remember Matty saying the issue you had with Caroline you can go to peer med for but with you and me it's either that we talk sometimes or that we do not talk at all. After Matty said all that on the phone I had kept breaking the deal that I and Matty were not supposed to call and see eachother in December.

I remember in October was the first time that I broke the agreement not to call until the December. Matty said I thought that we were not supposed to talk until December. I said nothing. I remember telling Matty about the magic show that I had went to with my birth mother. After that Matty had asked me do you want to see me not every Saturday but once or twice a month on Saturday as friends where we walk around and talk and we do not touch and kiss. I said no because I felt very hurt and upset and so sad because I wanted to be Matty's best friend and Matty's soul mate. Matty said I understand how you feel.

Even though I said no to seeing Matty on Saturday once or twice a month because I was so sad that Matty only wanted to be friends and I wanted more than just a friendship. I still broke the agreement that I and Matty had that I was not supposed to call and see him until December and I had kept

breaking it by calling Matty.

Every time I would call Matty would say I thought that you were not supposed to call until December why do you keep on breaking it. After Matty said that he would hang up the phone.

I remember before December in October Matty had sent me an email saying that he heard a lecture in his high school about a boy and a girl together and had felt bad for what he did to me. And that he would understand if I never wanted to talk to him or take his apology.

I called Matty right away and Matty told me that he had felt so bad about what he did to me and that he would understand if I never took his apology and if i never wanted to speak to him again. I told Matty I love you so much of coarse i will talk to you and said i feel like kissing you over the phone. Matty said where on the cheek or on the lips. I said on the cheek. Matty said okay. I said I will talk to you in December.

I had a very hard time keeping the agreement because I loved Matty so much and wanted to talk to Michael so badly that I had called up Matty in November. Matty said we had this deal that we were not supposed to talk until December why do you keep breaking our agreement?? I did not say anything. I asked Matty what you are doing. Matty said I am in the store with my dad buying stuff. I told Matty I liked a guy named Jordan but I also liked you. It's a tough decision. Matty said I only like you as a friend nothing else. And then i said to Matty hey Matty what do you want?? Matty said I want to talk to you in December and I like you as a friend nothing else. I got hurt and said nothing and just hung up the phone.

I told my mother what Matty said and had got mad. My mother said i am so sorry.

I was so hurt and upset by what Matty said I like you as a friend nothing else that I went so crazy that i had started sending Matty angry emails. Matty was very nice and had wrote back to my angry emails from November till December. I said on the first email i feel so hurt Matty that you said that you like me as a friend nothing else. I do not want to be your side girl i want to be your main girl you are a lying cheater. Michael had wrote back and said i am not a cheater. It's not my fault that I only like you as a friend and

nothing else i cannot help how I feel. And then I had wrote Matty through email I want to see you its December. Matty wrote we cannot see eachother it's not going to work your feelings are a little too strong. And then I wrote Michael back it's all my fault that you will not see me. Matty wrote back it's not your fault that your feelings are little bit too strong. I wrote Matty back and said that if he had a girlfriend that I would not be allowed to see him alone in person. Matty wrote back and said you are right that if I did have a girlfriend that we could not see eachother alone in person. Then I wrote michael back and said i miss you so much and i want you to save me I hate you are a cheater. Matty wrote back and said i am not a cheater and I am not going to save you. Right after i saw those words i started wailing with tears in my eyes in pain in my room at my birth mother's house. My birth mother said your brother heard you wailing what happened. I love Michael so much and Matty said that he is not going to save me. My birth mother said no guy is worth crying over.

I remember calling Matty in December and talking to Matty I said Michael what are you doing? Matty said i am visiting with my relatives. I said okay I will talk to you later and hung up the phone. And then I called Matty up on Thursday the next day. Matty said I feel really sad that I am losing a really good friend to talk to sometimes, but since your feelings are a little too strong i feel like its best that we do not call or email. I said nothing and hung up the phone.

I broke what Matty said and had called up Matty on Sunday Matty's mother yelled over the phone and said is it Auna again I will talk to her for a few minutes like she was going to yell at me. I learned when I was 25 years old through slam anon that it is never okay to yell and to scare the love fantasy addict because the more you yell and scare them the more they are going to go after the person. And that you should be loving and kind and sympathetic towards a love fantasy addict and try to help them when they are struggling. I learned that what Matty's mother told Matty and yelled was wrong and broke the slam anon rules. Matty told his Mother i will take care of it. Matty said I would rather do this in person in two to three weeks from now but I cannot because you will get emotional and say please do not leave I do not want you to leave. Because of it i am doing it over the phone. Matty said this is good bye for good. I feel like its best that we do not call eachother or email. I have plenty of friends and you have plenty of friends. You have

Auna Harriet Ross. She was the girl that I hit and never wanted to speak to again because she was having contact with Matty's mother, and with Matty's sister a while I was sick in my love addict where they would not talk to me. And I got so mad when I was sick with my love addiction and hit her. I remember telling Michael you're a jerk. Matty said I am not a jerk. You are going to get hurt. I said to Matty I still want you Matty said no I am going to hang up now. When Matty hung up to the phone I got so sad like someone had just died and could not stop crying in the bathrooms with tears in my eyes. I learned though SLA anon when I was 25 years old that it's never okay to be talking to love addict that way and that you should help a love addict and not be mean to a love fantasy addict.

I remember a week after the incident Malcolm faced booked me and asked me to be his girlfriend. I told Malcolm yes. And then after that I had emailed Matty sending Matty an email letting Matty know that Malcolm had asked me out to be his girlfriend. And if me and him could be friends while I was with Malcolm. Matty wrote back and said how many more angry emails I am going to get from you. No I am not taking the offer to be your friend. You are not the right girl for me for beliefs and some other reasons. You're a good person I feel like it's best that we do not call or email. After Matty wrote me that response back. I did not write Matty back. And I remember on Saturday a week later Malcolm knew what temple me and my mother went to. And had found me there with his best friend Ari. My birth mother said okay you can go with Ari and Malcolm. After Ari and Martin came to pick me up. We walked around and talked. I remember after we talked me and Malcolm hugged each other and I walked home. Next Saturday Malcolm called me and said Auna I have a surprise for you. And I was so excited and looked forward to Malcolm's surprise. Malcolm also told me about how Matty called him and said I heard from my friends that you and Auna are going out with each other and are boyfriend and girlfriend. They saw you guys together. What did you guys do together?? Malcolm said oh we did nothing. The next week Martin called me and broke up with me because his parents did not like the fact that I was one year older than he was. I was very upset because I loved Malcolm very much and wanted to be with Malcolm. I remembered going crazy. I was calling Matty nonstop. Matty had hung up the phone and I had went crazy when I came home from going on a run Saturday morning to let out my pain from my love addiction

from Matty . I had typed out a crazy email. And had left Matty a crazy phone message saying that i am the only girl in the world and i feel like committing suicide. I know that you do not want me around and that your life would be a better place without me. I cannot take it anymore I want to die. If you run into me I want you to be civil with me and to make peace with me if you see me in the neighborhood.

Three weeks in January after i had emailed and left Matty so many voice messages. I had ran into Matty with his best Friend while I was walking home with my birth mother from the temple. I remember running to Matty and hugging Matty and getting so excited like i was the kids who just saw Barney the dinosaur on the Barney and friends TV show. Matty's friend said i will walk home while you and Auna talk privately. Matty said Auna I forgive you for everything. If it was not for you saying I want to commit suicide and for you saying about being the only girl in the world. We still could have been friends. I would have took some of your phone calls and emails but not all of your phone calls and emails. But I will still make peace with you and be civil with you and talk to you every once in a while if i run into you. I walked with Malcolm and begged him to be my friend. Matty said no i do not want to talk to you in June. Malcolm is my friend. I do not know if i want to be your friend because we had a deal that we were not supposed to call and see eachother until December and you kept breaking it and for a few other reasons. And then Matty said I felt really sad a few weeks ago. I feel fine i just want to move on. Matty said you said that you wanted to commit suicide so that you could get into my straw. I learned at age 25 through slam anon that it is never okay to talk to a love fantasy addict that you. You have to put yourself in the love fantasy addict's shoes and think about a time when you were struggling in your life. And about what you wanted someone to do for you when you were struggling and to put yourself in the person's shoes. I remember in February a few weeks later. While i was walking with my mother and with her friend. I saw Matty on the street. I ran as hard as I could because I was dying to talk to Matty and had gotten so excited and high like i had taken a bottle of drugs. And said hey Matty . Matty said I want to catch up with my best friends Harrell and a few of his friends. I will talk to you later okay. I said okay. Harrell waited for Matty . And then as soon as Matty and his friend saw me walking closer with my birth mother and her friend. Matty and his friend ran across the

street and had ran closer to Matty's house to get away from me. Before they both ran Matty said to his friend there is Auna I do not want to see Auna let's run away. I learned in SLA anon when I was 25 years old that when you are dealing with a love fantasy addict that it is not okay to say mean comments about the love fantasy addict and to run away from the love and fantasy addict. And that he should have been kind, and helpful, and had empathy for me while I was sick with my love fantasy addiction.

After Matty ran away from me with his best friend. I felt so sad and so upset that I was emailing Matty nonstop and leaving Michael tons of phone messages. Matty's family had enough of the phone messages. And Matty's mother spoke about possibly getting a restraining order against me. I learned in Sla anon at age 25 that it is not okay to be mean to a love fantasy addict and that Matty's family should feel sad for me that I am sick with a love fantasy addiction and that Matty and his family should pray for me to get well. And say we see that you are suffering with a love fantasy addiction what we can do to help you. What would help you get well with your love fantasy addiction disease?

I had found all of this out because Matty had sent me in email about it 5 months later in May when I was in the 11th grade. A month before I graduated early and left high school and age 16 years old because of my disabled abuse with only getting 2 years of Spanish, and 2 years of cross country running races.

In May when I was in the 11th grade Matty had sent me an email that i did not hang up the connection timed out even so you had no right to call me. I had made it clear that I did not want anything more than friendship and you did not clearly understand. My family has had enough of this. To be honest my mother spoke about possibly getting a restraining order against you. Now I am going to ask you one last time do not call me do not emails email, do not try to find me through my friends on Facebook.

After I had gotten that email from Matty . That I was afraid to leave the house because I and Matty had lived in the same neighborhood, I was like the girl next door who saw what Matty was doing. I stayed in the house

because i was afraid to leave the house on Saturday. My two cousins came over to cheer me up and had took me on a long walk to circle park and back.

During the summer while I was studding admin assistant in vocational school my birth mother told me not to have any contact with Matty and with Matty's siblings and any of their friends. I learned through Sla anon at age 25 that you do not say negative comments like that to a love fantasy addict because the more negative comments you say the more the love fantasy addict is going to act out in their love fantasy addiction. You have to try to help the addict instead. I remember that those words from my birth mother did not work while I was at her friend Barbara's mention in Westwood in the rich neighborhood near west side pavilion. I remember going to my birth mother's house and sneaking on the phone and calling Matty up and Michael went to talk to his parents when he picked up the phone and then I had hung up the phone. When I had gotten back to my birth mother's friend Barbara's mention watching 18 to life and going swimming in the swimming pool with my cute 2 piece striped bathing suit, looking at a fashion magazine, And eating string cheese and broccoli and dip to cope with the pain with my love fantasy addiction from Matty.

During the fall when I was 17 years old I ran into Matty's little sister with her group of friends. I said to Matty's sister my name is auna. I love your brother Matty so much I am a huge fan of his. Matty's sister had no recovery in herself and broke the sla anon rules instead of putting herself in my shoes and feeling my pain and trying to help me she broke the sla anon rules which is not to lose your temper at the love, and fantasy addict, not to bring up the past with the love and fantasy addict, not to complain, not to be over protective and I learned that the way Matty's sister treated me was wrong and she broke the rules of sla anon and failed the sla anon test. Matty's sister said Auna my brother Michael does not need a girl who tried to commit suicide go move on and go find other friends. Your angry emails that are long scare my little sister . What Matty's sister said was so mean. That my love fantasy addiction got worse.

I went 2 months later hid in a bush and lightly hit Matty's sister. She was so mean. After saying those mean words to my face Matty's sister stole my cousins and my teenage hood friends from me after telling me to go make new friends. I lightly hit Matty's sister because I was a love fantasy addict.

And love fantasy addicts do get mad at people and they do get jealous of people, have trouble expressing their feelings.

