

Peer Workforce Conference 2024

Referring folks to LGBTQIA+ communities to Self-Help Support Groups

Adult Children of Alcoholic/Dysfunctional Families (ACA)

www.socalaca.org

<https://hellagayaca.mailchimpsites.com/>

<https://adultchildren.org/meeting-search>

LGBT National Health Center – Peer Support Groups

<https://lgbthotline.org/chat/>

[Online Peer Support Chat](#)

[Coming Our Support Hotline](#)

[Youth Talkline](#)

[Senior Hotline](#)

PFLAG is the nation's largest LGBTQ+ family and ally organization, with over 400 local chapters dedicated to creating safe communities for LGBTQ+ individuals and families. PFLAG LA has monthly meetings with a focus on gender identity.

Chapters within LA County include:

- [PFLAG](#)
- [PFLAG Los Angeles](#)

Transgender Support Groups

https://standwithtrans.org/support-groups/?doing_wp_cron=1706742886.1239409446716308593750

Sober / Addiction related LGBTQIA+ meetings

www.gayandsober.org/onlinemeetings

Sex And Love Addicts Anonymous (SLAA)

<https://slaafws.org/onlinemeetings/>

HIV SUPPORT GROUPS

www.chirpla.org/sites/chirpla.org/files/u500/HIV%20Support%20Group%20_0.pdf

Additional Resources:

- [Trevor Project Lifeline](#): (800) 788-7386
- The Trevor Lifeline provides support to LGBTQ youths and allies in crisis or in need of a safe and judgment-free place to talk.
- [Trans Lifeline](#): (877) 565-8860

Trans Lifeline provides peer support for the transgender community and is run by and for trans people.

- [SAGE National LGBT Elder Hotline](#): (877) 360-LGBT (5428)

The SAGE Hotline connect LGBT older people and their caregivers with friendly responders who are ready to listen.

- [National Suicide Prevention Lifeline for LGBTQ+ Community](#): (800) 273-8255

This page offers information and resources for LGBTQ+ individuals who are struggling with suicidal feelings or mental health crises.

- [LGBT National Help Center](#)

A national resource that provides LGBTQ+ community with free & confidential support and referral resources via phone, text, and chat.

- [Colors Youth](#)

This non-profit organization provides free and unlimited mental health services for LGBTQ-identified youths ages 25 and younger.

- [Los Angeles LGBT Center](#) This center offers a broad range of health & social services, cultural education, and leadership development resources for the LGBTQ+ community in the Greater Los Angeles area.

- [National Alliance on Mental Illness \(NAMI\) LGBTQI Page](#)

This page highlights the unique mental health needs of the LGBTQ+ community and includes hotlines and resources to help address those needs.

- [211 LA's LGBTQ+ Page](#)

This page includes information on free and low-cost health, human, and social services for LGBTQ+ individuals and families in LA County.

- [LGBTQ+ Resources](#)

The UCLA Prevention Center of Excellence offers training, consultation, and implementation support for educators and school teams in LA County. This collection of resources includes videos, courses, virtual trainings, and printable tools aimed at providing support to school communities throughout LA County.”

- [It Gets Better Project](#)

The It Gets Better Project inspires people across the globe to share their stories and remind the next generation of LGBTQ+