When I got home from vov school my mother got a phone call from Deena's mother Felisha yelling about how I hit, scared Matty's sister her daughter. I learned that Matty's mother was wrong for what she did. In Sla anon it says that you cannot lose your temper about a love fantasy addict and that you should help the love and fantasy addict that is struggling. My birth mother was wrong for sending me to the mental hospital she should have helped me instead.

Being at Cedars in the mental hospital for a month did not help me, the medicines did not help me. When I left the mental hospital I saw Matty's sister Across the street and yelled Matty's sister i am so sorry for hurting you. Getting extra services from the regional center did not help me it made my love fantasy addict worse. It's best for the addict's parent to work with the love fantasy addict instead because forcing help and treatment on a love fantasy addict makes their love and fantasy addiction worse because it triggers the pain. And it did.

I remember working hard on the computer and crying with tears in my eyes because I loved Matty so much and wanted to have contact with Matty. And being sent to the special education counselor and hiding the pain and lying that I was okay. She told my mother that I needed therapy.

My mother forced therapy on me. My trauma from the love and fantasy addiction got worse. I kept contacting my qualifier. And i ditched the therapist. The therapist told my mother to tell me that I will miss you when you end up in jail.

I was in so much pain from the love and fantasy addiction that all I could ever think about is going to jail.

When I was 18 to 25 year old for 8 years I had gotten a job at the recovery center. Pam the head of the recovery center who was my adoptive mother for 8 years did not know that I was a love fantasy addict but she did know that I was a removing alcoholic for 1 year. And the requirement to work for share was to be one year sober from alcohol or drug abuse.

When I was working at the recovery center I was lying so much about my

love addiction.

I remembered meeting this hot boss that i had fell in love with named Derrick. I remember having a very hard time working with Derrick because of my very strong feelings for Derrick . I told my birth mother's sister that I had a very hard time working with Derrick because of my very strong feelings for Derrick. I remember getting to know Derrick and Derrick told me that fourth day that I had met him that he had a girlfriend from Pittsburg. And that he and his girlfriend were living together. The whole situation was a very painful. My birth mother's sister had felt very sorry for me and had so much compassion for about what I had to go through with Derrck. I had asked my adoptive mother . Who was the head of the company the recovery center if I could get moved to another department since I had felt very uncomfortable working with Derrick? And my adoptive mother and the head of the recovery center. Had said no i am not moving you to another department. I need you to work with Derrick. I had told my birth mother's sister about what had happened and about how my adoptive mother and the head of the company the recovery center. Would not move me and how Pam had forced me to work with Derrick on projects against my will. My birth mother's sister said I feel so sad for you that you have to go through this this must be so hard for you. I am upset at Pam for not moving you to another department. In a very big company they would have you moved to another department in a situation like this. My birth mother's sister was finally using the Sla anon tools to deal with me who was a love fantasy addict. My birth mother's sister was very loving, nice and caring about the situation. And my birth mother's sister had compassion and empathy about what I had to go through. And had putted herself in my shoes which was following the Sla anon rules. Julie Schmidt said I know that you have to keep this job because you need the money. I want you to just deal with the situation that best that you can I believed in you. I had I know that you because in me too.

I remember when I was 25 years old I was struggling and having a very hard time working with the hot boss Derrick because of my very strong feelings.

So my adoptive mother and the head Pam had gotten me help and had forced me into the rooms of sex and love addicts anonymous. And I had learned more about Sla Ana through Sla and through al anon and this is how

the beginning Forsa anon began. The beginning of Sla anon happened on December 1st when I was 25 year old.

Chapter 2 the beginning of Sla Anon

I remember when I was 25 years old doing the 90 meetings in 90 days for sla that my adoptive mother who i worked for who ran the company sent me to because I was sexually harassing the hot boss Derrick that she had me work with on projects. I learned so many ideas with being in the rooms of sla anon that it had gave me the ideal of starting up sla anon which is based on the model pioneered by al anon designed for people who are bothered by someone they who they know love and fantasy addiction.

I remember teaching my birth mother new techniques from the Sla anon meetings that i was involved with that she did not know about like how to be kind and helpful to me who is a sex and love fantasy addict. Because if you are mean to the love fantasy addict their addict with their love and fantasy addiction will get worse. I had taught my mother that when she dealing me who is the love, and fantasy addict not to yell at me because it will make my love and fantasy addiction worse and not better. My mother said I have never heard of this before. I had also taught my birth Mother how to pray and forgive me for all of the damages that I had caused to her and to other people that she knew when i was a sex and love fantasy addict. My birth mother loved the idea of Sla anon. I remembered going into the Thursday meeting and hearing the me members of the Thursday night meeting read from the Big AA book how to deal with the Alcoholics. And replacing the word alcohol for sex and love addict who's bothering you. They taught me at that meeting that when you are dealing with the love and fantasy addict. You cannot let their love and fantasy addiction affect you mentally or emotionally you have to let go and let god take care of the issue because god will always find a way to the love and fantasy addict who is suffering. And to trust god that he will take care of the love and fantasy addict who is struggling with their love and fantasy addiction.

I also learned from the Thursday night meeting that if the love and fantasy addiction calls you wanting help with their love and fantasy addiction you

should go and help the love and fantasy addiction in return.

I also learned through the Thursday Sla meeting that when you are dealing with a sex and love addict that you have to not judge them for being sick in their love and fantasy addiction and that you have to pray for the love and fantasy addict to get well.

You are not allowed to yell, and humiliate and bring the up the past with the love and fantasy addict or bring up the past with the love and fantasy addict.

I learned though the sla twenty four hour inspiration line that love and fantasy addicts are often very sad and depressed and lonely people, who have low self-esteem because they do not feel good about themselves.

When people are like that they sometimes become drug, or alcoholics to cope with the pain. But instead of coping to alcohol, or drugs, or food to cope with the pain at the young age. The person may come to a person as an imaginary object, and force themselves on the person as an object to cope with the pain.

The person is using the other person as an object when they are dealing with their love and fantasy addiction because they are struggling and going through a very hard time and they do not want to feel their pain inside and they want to cover up their pain inside.

In Auna's life she had to deal with a cousin and her abusive ex who was a love and fantasy addict and when they were in their disease she had felt like her life was unmanageable. Auna had learned the Sla anon techniques to deal with her cousin and her abusive ex who were love and fantasy addicts.

Auna went on Facebook and saw her Abusive ex adding other girls on Facebook nonstop that he did not know. She also remembered her abusive ex taking advantage of her, and forcing himself and raping her when she was mentally sick. Auna was very upset and had wanted to call the police and had tried to get a restraining order on her abusive ex.

When Auna had saw her abusive ex Auna had yelled to her abusive ex get off the bus or i am going to call the police. And had brought up the past and had humiliated her abusive ex for hurting her, and Sylvia and Natalie when he was in his love and fantasy addict.

Through the rooms of Sla anon Auna Learned I cannot be mad and angry and want to press charges on my abusive ex. My abusive ex his very sick. My abusive ex is struggling from a love fantasy addiction.

Auna learned through the rooms of Sla that the reason why my abusive ex became a love and fantasy addict was because his birth mother was negative and verbally abusing him, and so was his case manager at the north Los Angeles Country regional center.

I realized that my abusive ex was in so much pain from all of these abusive things and that he did not want to cope with the pain. And that is why is became a sex and love addict. I did not know that knowledge until i went into Sla. Through Sla anon I learned tools about why he acted the way he did and how to deal with my abusive ex in his love and fantasy addiction.

I remember every day to forgive my abusive ex for all of the damages that he had did to me when he was very sick with his love and fantasy addiction.

Auna had learned at the Thursday evening Sla meeting that when you are dealing with a sex and love fantasy addict that you cannot put fear into the love and fantasy addict and that you cannot be intolerant of the love and fantasy addict because their addiction will get worse. When you see the love and fantasy addict get better in their love and fantasy addict you are supposed to praise them and help them to get well. If you cannot do that with the love and fantasy addict you are supposed to keep your distance with the love and fantasy addict and let god take care of the love and fantasy addict who is struggling with their love and fantasy addict.

All of these ideas from the Sla meeting had inspired Auna so much that she decided to start up a nonprofit called Sla anon which is a peer lead family support group to help out people who are bothered by a sex and love fantasy addicts.

The ideas for Sla anon was based on the model pioneered by sex and love addicts anonymous and by al anon. To help out people who are bothered by a love fantasy addict where it affects their lives, and their emotional wellbeing.

Auna wanted to start up Sla anon because when she was a love addict since

she was 14 years old in the 9th grade. So many people would mistreat her and not understand that she was sick with a love and fantasy addiction. And so many people did not know what caused it. When Auna was 25 years old her job forced her into sex and love addicts anonymous, where she was finally able to teach sla anon to her birth mother , and to her adoptive mother , and to her teenage qualifier's mother who mistreated me when i was a sex and love fantasy addict, and even to other people at her job at the recovery center , and to people on their adult warm talk line.

So many people that Auna knew never heard of sex and love addicts and I was able to teach them how to deal with people who were suffering from the disease.

I decided to start my first Sla anon meeting at the recovery center on October 1st 2021. There was three other people at my Sla anon meeting and my first Sla anon meeting lasted for about 2 hours. I had Erica, Sara, and Scott at my first Sla anon meeting. They were all people in their mid-20's around my age who were bothered by love fantasy addicts in their lives.

Sara had told me us stories about how her mother was a love fantasy addict going around to guys that she had just met and had acted like they were her boyfriends. She would go out with the guys that she barely knew all night and not get home until real late. Sara had told me that her mother had few healthy boundaries, by putting magical qualities to the guys without knowing them, and about how her mother had went from one relationship after another.

Erica would talk about how her abusive ex had put magical qualities to her when he first met her, and how he forced her to kiss and touch her, and how he asked her to marry him when she barely knew him. Erika also talked about how his care takers only saw him Sunday thru Thursday and that every Friday and Saturday when his care takers were not there he would sneak around on Friday and Saturday after noon's and sexually harass innocent vulnerable disabled girls and use them as objects, and asked them to marry him when he knew that he was conserved. And about how he added tons of girls on face book that he did not know. And how she learned through the rooms of Sla anon that he was a love and fantasy addict and how she had felt sorry for her abusive ex but could not help him because he would lie because

he is a love and fantasy addict.

Scott would talk about how he learned through the rooms of Sla anon that his ex-teenage soul mate Elena Sariah Sara was a sex and love fantasy addict. He learned through Sla anon that she was a sex and love fantasy addict because she would have few healthy boundaries and get emotionally attached to him without knowing him. She would use emotional indolence to control him. And had used for emotional dependency for substitutes for care, nurturing and support. And she would use him as her emotional dependency, and used him as emotional involvement to control him. How he learned through the rooms of Sla anon that Elena Sariah Sara was very sick with a love and fantasy addiction, and that she used him as drugs. Through the rooms of Sla anon Scott had learned how to pray for Elena Sariah Sara is ex teenage soul mate to get well from her love and fantasy addiction. He also learned how to forgive Elena Sariah Sara his ex-teenage soul mate for all of the damages that she had did to him when she was very sick in her love fantasy addiction. And how to be Kind to Elena Sariah Sara and not to bring up the past, and lose his temper at her since she is sick with a disease called being a love and fantasy addict.

After 2 hours the 4 of us loved the Sla anon meeting so much that we had met every Weds day for 2 hours at the share center in Culver City.

Scott and Sara and Erika had helped me spread the world about Sla anon to help get some more Sla anon meetings all over the world. And to get funding to have a Sla anon world service office and to hire 6 workers to order Sla anon literature, and to get people literature. And to refer people to Sla anon meetings and to start up Sla anon meetings all over the world for people who are bothered by love and fantasy addicts.

Sla anon is a wonderful family peer lead support group Sla anon can save your life when the love fantasy addict is bothering you. Please try Sla anon out because there is always hope. Like we always say we want you and we need you. Don't give up because hope is always out there to deal with the love and fantasy addict.

Chapter 3 how to deal with the love fantasy addict.

When you are dealing with a love and fantasy addict you have to remember that love and fantasy addiction is a disease just like drug abuse and alcoholism is. You have to remember that people who become love and fantasy addicts are often people who are sad, and lonely, and depressed, with very low self-esteem because they had went through a very hard time in their lives. Love and fantasy addicts are people who have been abused or mistreated growing up as a child from family dysfunction or from other dysfunctions in general. Love and fantasy addicts are people who do not feel good about themselves, and who are people who went through very tough times in their lives. And are people who are struggling with different issues in their lives. The love and fantasy addicts are people who are in emotional pain and sadness and they do not want to feel the pain or sadness. So they end up numbing up the pain by using people as imaginary objects, and by forcing themselves on the person to deal with the pain.

When you see the love and fantasy addict you have to think about a time when you were struggling in your life. And what did you want someone to do for you when you were struggling. You have to think all about that when you see the love fantasy addict. When you are struggling with something in your life. You want someone to comfort you, and to be there for you, and to help you get past through the things that you are struggling with. And you would want someone to cheer you up and make you feel much happier, and feel much better when you are struggling with something going on in your life. When you see the love and fantasy addict you have to do the same thing.

You cannot judge the love and fantasy addict because it's not their fault they became a love and fantasy addict because they were going through a very hard time and their life and they were suffering from something and did not want to feel the pain. You are have to put yourself in the love addicts shoes and remember a very hard time that you went through and about how it felt when you were going through a very hard time and about how you did not want someone to judge you when you were going through a very hard time.

You have to remember that if the love and fantasy addict does not want any help with their love and fantasy addict that you have to let go and let god help them through their love and fantasy addiction the hard way until it gets to the day where the love and fantasy addiction is so bad that the person is so

willing to go and get help. It could be the day when the love and fantasy addict almost loses their job, and almost loses so much money and their housing and almost ends up homeless. It could also be when the abusive relationship gets so bad that the person has been so beaten up badly that they are in the hospital and want out of the abusive relationship, or their kids get taken away into foster care from children's services because the abusive spouse is not acting well were the neighbors on your block and see and hear the spouse abusing you in front of your kids. It could be the day when your spouse catches you cheating on so many other people that they want to end the relationship. If you have any kids your kids may not want to talk to you due to your bad choices of cheating with other people during the relationship with their other parent. You could get arrested by the police and taken to jail or the mental hospital and almost lose everything that you love and care about like your family, friends, job, money and your home.

Once the love and fantasy addict cries to you that they are in trouble and want help to not be a love fantasy addict anymore then you can go and help the love and fantasy addict out by referring them to sex and love addicts anonymous meetings, and by helping them find a therapist through their insurance company who specializes in love and fantasy addiction. Just remember that the love and fantasy addict will not change overnight and that you will have to be patient with the love and fantasy addict. Because it takes time, and patience for the love and fantasy addict to change.

When you see the love and fantasy addict working very hard through the doors of sex and love addicts anonymous meetings, by studying the sex and love anonymous literature, and by going to therapy to get the love fantasy addiction under control. You are supposed to praise the love and fantasy addict, and encourage them the get well to get rid of the love and fantasy addict. Because when you are intolerant, and negative towards the love and fantasy addict getting well their recover y from their love and fantasy addiction will get worse and not better. And we need to try to help keep the love and fantasy addict sober.

If the love and fantasy addict does not want our help. We need to let god take care of the addict and work on ourselves.

Working on ourselves is finding things that we like and love to do that is

good for us on our top lines away from the love and fantasy addict that is bothering us.

That can be going out for a run, sewing a cute outfit. It could be looking at a magazine, looking around at the mall, and writing a book to publish.

We can also focus our eyes on keeping our job, and on practicing for a race that we love. We can also buy a cook book and learn how to cook new recipes. Watch the news and read the newspaper to find out what's going on in the world, or look at our favorite fashion magazine. You can also watch your favorite TV show or movie. These are productive things we can do if the love and fantasy addict does not want help and still wants to go around using people as a drug to cope with their pain.

We can also pray to god and ask god to protect the love and fantasy addict that is bothering us and to make sure that the love and fantasy addict who is bothering you is okay. And that god will guide the love and fantasy addict that is bothering us to make sure that the love and fantasy addict is safe and okay.

Chapter 4 the Sla anon do's and don'ts

I do pray.

Whenever the love and fantasy addict is bothering you can pray to god every night and ask god to guide you.

You can ask god to make sure that the love and fantasy addict who is bothering you is okay and that you dear god will help the love and fantasy addict get well one day.

Just believe that when you pray to god he will understand how painful it is for you to deal with a love and fantasy addict.

When you pray to god you can say the serenity prayer called god grant me the serenity to accept the things that I cannot change the courage to change the things that I can and the wisdom to know the difference. Which means I can only change the things that I can which can be being very happy every morning when I wake up saying thank god I can walk and I can talk, and that I can sing, and that I can run, and jump, and that I have a place to live. And

that I have a beautiful son that I love so much.

Remember that I can change my attitude towards my love and fantasy addict when they are in their love and fantasy addiction by being loving and kind to my love and fantasy addict that is bothering me because they are struggling from a disease because they are in pain and struggling with something that is going on in their life.

Just remember to have the courage to change the things that I cannot change like controlling the love and fantasy addict so much. By calling and emailing the love and fantasy addict to go to sex and love addicts anonymous and to go see the therapist to get their love and fantasy addiction under control. Just remember that you to have courage because this is something that you cannot change and that the addict has to want to change themselves from being a love and fantasy addict. And that maybe god and help the addict that is suffering. Just remember that you cannot change what your love and fantasy addict does. And by having the courage that you cannot change your love and fantasy addict. You need to find things that you can do to distract yourself from the addict like reading a book or watching your favorite TV show or movie, or by going out for a run.

When you pray to god by using the ending of the serenity prayer the wisdom to know the difference you need to keep remembering it is my reaction towards my love fantasy addict that I can change, but I still cannot change the addict. I can work only on me but I cannot work on changing my love and fantasy addict. My love and fantasy addict needs to be the one who wants help. And just remember at the end of the serenity prayer that god will give you the difference to know the difference between what I can and cannot change with dealing with a love and fantasy addict.

2 do forgive.

When you are dealing with a love and fantasy addict you should forgive them for the horrible things that they have done to you when they were very sick in their disease with being a love and fantasy addict.

You should be kind and loving towards the love and fantasy addict because they were very sick with a disease.

Chapter 5 the 12 steps of Sla anon

1 We admitted that we were powerless over others that our lives had become unmanageable.

When we feel so powerless that our lives had become unmanageable over the love and fantasy addict that is bothering us. We yell at the addict a lot like it is all their fault that the person that is bothering us is a love and fantasy addict. When we feel powerless over the addict when may threaten and control the addict, and scream and scare the addict. Just remember not to feel powerless over the love and fantasy addict because god is taking care of the love and fantasy addict to get well. We may feel like our lives had become unmanageable over the love and fantasy addict because we may have trouble sleeping because the person's love and fantasy addict is bothering the person so much. Just remember that we cannot control the person's love and fantasy addict and that go is the old one who can.

When we feel powerless over their person's sex and love fantasy addiction we may be triggered and try to bring up the past and humiliate the love and fantasy addict in public. We have to remember that when feel powerless over the love and fantasy addict where we want to bring up the past and humiliate the love and fantasy addict we have to remember that they are very sick with a disease. And that we have to pray for them to get well.

We also have to remember that when we feel powerless over the love and fantasy addict that we have to let the love and fantasy addict go and let god take care of the love and fantasy addict and that we have to take care of ourselves, and find fun, and recreation and hobbies that we love to do to distract ourselves. When we start to feel powerless over our love and fantasy addict where we start feeling that our life is unmanageable.

When we feel like our lives is unmanageable over our love and fantasy addict we have to remember that god is going to take care of the love and fantasy addict. And that we do not need to take care of the love and fantasy addict because god will in a distance.

When you start to feel powerless over the love and fantasy addict we can start saying the serenity prayer god grant me the serenity to accept the things that we cannot change the courage to change the things that we can and the

wisdom to know the difference.

That serenity prayer says that we cannot feel powerless over the love and fantasy addict in our lives because we cannot change the love and fantasy addict. The only thing that we have power to change instead of feelings powerless over the love and fantasy addict is ourselves. We have to take care of ourselves not to make the love and fantasy addict who's in our life bothering us. We have to get rid of the powerlessness by finding fun and recreation and hobbies.

And by concentrating on our top lines so that we do not have to think of our love addict that made our lives unmanageable like going out for a run, sewing a cute outfit, doing a fun art project, reading your favorite book and looking at your favorite magazine. Just remember that as long as you keep busy and find fun things that you love to do that you will no longer be powerless over the love and fantasy addict who is bothering you in your life because while you are busy god is going to take full care of that love fantasy addict who is suffering.

2 We came to believe that a power greater than ourselves could restore us to sanity.

When we let go of the love and fantasy addict who is bothering us god is going to restore us to sanity.

When god restores us to sanity god is going to teach us when we are restored to sanity to separate ourselves from the love and fantasy addict who is bothering us.

And god will restore us to sanity by having us live a separate life from the love and fantasy addict until the love and fantasy addict chooses to get well. God will teach us to restore to sanity by finding happiness and peace within ourselves without relying on our love and fantasy addict that's upsetting us.

When we live our separate life from the love and fantasy addict who hurt us. God will teach us in sanity how to live our own lives in peace.

It could be going to the park and playing on the swing. Taking a walk down our favorite street. Watching our favorite TV show. It could even be eating your favorite food like ice-cream on the hot day. It could even be going out

to the beach and jumping the waves.

God will always try to help you restore to sanctity away from your love and fantasy addict. God wants you to restore to sanity by thinking about your strengths which could be i love to sing, and i love to run.

If you love running you could practice running and be a part of a marathon and practice your running.

If you love singing you could be a part of a choir at your worship place during the service. Or find a singing group to join.

If your strength is sewing you could go online and find a sewing class that you could do for free over the computer.

All of these things will help you restore to sanity so that you no longer have to be aggravated by your love and fantasy addict in you love.

Just remember that god wants you to be restored to sanctity because it's very unhealthy for your mental health not to be restored to sanctity and to let your love and fantasy addict ruin your life.

You will not be in sanity if your love and fantasy addict runs your life in your head.

You need to continue to look for and find happiness to restore you to sanity.

3 We made a decision to turn our will and our lives over to the care of god as we understood god.

When we made a decision to turn our will and our lives over to the care of god as we understood god we understand that god will understand our lives dealing with our love and fantasy addict and that god will help us go and live a better life.

God told us that when we turned our will and our lives over to his care that we would help us go and live separate lives from our love and fantasy addict that is bothering us. And that we will help us have and peaceful, stress-free life by learning how to let go of the love addict that is bathing us.

God will help us turn our lives around as we understood him by teaching us about what are goals are in life. So that we can be distracted by the thoughts

of our love and fantasy addict doing bad things when they are in their love and fantasy addiction.

When we made a decision to turn our lives over to god. God said look I want you to find a very good goal for yourself. Maybe that goal is to become an addictions counselor and to learn how to help love and fantasy addicts who are struggling like your addict is and give them the tools to cope with their love and fantasy addiction.

Maybe your goal is to go to college and to become a therapist and to teach people who are bothered by love and fantasy addicts in their lives like you were at one point. By giving the person your life experience about dealing with your love and fantasy addict and by giving them tools on dealing with the love and fantasy addict. Just like you learned in Sla anon. That's an ideal goal that god can give to you when you turn your life over to him to help you get past your love addict that is bothering you. When you turned your life over to god and as you understood god. God wants you to know that you are not alone in this and that he is with you all the way. And that the horrible things that you are going through in your life is going to make you become a much stronger person in the end of the day. God needs your to always remember that when you turned your life over to him okay.

God could want you to turn your life to have a goal like working in a recovery center, and referring people to Sla anon support groups and telling your experience about your love and fantasy addict and how you overcame dealing with your love and fantasy addict that was bothering you. And also sending the person some literature about love and fantasy addict so that they could learn more about the disease, so that they could learn some more information about their love and fantasy addict.

God also might want you to have a goal when you turn your life over to him. To have you work with the homeless by referring them to shared housing when they are on SSI or GR, or the pilot program, so that they could have somewhere to live, so that they will not be homeless living on the streets since rent is very expensive these days, and since it's hard to live off of SSI, GR and low income. You can also help the homeless get onto call fresh and cash aid, so that they can have food and have money for stuff that they need for their everyday needs. You can also refer the homeless people to food

banks and to the clothing banks for clothing. And you can also help the homeless get onto medical so that they could have medical insurance in case of an emergency.

4 We made a searching and fearless moral inventory of ourselves.

We had made a searching and fearless moral of ourselves with the love fantasy addict who is bothering us by realizing that it's not our fault that the love fantasy addict is sick and that love fantasy addiction is a disease. And that we cannot control the love and fantasy addict who is bothering us. The only thing that we can control is our reaction around the love and fantasy addict.

We made a moral and searching inventory of ourselves about how to behave if we ever run into our love and fantasy addict that is bothering us.

We learned in our inventory that if we run into our love and fantasy addict who is bothering us that we have to stay calm around the love and fantasy addict if we ever run into our love and fantasy addict. And that we cannot yell and humiliate our love and fantasy addict who is bothering us.

We also had a search and fearless moral inventory of ourselves to realize that the reason why the person that we are bothered by became a love and fantasy addict was because they were going through a very rough time in their life and they were struggling with something in their life, and they do not want to feel the pain that they were going through. And that we have to be kind and have sympathy for the addict.

We made a search and fearless inventory of ourselves that we have to keep busy and find things that we love to do for fun to distract ourselves from the addict like walking down our favorite street, or jumping the waves in the ocean.

We also made an inventory of our selves not to judge the love and fantasy addict because they are struggling with the love and fantasy addict due to going through a hard time and their lives. And that if the love and fantasy addict chooses to come over us for help that we should be kind and loving to the love and fantasy addict.

5 We admitted to god and to ourselves and to another human being the exact

nature of our wrongs.

When we admitted that we were wrong for mistreating and for being mean to the love and fantasy addict who is suffering we feel so bad where we might want to cry. When we admitted the nature of our wrongs when we hurt the love addict we might want to think of ways to treat the love and fantasy addict better.

We admit our wrongs we could pray to god and ask god to help us on how to treat the love addict better.

We admit the nature of our wrongs we could also go out to Sla anon meetings to learn how to deal with the love and fantasy addict who is bothering us better. We can even see a therapist to talk about how awful we felt when we were mean mistreating the love and fantasy addict for hurting them and being mean to them when the love and fantasy addict was very sick with their love and fantasy addiction.

We can also go online and look up some articles about their love and fantasy addiction and learn more about their person who we are bothered by's love and fantasy addiction.

We could even do research on how to help a love and fantasy addict who is suffering. And work on ourselves.

We also need to be forgiving towards ourselves for hurting the love and fantasy addict that we were bothered by yelling at the love and fantasy addict and by mistreating them. Because we did not know that the love and fantasy addict was sick with a love and fantasy addiction disease.

We can even go out the library and go online and try to find books about their love and fantasy addiction, so that we can learn more facts about their disease and realize that we should have not been cruel to the love and fantasy addict when they were suffering.

We have to remember that it will take time for the love and fantasy addict to recovery from their love and fantasy addiction. And that we have to be kinder, and more loving towards the love and fantasy addict, and to be patient with the love and fantasy addict while they are recovering from their love and fantasy addiction.

6 We are entirely ready to have god remove all our defects of character.

When we are ready to have god removes all these defects of character we have to have god remove our defect of character of being mean to the love and fantasy addict when we were saying mean comments about their love and fantasy addict. We have to remember that we when were mean and saying mean comments to the love and fantasy addict that their love and fantasy addiction had gotten worse and not better. And that when we were saying mean comments to the love and fantasy addict. It had made the love and fantasy addict act worse in their love and fantasy addict by wanting to go after the person who they were addicted too way more. That is why we need to let god remove that defect of character.

We also have to have god remove our defect of character of yelling and humiliating, and embarrassing the love and fantasy addict about their love and fantasy addiction in public. When we had did that we had made the love and fantasy addict feel so bad about being sick in their love and fantasy addiction, and we have tramatized the love and fantasy addict, and we had made their love addiction get worse and not better. We even made the love and fantasy addict very upset and made when we had humiliated and embarrassed them and had brought up the past to them in public. We have to remember that we have to be kind, loving, and understanding to the love and fantasy addict in order for them love and fantasy addict to get well from their love and fantasy addict. That is why we have to remove that defect of character.

We even have to remove the defect of character of judging the love and fantasy addict and of being so intolerant of the love and fantasy addict. We have to remember that its not okay to judge, and to be intolerant of a person who is very sick with love and fantasy addiction. And that it makes the person feel very bad when we are intolerant of them while they are suffering from a disease. It makes their love and fantasy addiction worse and not better. That is why we have to have god ready to move that defect of character.

7 We humbly asked god to remove our short comings.

We humbly asked god to remove our short comings to teach us how to be kind, loving and supportive to the love fanstasy addict that we are bothered

by if the love and fantasy addict comes back to our life. God teaches us to be kind to the love and fantasy addict by teaching us how to be sympathetic towards the love and fantasy addict that is still suffering from their love and fantasy addiction disease. We have to remember that the love and fantasy addict is struggling and is going through something very hard in their life and that is why the love and fantasy addict became a love and fantasy amuddict all along. That is how we asked god to remove that short coming.

8 We made a list of all persons that we have harmed and had become willing to make amends to them all.

We had made a list of the love and fantasy addict that we were bothered by that we had harmed them when they were sick with their love and fantasy addiction. We had made a list about how did I hurt the love and fantasy addict that I am bothered by. We think of a list about what can I do to make amends with the love and fantasy addict that I am bothered by. We think about what I can do on my life to help out the love and fantasy addict that I had hurt. How can i treat the love and fantasy addict so that this does not happen again? We have to put ourselves in the addict shoes to think about a time when someone had hurtled you during your and fantasy addiction and about how it felt like.

We were ready to make a list of the love fantasy addict that we had harmed when the love and fantasy addict was struggling in their addiction like you want my son who you knew for a very short time when you were 15 16 years old to be the father of your daughter. We have to make a list of that incident and get ready to apologize to the love and fantasy addict for saying that offensive comment to the girl who was the love and fantasy addict. Because when you said that comment it made her want to come after your son more. And it made her want to yell and hit you and come after you more because she is suffering from a love and fantasy addict. That is why you should put that amends of your list.

You should also make a list of a love addict that you had harmed by bringing up the past to them in public, and embarrassing them and humiliating them while they were very sick with their love and fantasy addiction. When you behave like that it makes that love and fantasy addict want to hurt you more and want to scream at you more, it makes them want to go after your child

that they are addicted to. Just like an angry, sad alcoholic who wants to go after their bottle of alcohol because they do not want to feel their pain about what they are going through in their life because they are hurting so much inside.

9 We made direct amends to such people whenever possible except when to do so would injure them or others.

We should make amends to the love addict that is suffering by going up to the love and fantasy addict in public if we run into them and by apologizing for hurting them while they were sick in their love and fantasy addiction and by comforting the love and fantasy addict t who is suffering with their illness of being and love and fantasy addict and by sympathizing with the love and fantasy addict, and by trying to help out the love and fantasy addict by spreading the message to get well.

We can even make amends to a love and fantasy addict that we have hurtled by praying so hard to god about it. And by praying in a distance that the love and fantasy addict is okay, and that the love and fantasy addict goes to sla meetings and gets the help that the love and fantasy addict needs to get past their love and fantasy addiction disease.

We can also go to the love and fantasy addict's relatives that passed way's grave site at the cemetery and talk to the love and fantasy addict dead relatives and cry to the love and fantasy addict's relatives about how sorry we were for hurting their love and fantasy addict in the family who was suffering from a love and fantasy addiction. And about how we did not know that their relative was suffering from a love and fantasy addiction until we had entered the rooms of Sla anon. And about what they would say if they ran into the love and fantasy addict that they were related too.

We can make amends to the love and fantasy addict that we have hurt by educating their relatives in the grave site that are dead about love and fantasy addiction and about how it's not their fault that their relative was a love and fantasy addict and that love and fantasy addiction is a disease that can get cured by going to sex and love addicts anonymous meetings. We can even educate the sex and love addict's family about Sla anon to make help make

amends to their living love and fantasy addict that you had hurtled.

You can also write a letter on paper to the love and fantasy addict about how sorry you are and about how you learned that they were a love and fantasy addict and that it's not their fault that they are sick with this love and fantasy disease. And you can be kind and loving and understanding in the letter making amends to the love and fantasy addict who's suffering that you have hurtled. You can also think of a time in your life when you were struggling and what you wanted someone to do for you when you were struggling which is to have compassion for the love and fantasy addict and to help the love and fantasy addict. You can add that part to your letter to make amends to the love and fantasy addict that is suffering. And then you can mail the letter to the love and fantasy addict who is suffering from the love and fantasy addiction disease.

10 We continued to take personal inventory and when we were wrong promptly admitted it.

When we took personal inventory and when we were wrong we promptly admitted that we were wrong for being so mean to the love and fantasy addict when the love and fantasy addict was very sick with their love and fantasy addiction. We were mean to the love and fantasy addict by saying negative comments to the love and fantasy addict, and by wishing the love and fantasy addict to go to jail when the love and fantasy addict was very sick with their love and fantasy addiction. When we did that and we knew that we were wrong and had promptly admitted it we had cried with tears in our eyes because we had felt so bad about the way that we had treated the love and fantasy addict because we had went to sla anon meetings and had realized that the love and fantasy addict where very sick with a love and fantasy addiction that was not their fault and that the love and fantasy addict was going through a very hard time in their life.

We also took inventory that we were wrong for humiliating and for embarrassing the love and fantasy addict in public. Because we had realized that when we had treated the love and fantasy addict like that in public it had made that love and fantasy addict feel so bad about being sick with a love and fantasy addiction that the love and fantasy addict had started to cry. It had even made the love and fantasy addict want to come after us more, and

want to act out more in their love and fantasy addiction because we had made the love and fantasy addict traumatized and when had humiliated the love and fantasy addict in public in front of everyone about their love and fantasy addiction.

11 We sought through prayer and meditation to improve our conscious contact with god as we understood god praying for god will for us and the power to carry that out.

I sought through prayer and meditation with god's help for gods will to carry every out. By crying to god that i feel so awful that i had traded the love and fantasy addict so badly that they now want to go and harass my son because they are addicted to my son like drugs. I sought through prayer and meditation to god that the only way that the poor girl who is a love and fantasy addict will leave my son alone is if I am much nicer to the girl and if I have sympathy for the girl.

I sought through prayers and meditation to god for gods will realizing that the girl was addicted to my son like drugs by harassing my son because the girl was a very sad and lonely girl who was going through a very hard time in her life.

I sought through prayer and meditation for gods will to please let me see this girl so that I can apologize to the girl for hurting her so badly before I had learned that the girl was very sick with a disease called being a love and fantasy addict.

12 Having had a spiritual awakening of the result of these steps we tried to carry the message to others and to practice these principles in all our affairs.

We can carry out the message to help out other people who are bothered by their love and fantasy addict by teaching them the message that it is not their fault that the person that they knew was a love and fantasy addict, and that love and fantasy addiction is a disease just like alcoholism, and drug abuse is. And that we cannot force the love and fantasy addict to get well and that the love and fantasy addict has to get well. And that it is none of our business if the love and fantasy addict is still in their love and fantasy addiction. And that the love and fantasy addict has to want to choose to get well and better from their love and fantasy addict. We cannot force the love

and fantasy addict to get better from their love and fantasy addiction. The love and fantasy addict has to be the person to want to get well.

We can also carry the message to others to pray, and to forgive the love and fantasy addict who is still suffering because they are very sick with a disease. We can also carry the message to other people who are bothered by love and fantasy addicts by teaching them facts about the love and fantasy addicts love and fantasy addiction. And by teaching the person who to deal with the love and fantasy addict who is still suffering with their love and fantasy addiction. We can even teach the person facts about someone's love and fantasy addiction, and about what it is like being the struggling love and fantasy addict. And about what causes someone to become a love and fantasy addict.

We can even carry the message to others by showing them and by teaching other people how to be kind, and love, and patient, and understanding with the love and fantasy addict. And by teaching the person that it is not their fault that the person became a love and fantasy addict. We can even teach the person not to judge the love and fantasy addict, and not to defend the love and fantasy addict, and not to be a door mat, and protect the love and fantasy addict to other people and to make the love and fantasy addict learn the hard way out from their actions from being and love and fantasy addict.

We can even teach other people how to think about times in our lives when we were struggling. And to tell other people that the love and fantasy addict is in their love and fantasy addiction because the love and fantasy addict is struggling with something going on in their lives and that the love and fantasy addict needs us to be there for them to help them comfort from the pain.

When you see the love and fantasy addict you have to think what is a time in my life when I was struggling with something. What did I want someone to do for me when I was struggling? Which is to help me and to support me and to comfort me through a time when I was struggling. When you wanted help and comfort when you were struggling do the exact same strategies for the love and fantasy addict who is still suffering from their love and fantasy addiction.

Chapter 6 detachment. Detachment Is Letting Go of Someone Else's love

and fantasy Addiction

Detaching can be difficult but is important for your own well-being

For friends and family of a person dealing with a love and fantasy [addiction](#), detachment can be a difficult concept to grasp. In the context of the Sla-Anon program, "detach with love" is the idea that the person bothered by the love and fantasy addict has to let go of their loved one's problem. It gives you permission to let them experience any consequences associated with their love fantasy addiction use and focus on your own health and well-being.

The Importance of Detachment

If you've dealt with someone's [progressive](#) love and fantasy addiction problem, it might be hard to imagine finding happiness while the substance misuse continues. This is especially true when you have tried everything possible to keep the situation from growing worse.

The stress and exhaustion associated with caring for someone with an addiction can be overwhelming. It may lead to anxiety, depression, and unhealthy behaviors or unsafe living conditions for your family.

The reality of [living with](#) love fantasy addiction or other addiction usually often means dealing with one crisis after another. While you may feel like you're constantly in rescue mode, learning to detach relieves you of the responsibility to protect them.

Those who take part in Sla-Anon long enough come to realize that detachment is important for the person bothered by the love and fantasy addict's emotional well-being. It also helps you understand that there is no way for you to control the addiction.

[What is Sla-Anon?](#)

Kind nor Unkind

As the Sla-Anon literature says,

"Detachment is neither kind nor unkind. It does not imply judgment or condemnation of the person or situation from which we are detaching. It is simply a means that allows us to separate ourselves from the adverse effects that another person's alcoholism can have upon our lives."

Detachment does not mean you stop loving the person and it doesn't mean physically leaving (unless you feel the need).

Instead, it demonstrates that you don't like or approve of their behavior. It is stepping back from all the problems associated with addiction and stopping any attempts to solve them. You still care, but it is best for everyone involved if you take care of yourself first.

Many times, family members find that they have become too involved with the addictive behavior. The [Sla-Anon program](#) teaches people to "put the focus on ourselves" and not on the person with alcoholism or on anyone else. This is done through a number of key points that members pick up in meetings:

- Avoid the suffering caused by someone else's actions.
- Don't allow yourself to be abused or misused during recovery.
- Avoid doing things for them that they can do.
- Don't use manipulation to change their behaviors.
- Don't cover up their mistakes.
- Avoid creating or preventing a crisis, especially if it's inevitable and may be the wake-up call they need.

For example, if your family member shows up for work late or missing it entirely becomes a habit, detachment teaches you that it's not your responsibility to cover for them. It also applies to making excuses and trying to fix situations, as well as avoiding arguments.

By putting the focus back on yourself, you protect yourself from the abusive behavior and [stop enabling](#) it. It's a way of taking some of the power away from them so they're not able to manipulate you.

[How to Stop Enabling](#)

Ideally, detaching from this person will help them see how their negative behavior affects everyone around them. As Sla-Anon and Sex and love addicts anonymous teach, it's important to have the wisdom to know the difference between the things you can and can't change.

Does It Really Help?

When you're considering detachment, you might be concerned about what happens to your loved one after you detach yourself from them. Maybe you think all of the things you did over these years to "help" that will be wasted. Or, you might have fears about what crisis—jail, hospitalization, death, etc.—may be next.

Your concerns are valid and show your love and dedication to a person dealing with addiction. However, you have to put yourself and your family—especially if that family includes children—first.

As Sla-Anon teaches, "Detachment helps families look at their situations realistically and objectively, thereby making intelligent decisions possible." Al-Anon members also learn that no individual is responsible for another person's disease or recovery from it.

This is very difficult and, on the clearheaded side of addiction, you probably know what should or should not happen, but this logic may be lost to the person with the disease. They need to want to change themselves and find the help needed to do that.

Your goal is to be there when they do need you and to be mentally, emotionally, and spiritually strong when they're ready for recovery. When you learn to detach, you can find relief from much of the pain, stress, and anxiety, and realize that you deserve to treat yourself right.

This will not happen overnight. It requires time, a lot of patience and love, and support to help you along the way. As they say in the program, "It's simple, but it isn't easy." You don't have to do it alone.

A Word from Very well

There is probably a Sla-Anon Family Group meeting nearby where you will find people who understand what you're going through. It's by no means an easy process to detach from a loved one with an addiction, so don't try to go it alone. By sharing your experience with others who have been there, you can find strength and hope to help you better deal with the situation. When you detach yourself from the love and fantasy addict you are learning how to

live and stress free, peaceful and happy life. Where you do not have to worry about the love and fantasy addict that is bothering you because you have learned how to forgive and forget the love addict.

When you detach yourself from the love and fantasy addict that is bothering you. You are able to separate yourself from the love addict that is bothering you and you are able to focus on yourself and on taking the best care of yourself that you can do. And you can also learn how to best the best parents that you can possibly be away from you love and fantasy addict that is bothering you when you detach yourself from the love and fantasy addict that is bothering you. You can also learn how to work on yourself and find your strengths and weaknesses by dethatching yourself from the love and fantasy addict that is bothering you.

You can also explore and learn some new things while you are dethatching yourself from the love and fantasy addict that is bothering you. You can learn how to ride a bike, how to sew clothing by watching a video on the computer. You can also learn how to do an art project on the computer.

You can learn how to be a better runner, and about how to be a better person to other people.

You can even teach who to be a nicer and kinder person. You can even learn how to help out other people and how to be of service to other people in a good way when you are dethatching yourself from the love and fantasy addict that is bothering you.

You can also detach yourself from the love and fantasy addict that is bothering you by finding some fun, recreation and hippies in the area that you like to do. Like going out for a swim, going to the park and playing on the swing, and going to the beach and jumping on the waves. And going to the mall and looking at stuff are your favorite store.

You can even detach yourself from you love and fantasy addict by going to the library and by reading your favorite books, and by looking at your favorite magazine so that you can detach yourself from the love and fantasy addict that is bothering you.

Chapter 7 Enabling.

What Is Enabling?

Enabling is defined as doing things for a person who is m that they normally could and would do for themselves if they were sober. In contrast, helping is doing something that the alcoholic could not or would not do for themselves if sober. Helping does not protect an individual from the consequences of their actions.

Anything that you do that does protect the alcoholic or addict from the consequences of his or her actions, could be enabling him to delay a decision to get help for their problem. It's in their best interest if you stop whatever you are doing to enable them. Enabling is not helping.

10 Things to Stop Doing If You Love an Alcoholic

How to Stop Enabling the Love Fantasy addicts Misuse

You may realize at this point that you have been enabling your loved one with love fantasy addiction (though you probably thought you were helping) and wonder how to change. In a way, learning to stop enabling another person's love fantasy addiction misuse can be very empowering.

It may be helpful to remember that you can't change other people but you can change your behaviors and reactions towards those people. Here are several practical ways in which you can stop being an enabler today.

Do

- Support for recovery efforts
- Set boundaries
- Let the alcoholic deal with consequences

Don't

- Make excuses for the alcoholic
 - Take over personal responsibilities Save from legal consequences
- Stop Actions That Allow the Behavior to Continue
- Are you working and paying some of the bills that the love fantasy addict would be paying if they hadn't lost their job or missed time from work due to being a love fantasy addict? Or are you providing food and shelter for this person?

If so, you could be enabling. You are providing them with a "safety net" that allows them to lose or skip their job with no real consequences.

Don't Do Things They Can Do Themselves

If the person with a love fantasy addiction use problem has lost their license, giving them a ride to a Sla meeting or job interview is helping because that is something they cannot do for themselves. These are things the person cannot do on their own, so helping them can be a way of supporting their recovery efforts.

On the other hand, looking up the schedule of meetings in the area, researching the requirements for getting their license back, or searching the classified ads for employment opportunities are examples of enabling. These are all things that people should be doing for themselves.

Stop Making Excuses

Have you ever had this conversation: "Sorry, they can't come into work today, they've picked up some kind of flu bug?" when in fact they are too hangover to go to work? That conversation is enabling because it is allowing the alcoholic to avoid the consequences of his actions.

You might say, "But, they could lose their job!" Losing their job might just be the thing that needs to happen for them to decide to get help.

Do Not Take Over Responsibilities

Are you doing some of the chores around the house that the person with the love fantasy addiction used to do? Have you taken on parenting responsibilities with your children that the two of you used to share?

If you are doing anything that the love fantasy addict would be doing if they were sober, you are in a way enabling them to avoid their responsibilities.

What You Should Know About Enabling a [Love Fantasy Addict](#)

Do Not Loan Money

If you are providing money to someone with a love fantasy addiction for any reason, you might as well support their love fantasy addiction. And yes supporting the person's love fantasy addiction is problem is enabling. That's what you are ultimately doing if you give someone money, no matter what they say they plan to do with the cash.

Don't Rescue Them from Legal Trouble

Rushing in to rescue someone may satisfy some personal desire you have to feel "needed," but it doesn't really help the situation. It only enables the love fantasy addict to avoid the consequences of their actions.

In Sla-Anon, they call it "putting pillows under them" so that they never feel the pain of their mistakes.

Do Not Scold, Argue, or Plead

You may think that when you are scolding or berating a person for their latest episode, it is anything but enabling, but it actually could be. If the only consequence that they experience for their actions is a little "verbal spanking" from someone who cares about them, they can slide by without facing any significant consequences.

Do Not React

Avoid reacting to their latest misadventures. If you say or do something negative in response to the other person's latest mistake, then they can react to your reaction. If you remain quiet, or if you go on with your life as if nothing has happened, then they are left with nothing to respond to except their own actions.

If you react negatively, you are giving them an emotional out. Stay calm and avoid blowing up or having an emotional reaction to the situation.

Do Not Try to support their love fantasy addiction.

It is not uncommon for family members to feel abandoned by their loved ones because of their love fantasy addiction. One reaction that some people have is to try to become part of their world again by drinking with the person who has a love fantasy addiction problem. It rarely works. The individual's relationship with love fantasy addiction is powerful. "Normal drinkers" can rarely keep up.

Set Boundaries and Stick to Them

Saying, "If you don't quit being a love fantasy addiction, I will leave!" is an ultimatum and a threat, but saying, "I will not have a love fantasy addict in my home" is setting a boundary. You can't control whether someone quits

being a love fantasy addict or not, but you can decide what kind of behavior you will accept or not accept in your life.

Explain Your Boundaries

One thing that members of Sla-Anon learn is that they no longer have to accept unacceptable behavior in their lives. You may not be able to control the behavior of someone else, but you do have choices when it comes to what you find unacceptable.

Setting boundaries is something that you do for your benefit, not to try to control another person's behavior. In order to effectively do this, it's helpful to detach to some degree. [Detaching](#) is letting go of another person's love fantasy addiction problem and allows you to more objectively look at the situation.

When you are dealing with a love and fantasy addict you should not enable the love and fantasy addict that is bothering you. You should make the love and fantasy addict learn the hard way for their actions of being a love and fantasy addict.

Enabling is paying the bills for the love and fantasy addict. Bailing the love and fantasy addict out of jail and giving the love and fantasy addict money. Enabling is also checking on the love and fantasy addict and to encourage them to be in their love and fantasy addiction.

In sla anon we learn that it is never okay to enable a love and fantasy addict and that the love and fantasy addict has to learn the hard way out of the being love and fantasy addict and for destroying other innocent people's lives when they were in their love and fantasy addiction.

Enabling is also buying the love and fantasy addict gifts and by convincing the love and fantasy addict that it is okay to be a love and fantasy addict and that it is okay to use other people like drugs.

When we stop enabling the love and fantasy addict that is bothering us we are helping the love and fantasy addict learn the hard way out and teaching the love and fantasy addict that we cannot help them when they are very sick in their love and fantasy addiction and that they have to be able to help themselves with their love and fantasy addiction. And that if they help themselves with their love and fantasy addiction that god will take care of them and help them get past their love and fantasy addiction disease that they were suffering with for years.

Chapter 8 let go and let god deal with the love fantasy addict that you are bothered by.

Let Go And Let God---Sla-Anon Slogan

I chaired the meeting for my sla-Anon group last night. It has been over ten years since I chaired a meeting. I took a break from meetings and learned to live what I had learned. I only recently returned to Sla-Anon meetings because a friend asked me to accompany her to them.

I couldn't decide what to do the meeting on so I called my friend and asked what she, as a new-comer to Sla-Anon, needed the meeting to be about. She said, "Let Go and Let God." This is one of the many slogans that we learn and use in Sla-Anon.

I started the meeting with the following reading from Hope for Today, Sla-ANON FAMILY GROUPS, 2002, page 320:

"When I heard 'Let Go and Let God' for the first time, it didn't make sense to me. Let go of what? And let God do what? The little I did understand was the futility of my efforts to try to control other people, places, and things. Sla-Anon told me I could turn my attention to monitoring myself and my reactions.

I let go of other people and I began to feel some relief. I let go of what others said or didn't say, and what they did or didn't do. I let go of my expectations. I no longer felt a need to be a people-pleaser. As I let go, I found I lived more harmoniously with myself and with others. I began to take more responsibility for myself. I figured if I could accept myself, I could accept other people too.

I let go of outcomes. It was okay if things didn't go the way I envisioned. Sometimes the results were better than I anticipated. It was no longer important that others read from the script that my expectations had written.

As I let go, I learned I could let God. 'Letting God' doesn't mean I abdicate my responsibilities. In fact, I become more accountable for myself. 'Letting God' indicates that I accept my imperfections and grow toward the person I dream I can be. 'Letting go and letting God' means I can enjoy being responsible for what is rightfully mine and leave the rest to God.

Thought for the Day

'Let go' comes before 'let God' for a reason. I can't expect God to do anything if I am still holding onto my problem.

'When we put this slogan to work, we get out of the way.'

How Sla-Anon Works for Families & Friends of Love Fantasy addicts, p. 76"

I could not have found a better reading to explain this slogan, "Let Go and Let God". The above reading says it all.

"Let Go and Let God" is not about enabling yourself to continue in the victim mode. When I first heard the word surrender, which is used a lot with Let Go and Let God, I thought to myself, "I will not be a doormat like my mother was to my father. I will not let someone else tell me what to say, do and think like my dad did when I was a child." I was in open rebellion to this idea until I began to understand the concept as expressed in the reading above.

Growing up with incest and a father that was a dictator who controlled

everything and everybody in my family, I learned from an expert on being controlling. I was in Sla-Anon for a few years before I realized that I had become my dad in trying to control. Notice that I said "trying to control."

Control is an illusion. What I realized was that the more I tried to control everything, the more out of control I became. I could not have imagined the freedom that came when I let go and Let God and stopped trying to control my world.

You only see the person that I am today. I hope by giving you glimpses of who I was that maybe you will learn from my experiences and not have to do the same thing in your own life. I know that some of you will make the decision to face the same challenges and have the same lessons to learn from those challenges that I did. Some of you will travel down that very same road. I can't and shouldn't try to stop you from doing just that, no matter how painful I know it will be for you. This is especially hard to do if it is my child that I see traveling down this road.

Well, today, I can Let Go and Let God and Let You. I couldn't always do that. I wanted to fix you and your problems so that I wouldn't have to look at my own. Today, I know it isn't my responsibility to fix anyone else. I am doing an injustice to you if I try. Today, I can say, "Have a glorious day, unless you choose to do otherwise." and mean it. What you do with your life is your choice. Today, I choose to Let Go and Let God. How about you?

We can let go and let god take care of the love and fantasy addict by praying to god every day to help us separate ourselves from the love and fantasy addiction who is bothering us every day in our lives.

We can even let go and let god take care of the love and fantasy addict that we are bothered by and make sure that the love and fantasy addict who we

are bothered but is okay and that the love and fantasy addict is living a good and happy life and that the love and fantasy addict is okay.

We can even let go and let god help us with the pain that we have suffered from dealing with the love and fantasy addict that is bothering us. When we let go and let god we are becoming much stronger people that are able to work on our own lives and own needs.

When we let go and let god we are able to learn what our own strengths are and about what we love to do for fun.

Letting go helps make us become a much stronger person who wants to go out of their way and help out other people who are suffering from being a love and fantasy addict. Letting go and letting god is also having god take care of the love and fantasy addict for us so that our lives become much easier and weigh less stressful. And god will teach us how to live happy and peaceful lives when we let go and let god take care of the love and fantasy addict that is bothering.

When we let go and let god we are letting god take care of the love and fantasy addict that is bothering us. By making sure that the love and fantasy addict that is bothering us is okay. God wants us to let go of the love and fantasy addict so that we can live happy and peaceful and a life filled with joy and laughter and free of stress from the love and fantasy addict that is bothering us in our lives so much.

Chi 9 learning to detach ourselves from the addict.

One day I was taking a walk down my most favorite street to let go of the pain from my love and fantasy addict who was bothering me and upsetting me from their love and fantasy addiction. I was so unsure about what to do, so that I decided to let go and ask god, and higher power for help, and so I did.

God and higher power taught me how to believe in living at the moment to help me let go of the pain from the love and fantasy addict in my life who

was bothering me and causing me so much aggravation and pain.

My higher power taught me the serenity prayer that I could not control the love and fantasy addict that I knew who was bothering me. And that the only thing that I could control was myself and my reaction towards the love and fantasy addict. I had to learn that that love and fantasy addiction was a disease like alcoholism, and like drug addiction and that only my higher power could help out the person that I knew who had a love and fantasy addiction problem.

Personal Stories.

Survive into hope.

Hi my name is Auna and i was bothered by two love and fantasy addicts in my life my cousin , and my abusive Ex . Here is how my story goes that brought me into the rooms of sla anon when i was bothered by their love and fantasy addiction and the story of mine's that had helped me survive into hope to go out and to help others who were bothered by other people's love and fantasy addictions.

I remember meeting my abusive ex at the bus stop. I remember my abusive ex talking to me. And asking me basic question ns like where are you going?? And had told me about where he was going. I learned through the rooms of Sla anon that my abusive ex was a love and fantasy addict because my abusive ex Yurem Farokhazadeh had asked me if i wanted him to walk me home which was so not okay. You never take a girl who you do not know that you have just met off the bus and offer to walk her home when you do not know the girl. That is a form of dangerous behavior and a form of being a love and fantasy addict.

The first time I had met up with my abusive ex after meeting my abusive ex the next Saturday afternoon. He came up to me and had asked me to touch him and to kiss him a couple of times on the lips when he did not know me that well and was emotionally attached to me without knowing me and was putting magical qualities to me that were not there because he did not know me. Which was not a cool thing that you should eve do with a girl that you have just met.

When I and my abusive ex were at the West Side Pavilion mall in Los

Angeles in Westwood my abusive ex said to me while he was treating me to Chinese food for 10 dollars at the mall. I want to buy a blue pen to match your beautiful blue eyes. You also do not say that comment to a girl who you just met who you do not know. He was obviously a love and fantasy addict. While I was exploring Sla anon. I went onto the inspiration line and heard of a women in recovery from being a love addict who had to reject a guy because he was doing very similar stuff that my abusive ex was doing to me.

The difference was that the guy who did this love fantasy addiction behaviors to the women on the inspiration line was a normal guy who was not disabled. The guy who did similar stuff to me my abusive ex had suffered from mild retardation. Even through my abusive ex had suffered from mild retardation gave him no right to be a love fantasy addict and force himself at me like I was his little object.

I learned through the rooms of Sla anon that my abusive ex was very sick with a disease called being a love and fantasy addict. And I learned that the reason why my abusive ex became a love and fantasy addict was because his mother and the regional center were psychologically and verbally abusive he and he was in so much emotional pain from the negative disabled abuse from his birth mother and from the regional center that he did not know how to cope. My abusive ex had suffered from a mild retardation and the regional center had played along with his verbally abusive negative birth mother of a pig and had forced him to have care takers live with him Sunday thru Thursday five days a week at the apartment and stay overnight and watch him like crazy. His mother had the care takers help him cook and clean and made him look like he could not take care of himself with his mild retardation when he could. That is why my abusive ex became a huge love and fantasy addict.

I had felt so sad that my abusive ex was so sick with this love and fantasy addiction and i had wanted to help out my abusive ex. I had learned though the rooms of sla anon that i could not help out my abusive ex and call my abusive ex over the phone and text my abusive ex and mail my abusive ex letters, and Facebook my abusive ex. Because my abusive ex was very sick with a love and fantasy addiction.

And that if I had went out of my way to call and contact my abusive ex to get him help. Like referring my abusive ex to sex and love addicts anonymous phone, meetings, mailing my abusive ex literature, and readings about his love and fantasy issue and about what causes his love and fantasy issue.

I learned that I could not go out of my way to help out my abusive ex with his love and fantasy addiction because if i did go out of my way. My abusive ex will lie and pretend that he does not have a love and fantasy addiction when he does. My abusive ex is just like a drug addict and like an alcoholic. Usually when you are dealing with a drug addict they will lie and hide the drugs from you and when you are dealing with an alcoholic they will hide the bottles of alcohol from you to show that they are not using. When you are dealing with a love and fantasy addict they will hide the people that they are using like drugs, and then they will lie to you about it. The love and fantasy addict will try as hard as they can like an alcoholic and a drug addict and they will try to call the police on you and try to turn the tables on you to get you in trouble with the law.

That is why i could not help out my abusive ex. I realized that the only thing that i could do was to call up the regional center after hours service and to certify mail some sla anon readings, and literature, and phone meetings list so that they could learn some more information about their clients disease. And to mail some sex and love addict's anonymous readings, literature, and some phone meetings list, so that they could send their client to sex and love addicts anonymous to get some more help.

I had learned through the rooms of Sla anon that my cousin was also suffering from a love and fantasy addiction. My cousin was involved with a guy who was a criminal who was fading money from other people, and who had called her family and had left them some very mean, and scary, and thronging voice mails to her family.

My cousin was so scared of her sister's boyfriend that she was living with that he had to buy a guy to protect himself from the guy.

My cousin was putting magical quails to her boyfriend. Like he is such and loving and kind guy, and that we are from the same religion. And that he loves me. My cousin my cousin was immobilized by romantic fantasies of

her boyfriend that were not true, and she was emotionally attached to the guy without knowing him, used him as her emotional contact, and was putting herself in a destructive, painful relationship with the boyfriend.

I learned through that rooms in Sla anon that i could not enable my cousin My cousin who is love and fantasy addict by going to her wedding to her boyfriend in Mexico.

I learned through the rooms of Sla anon that my cousin had to learn the hard way for being a love and fantasy addict and by assigning magical qualities to a guy who she does not know who is a criminal and a fraud and who threatened her family through voice messages.

I also learned through the rooms of Sla anon that I could not go out of my way for my cousin until the day that my cousin cries to me that she wants my help. If my cousin wants my help then I can help my cousin overcome her love addiction to her abusive boyfriend.

Sla anon had saved my life today and I would not know where I would be if it was not for the rooms of Sla anon. I promise you today not to give up because there is always hope for you to live a happy, and peaceful life away from the love and fantasy addict who is bothering you. Don't you just love it when a plan works that is my story and I am sticking to it.

Living in Peace

My name is

Alice and Sla anon had saved my life dealing with my daughter who is a suffering sex and love fantasy addict. My daughter was a very sweet, kind hard working student growing up in school. My daughter had gotten straight a's and tassel gold. My daughter was so smart that she had lived away from home and had gotten accepted into university.

When my daughter was growing up since the age of 12 my daughter Adina became and love and fantasy addict when she was in middle school. My daughter was fearing so much emotional deprivation that she was having one relationship after another from middle school until she was 30 years old. She would put magical qualities to the guys that she would meet without knowing them. And she would feel empty and complete and use the guys as

her emotional contacts.

I even learned that my daughter was a sex addict also. My daughter went behind my back and had sex with her ex-boyfriend and was pregnant 2 times when she was in her 20's and had went over to the doctor's office to get in abortion two times. And my daughter had hid the sex with her boyfriend, and her two unwanted pregnancies where she got an abortion from me. When my daughter left the house i had found that information in her room down stairs in my mention and it was very disturbing. And my sister's daughter was very upset because if the baby was a girl. My sister's daughter wanted to name the baby Auna Jr and keep it. And she knew that it was wrong because there are so many people like her who want kids and who cannot have kids and that adoption is a very beautiful gift. Alice and Auna were both so mad at Alice's daughter for what she did that they did not talk so Alice's daughter for for months, and made her learn the hard way out through her actions.

One day Auna had saved Alice's life. Auna had told Alice about the rooms and the support groups of the Sla anon family support group. A support group that helps people deal with the person who is bothered by a love and fantasy addict.

Alice was very open minded about trying the rooms of sla anon to help her deal with her daughter's love and fantasy addiction.

So the next week Alice had met up with Auna over the phone for the Thursday five fifth teen Sla anon meeting. Which had taught Alice how to deal with her daughter who was a suffering love and fantasy addict who was addicted to a guy who was a liar, a fraud and a criminal who had threatened her family over the phone.

Alice had learned through the Thursday night Sla anon meeting. That he daughter was very sick with a disease which was called being a love and fantasy addict. Alice had learned through the Thursday night meeting and with the words through her sister's daughter Auna that love and fantasy addiction is a disease and that she cannot be mad at her daughter for being a love and fantasy addict. And that all she could do was to pray for her daughter to get well from her love and fantasy addiction, and to forgive her daughter for all of the horrible things that she had did while she was very

sick with her love and fantasy addiction.

Alice had learned through the Thursday sla anon family group support group that she could not check on her daughter, and that she could not enable her daughter by going to the wedding. And that she could not be mad at her daughter because she was very sick with a disease. And that she could not judge, and criticize her daughter for being a love and fantasy addict because it is not her fault that her daughter is a love and fantasy addict. And that she had to forgive and forget about her daughter so that she could live and happy and peaceful life in peace, and a stress free life.

Alice learned that it is her daughter's business if she wants to be a love fantasy addict, and that he cannot stop her daughter from being a love and fantasy addict. And that Alice had to let go and let god take care of her daughter who was a love and fantasy addict. And that she was going to be strong and fight the journey to let her daughter go until the day she realizes that she is very sick with a love and fantasy addiction and needs help.

Alice was so grateful that she got to know her sister's daughter Auna because if it was not for Auna being the hero telling Alice all about the rooms of sla anon Emily would have not known what to do about her daughter Adina's love and fantasy addiction disease. And Alice would have not known that her daughter was suffering from a disease from her father's abuse growing up like when her father was criticizing her clothing, and pushed her to get good grades.

I am grateful to aunt every day for referring me to the rooms of Sla anon to help me learn that my daughter is very sick with a love and fantasy addiction disease.

My Autistic daughter.

My name is Kim and I have a daughter named aunt I feel so bad because my daughter aunt kept calling me abusive all her life. And had fell into a major depression in the fifth grade, and in the sixth grade, and in the 9th grade. Her depression was so bad that she choose to leave high school a year early in the 11th grade at 16 years old, and had went to her awards night and had gotten a 3.6 gap. No matter how upset aunt was i did one good thing right in my life with my Auna's grandfather . We had both taught Auna all about

how to get straight a's and succeed in school. And had pushed Auna's running to get faster where Auna had performed at Pierce college in front of a bunch of people at pierce college where she had metaled 7th place in the top ten runners at the west side division in order to make it to the city finals to run for the city of los Angeles where she got a badge inviting her to a party to join all the hard core runners of the city of los Angeles. My daughter aunt was a huge pusher. And was a very brave girl no matter how hard Michael hurtled Auna in the 11th grade she pushed to get a 3.6 and to make it to the city finals in the 11th grade, and to get a ribbon for honorable mention at the die de los metros fair when she was in the 11th grade.

Even though my daughter Auna had so much success in the 11th grade and high school she skipped a grade and left high school early because she was very upset that she only had 2 years of Spanish, and 2 years of cross country races where she made it to the city finals in the 11th grade. It was because she was forced into a social skills class when she was in the 9th grade, and had her 15 minute breaks taken away from her in the 9th grade for hygiene checks where the teacher Ms. Laura Lemmo said that if she did not lose her 15 min breaks for hygiene checks that she would have a one to one aid. And the therapist was following Auna around and made Auna cry so hard, that she was having thoughts of wanting to commit suicide.

Because of all of the disabled abuse that was going on my daughter became a love and fantasy addict when she was 14 years old in the 9th grade. She was going from one relationship after another, sometimes having more than one emotional liaison at a time and putting magical qualities to these guys, fearing abandonment, and lonely ness from her disabled abuse from the autism to use these guys as her emotional contacts, and had used emotional evolvment to control the guys, and was becoming emotional attached to the guys without knowing them, and attached to the guys when they were emotionally unavailable. Marjorie realized that her daughter Auna became a love and fantasy addict to deal with and to help her cope with the pain that she had to go through growing up. Instead of wanting to find alcohol or drugs she was using guys as her little alcohol bottle and as her bottle of

drugs as medicine to help her cope with the pain. Whenever Auna saw a guy that she had loved she would get so hyper that she would use them as drugs.

Kim noticed that when her daughter Auna was in her love and fantasy addiction that she would lie so much to her and cover things up. Kim did not know that her daughter Auna was very sick with a love and fantasy addiction disease until her daughter's aunt had educated her birth mother about it when Auna was twenty five years old and was forced into the rooms of SLA ANON by her job because she had almost got fired from her job, and had almost lost so much money, and had almost lost her town house, and her opportunity to work for sex and love addicts anonymous and to buy a house in San Antonio Texas, and to start her nonprofit SLA ANON for support groups all over the world called SLA ANON to help out people who were bothered by love addicts. I just how Kim was bothered by her daughter Auna's and love and fantasy addiction.

Kim did not know that aunt was sick with this love and fantasy addict until Auna taught her about it when she was 25 years old. Until then Marjorie did not know how to deal with Auna and so did the regional center.

Whenever Kim saw her daughter Auna struggling with her love and fantasy addiction she would call up the police and the police would put Auna in the mental hospital for being a danger to others.

When Auna had gotten out of the hospital the regional center would force more services on Auna that would make her love and fantasy addiction not better. It would make her love and fantasy addiction much worse, because it would make Auna feel very traumatized.

When Auna had went into that rooms of SLA ANON at age 25 Auna had taught Kim that she was very sick with a love and fantasy addiction and that love and fantasy addiction is a disease. And that she should pray for Auna and forgive me for all of the things that Auna was doing when Auna was sick with a love and fantasy addiction.

SLA ANON had saved Kim's life every day with dealing with her daughter Auna Pines' love and fantasy addiction. I just want you to know that there is always hope at the end of the tunnel and not to give up.

Fighting for light

Hi my name is Finn Auna who is my qualifier the love and fantasy addict who I am bothered by. I had met Auna at the mall when i had went to pick up Auna with my son Matty.

Auna had loved my son Matty so much. Auna was becoming emotionally attached to my son Matty without knowing him because Auna had very few healthy boundaries. Auna was also assigning Magical qualities to my son Matty that we not there like Matty is the best guy in the world, and that Matty is superman and that Matty is going to save me from all of the worst things.

Auna was also emotionally attached to my son Matty when he was emotionally unavailable. My son Matty was emotionally unavailable to Auna because my son Matty had only wanted to be friends with Auna because my son Matty was interested in looking for another girl to marry and not Auna. Matty only wanted to be Acuna's friend. And Auna wanted more than that. And Matty could not get what aunt had wanted from him. Auna would using her emotional involvement to manipulate and to control Matty . Auna was also assigning magical qualities to my son Michael like I love Matty so much and that Matty is going to be the father of my daughter Auna Jr., and that me and Matty are going to get married and that Michael is going to be exclusive and dump his girlfriend Shantel for me. And when Matty did not meet Acuna's fantasy's and expectations Auna would blame Matty like it's all Matty 's fault by sending Matty angry emails.

Matty had gotten so scared by Auna angry emails that my son Matty could not take any more of aura's phone calls and emails.

My son Matty had told me some disturbing news that Auna had sent to him a very disturbing email and phone message that she had wanted to commit suicide. Because of it my son Michael decided to forgive aunt but not be her friend, and take her phone calls and emails because of it.

Auna was so upset and so hurt that my son Matty did not want her that she would go and call Matty nonstop and leave Matty tons of voice mails on his phone. I was so upset by Auna's behaviors with my son Matty. That i had spoken with Michael about possibly getting a restraining order against

Auna.

I remember yelling at Auna and humiliating Auna about her going after my son Matty. Auna would get so mad and so upset with me that Auna would scream at me on top of her lungs and say go to hell you son of a bitch for taking Matty away from me. It's all your fault that Matty will not be the father of my daughter Auna Jr. And that I will be raising Auna Jr. All Alone now. I wish you to rot in hell every single god dam day for what you did.

When Auna had reached 25 years old in December a huge miracle happened after 10 years of sexually harassing my son Matty Auna had finally left Matty alone and had realized that she was very sick with a disease called being a love and fantasy addict.

I have never heard of that disease called a love and fantasy addiction before.

Auna had face booked me almost every day on my Facebook and had taught me about her love and fantasy addiction illness.

Auna had taught me about how I should forgive her for all the mistakes that she had made with my son Matty when she was very sick with her love and fantasy addiction. And that i should pray for her to get well from her love and fantasy addiction. Auna even taught me to never yell, embarrass and humiliate her in public.

Auna even taught me to have sympathy for her and not to judge her because she is very sick with a love and fantasy addiction.

Auna had introduced me into the rooms of Sla anon and I had loved the ideas of being in the rooms of Sla anon to learn some more facts about Auna's love and fantasy addiction. I had never knew that Auna was very sick with a love and fantasy addiction until Auna had told me and had taught me about her love and fantasy addiction.

I learned that if I ever run into Auna by addicting in my life to be nicer and kinder to Auna and to be the cheerleader on the cheer squad team to help Auna stay clean and sober from her love and fantasy addiction to help her leave my son michael alone and to stay clean from using with my son michael in her love and fantasy addiction.

The rooms of Sla anon had saved my life so much with dealing with

Acuna's love and fantasy addiction. And with letting go of my anger from aura's love and fantasy addiction. That i highly advice you to try it.

I want you guys to know not to give up on the love fantasy addict that is bothering you because there is always going to be hope at the end of the tunnel and to keep coming back to sla anon because it does work if you work it. Bye for now.

Understanding the love fantasy addict.

My name is Matty and the love and fantasy addict who was bothering me in my life's name is Auna. I knew Auna since she was 15 years old in the 9th grade in high school. I have known Auna for 10 years of my life how crazy is that. And i did not know that Auna was a love and fantasy addict until Auna was 25 years old and had educated me about the disease of love and fantasy addiction when i had ran into aunt with her birth mother and with her son David Alejandro Pines the 1st.

When I had ran into Auna at age 25 years old with her son David Jr, and with her birth mother watching Auna with her son. Auna had spoken with me and had educated me about her illness with being a love and fantasy addict and about what it is like being a love and fantasy addict.

Auna had taught me how to pray for her and how to forgive her for all of the horrible things that she did to me when she was very sick with her love and fantasy addiction.

Auna even taught me that I could not judge her, and criticize her because she was very sick with her love and fantasy addiction.

Auna taught me how to think about a time when i was struggling in my life and about how to think about what i would want someone to do for me when I was struggling.

Auna even taught me not to yell at her and not to embarrass and humiliated her if I see her and bring up the past, and not to lose my temper with Auna about her love and fantasy addiction.

Auna taught me how to have compassion for her and how to never be mad at her because she was sick with a disease and that love and fantasy addiction

is a disease.

Auna even taught me about how to be loving and kind and patient towards her because of her disease of being a love and fantasy addiction.

Auna told me that it takes some time to get past being a love and fantasy addict and that I have to be patient with her because it is going to take Auna some time to recover from her love and fantasy addiction.

I never knew that Auna was so sick with this love and fantasy addiction.

I pray so hard every single day and I have learned to forgive myself for all of the times I have hurtled Auna when she was struggling with her love and fantasy addiction.

Auna the love and fantasy addict was so happy that she was able to run into me so that I could learn some more information about her disease which is being and love and fantasy addict.

Every day i am grateful that I got to run into Auna and learn how to deal with Auna who is a love and fantasy addict. I know that if I ever see Auna again I will know who to deal with her who is a love and fantasy addict. Based on what Auna had taught me and I am very grateful for that till this day. And so that grateful that aunt forgave me for being so mean to her when she was suffering in her love and fantasy addiction.

I cannot wait to spread the word about Sla anon to other people because Sla anon helped me so much with dealing with Auna the love and fantasy addict. And Sla anon could help someone else who is suffering from their love and fantasy addiction.

My Son's love and fantasy addiction.

My name is Elena and i have a son who is an obsessive, compulsive love and fantasy addict.

I did not know that my son was an obsessive compulsive love and fantasy addict until Auna my son's qualifier from sex and love addicts anonymous had told me.

When my son was in his love and fantasy addiction he would force Auna to

touch him and to kiss him and to make them feel uncomfortable. My Son had did the exact same treatment to Silvia and Natalie from work creation with the Westside regional center. My son had put magical qualities to Silvia and Natalie and had idea led them and perused them and then blamed them if they did not fulfill his fantasies and expectations. And my son was having very few healthy boundaries where he was emotionally attached to Auna, Silvia and Natalie without knowing us. My son even used emotional involvement to manipulate and to control Auna Silvia and Natalie.

When my son was in his love and fantasy addiction disease he was trying to put so many girls in fake, and illegal marriages without knowing them. And had used sexual and emotional involvement to manipulate and to control the girls with which made the girls feel so scared of my son. Silvia was so scared of my son that she had to call the police on my son. And I had gotten a very disturbing phone call that my son was in the mental hospital for hurting Silvia by forcing himself on her and by making her feel so uncomfortable. Where Silvia had felt so threatened of my son where she never wanted to see my son ever again.

Because my son was a love and fantasy addict towards Maria and had forced himself all over Maria when he did not know Maria that well just like what he had did to Silvia and Natalie.

Alena did not know that her son was sick with a disease called being a love and fantasy addict until i had told Elena about her son's disease which is being a love and fantasy addict.

I had taught Elena not to yell at my and not to bring up the past with Yurem and not to lose her temple at her son , and not to judge and citizen Yurem which was a part of the Sla anon family support group.

Auna had taught Elena some more stuff about Sla anon which was a support group on how to deal with someone's love and fantasy addiction. When Elena was in Sla anon Elena learned that healing from a love and fantasy addiction takes some time, and that she has to be patient for her son to deal from his love and fantasy addiction. And that it is not her fault that her son has a love and fantasy addiction issue.

In Sla anon Elena learned how to think about a time in her life when she

was struggling and to think about what she would want someone to do when she was struggling. And that she had to do the exact same thing with her son because he is struggling from and love and fantasy addiction.

Elena learned how to be kind, loving, and patient and understanding to her son who is a love and fantasy addict.

Elena even learned how to forget about her son so that she could live and happy and peaceful and stress free life.

Sla anon has saved my life so much with dealing with my son. I would highly advise it because Sla anon could save your life too. When you are dealing with a love and fantasy addict who is effect your life because you are bothered by their love and fantasy addiction. Like i say keep coming back because it does work if you work it. There is always hope. Like I always say good bye for now.

Understanding Some's disease

My Name is Finn. And my qualifier's name is Auna who was the love and fantasy addict who i was bothered by. Auna was an emotionally disturbed girl who suffered from high functioning autism. Auna was a very sad, lonely, depressed girl who was suffering from disabled abuse from her autism, and who had very low self-esteem about herself from the disabled abuse.

Auna could not take the abuse anymore that she was using my son Matty as a drug to help her cope with the pain since she was 15 years old in the 9th grade in high school.

I did not know about the rooms of Sla anon and that Auna was very sick with a disease called being a love and fantasy addict until 10 years later when Auna was 25 years old.

When Auna was 25 years old she had taught me all about the rooms of Sla anon and about how to deal with her who was the love and fantasy addict. And about how to set boundaries with her who was the love and fantasy addict that I was bothered by for years because she was harassing my son Matty when she was very sick with her love and fantasy disease.

Auna would put magical qualities to my son when she was very sick with her love and fantasy addiction. That my son loves Auna so much. And that Matty and Auna are meant to be and that their couple name is going to be Mina. And that Matty my son is going to be the father of Acuna's daughter Auna Jr. I remember after Auna was chasing my son Matty I remembered having a talk with Auna about her behavior with chasing my son Matty on the street.

Auna was saying while i was talking to her that she wanted my son to be the father of her daughter Auna Jr. I had told Auna you want my son who you knew for a very short time when you were 15 to 16 years old in high school to be the father of your daughter Auna Jr. You are crazy.

Auna taught me through the rooms of Sla anon that you cannot be negative to her and judge her and citizen her and to any love and fantasy addict who is suffering from a love and fantasy addiction. Because it will make their love and fantasy addiction get much worse and not better.

I learned through the rooms of Sla anon instead of saying you are crazy that you want my son to be the father of your daughter aunt yr. To say i am so sorry that my son Michael is not going to be the father of your daughter Auna. It must hurt so much. I hope that you feel better. I feel so sad for you that my son does not want you be strong. And continue to fight you can always try to go through adoption to have a child. I feel so bad for you i feel your sadness, and your grief and your pain.

I learned through the rooms of sla anon that when you say those very loving and kind words to the suffering love and fantasy addict that is bothering you are having empathy and compassion for the love and fantasy addict that is bothering you, and that you are thinking about a time in your life when you were struggling and about what you wanted someone to do for you when you were struggling with something that was going on in your life. I also learned through auna, and through the rooms of sla anon that when you are acting like that towards the situation that you are not criticizing and judging the suffering love and fantasy addiction and that you are being kind, loving and understanding and patient with the suffering love and fantasy addict.

I had learned through the rooms of Sla anon about how to pray for aunt who was suffering from a love and fantasy addiction with my son. And about

how to forgive auna for everything that she had did to michael my son and to my wife and to my daughter when auna was suffering from her love and fantasy addiction.

Sla anon had saved my life so much with dealing with auna who was a love and fantasy addict with my son . That i highly advise Sla anon to you if you are bothered by a love and fantasy addict where it is affecting your life.

Don't worry because miracles do happen through the doors of Sla anon, and that there is always hope at the end of the journey with the love and fantasy addict that is bothering you.

I saved my happiness

Hi my name is Sophie and my qualifiers is Auna Raquel Pines the 1st, and my older sister who are love and fantasy addicts.

I went through a very hard time in my life i found out the most disturbing news in my life that my sister was a love and fantasy addict who was going to marry Theo who was a criminal and a thread trying to steal money from other people over the phone. Theo was dangerous he had threatened my family and threatened to kill us.

It was so scary i cannot believe that my sister became a love fantasy addict and is marrying is guy what a nightmare.

My daughter was putting magical qualities to Theo that were not true like Theo is a wondering loving guy and that he is so sweet and caring. Adina was also emotionally attached to Theo without knowing Thor and had used Theo as her emotional contact. And had confused love with neediness and physical and sexual attraction and the need for Theo to rescue her. She even became distracted by Theo as a romantic fantasy that was not there.

Because Theo was an aggressive and a verbally abusive guy who could hurt her.

Auna who was a love and fantasy addict told me that my sister was a love and fantasy addict and had introduced me into the rooms of Sla anon to help me out with dealing with my sister who was a love and fantasy addict. And taught me that it was not my fault that my sister was a love and fantasy

addict and to feel very sad for my sister because she was suffering from a love and fantasy addiction. And to pray and to forgive my sister for everything that she did to me when she was very sick with her love and fantasy addiction.

I learned through the rooms of sla anon that i could not check up on my sister and i could not enable my older sister and that I had to make my sister Adina learn the hard way for her love and fantasy addiction until the day that she calls me wanting help to deal with her love and fantasy addiction disease.

Auna had also taught me through the rooms of Sla anon that Adina can always grow and change not to be a love and fantasy addict and that miracles sometimes do happen. And that when you are a love and fantasy addict you will struggle. Sla anon taught me how to accept that fact the Adina my sister is sick with a love and fantasy audition. And to forgive and to reunite with my sister if she comes back. If my sister does come back to my home a love safe haven for my sister to come back to. I learned how to forgive and forget my older sister and about how to life a happy and peaceful life without my older sister while she is in her love and fantasy addiction.

Sla anon had saved my life so much with dealing with my sister Adina the love and fantasy addict. That i highly advise Sla anon to you. Because Sla anon does work if you work it bye for now.

There is hope

My name is Scott and by qualifier is my ex friend Sue who is a love and fantasy addict.

I had met my ex friend Sue because we had went to the exact same university. And I and Sue were together for a while. And then Adina had broken up with me because i was friends with other girls.

After Sue had dumped me she had moved on with a guy who is a criminal and is planning to get married to him.

Sue was assigning magical qualities to the criminal that he was a good guy when he was not. Sue was also using the criminal as emotional dependence

for substitutes for car, nurturing and support. She even made the criminal as a part of her emotional contacts to help her deal with feeling empty and complete when she was alone. She was even confusing love and neediness and with physical attraction having to feel needed to be rescored.

I did not know that Sue was sick with a disease called being love and fantasy addict until my friend Auna had told me all about that disease called being a love and fantasy addict.

Auna had brought me into the rooms of Sla anon and had taught me all about Sla anon.

Auna had taught me through the rooms of Sla anon that Sue can grow, change, from her disease of being a love and fantasy addict, and that miracles could happen. And to accept the fact that Sue is very sick with a love fantasy addiction. Auna also taught me that Sue will also have struggles of being a love and fantasy addict from her struggles of the past from being a love and fantasy addict. And to accept the fact that she is sick with a disease. And if Sue comes back to forgive Sue and to reunite with her. And to make our place into a safe haven if she comes back. Which is making the place a loving and safe environment for Sue the love and fantasy addict who is struggling from her love and fantasy addiction. And that when Sue is suffering from her love and fantasy addiction that i will have to set up boundaries with Adina the love and fantasy addict who is bothering me. And that Sue is Anorexic and isolating herself from her love and fantasy addiction. And that i have to let go and let god deal with Adina who is the love and fantasy addict.

I never knew that Sue was struggling with a love and fantasy addiction until my friend Sue had told me.

Sla anon had saved my life so much with dealing with my friend Adina that i am going to refer other people and my patients to Sla anon to help them out with dealing with the love and fantasy addict that is bothering them.

Do not worry guys because there is always hope when you fight for hope
bye for now.

Searching for an answer.

My name is Scott and my qualifier is my friend Sue who is a love and fantasy addict that i am botched by.

Sue had broken up with me because she was very upset with me for texting my old girlfriends.

After sue had broken up with me Sue had met this guy named Theo who is a criminal. And who had threatened her family and who was a thread who stole money from other people.

I learned through my friend Auna that my friend Sue is a love and fantasy addict.

My friend Sue was very anorexic. Sue would not have any contact with her family and would cut off people who were trying to her get out of her abusive relationship with Theo by letting her know not to marry Theo because Theo is a lying criminal who has a history of stealing money from other innocent people.

Sue and Theo her boyfriend by isolating herself from loved ones who hated Theo from his crimes, and lies, for threatening her family.

Sue would put magical qualities to Theo that were not true like Theo is such and love and kind guy. She would even fear abandonment and loneliness and use Theo as her emotional contact. Sue was fearing abandonment and some loneliness and confusing love with emotional attraction and the need for Theo to rescue her. She was also emotionally attached to Theo without knowing Theo.

Auna had introduced me to the rooms of Sla anon. Through Sla anon i learned that Sue my friend was very sick with a disease called being a love and fantasy addict. I learned how to pray for Sue and how to forgive Sue when she was very sick with her love and fantasy addict. I learned that it was not my fault that Sue was sick with the love and fantasy addiction.

Through Sla anon i learned not to enable Sue and not to check up on Sue and to make her learn the hard way for being a love and fantasy addict.

I also learned that Sue could grow and change from

Being a love and fantasy addict and that miracles do happen. I even learned to accept the fact that Sue is sick with this love and fantasy addiction and to accept her struggles from her love and fantasy addict from the past. I learned how to forgive Sue and how to reunite with Sue if she comes back. And about how to make my place a safe haven if Sue chooses to come back. And how to make my place a loving, kind and understanding environment for Sue .

And if Adina does not come back to let go and to let god. And to forgive, and forget Adina to live and happy, and peace full and stressful life and to take care of myself and love myself much better.

The rooms of Sla anon had saved my life so much with dealing with my friend Adina that i recommend it to my clients who are bothered by love and fantasy addicts. Miracles can happen through the rooms of Sla anon. Miracles in my life happened for me and it can happen for you. Like i always say do not give up because there is always hope at the end of the tunnel. Bye for now.

Going for the gold.

My name is Steve and my qualifier's name is my friend named Max who had brought me into the rooms of sla anon. Through the rooms of sla anon. I had learned how not to enable Max and how not to check on my friend Max.

I had learned through the rooms of sla anon. That love and fantasy addiction is a disease just like what alcohol addiction, and what drug addiction is.

I learned how to let go and how to detatch from my friend Max and about how to let go and how to let god take great care of my great friend Max. I pray and ask god to help me make sure that my friend Max is going to be okay from his love and fantasy addiction. And that my friend Max is going to be okay from his illnes.

I learned through the rooms of sla anon how to take care of myself and about how to find fun things that I love to do.

Don't you just love it when a plan works. Keep coming back it works if you

live it. By for now.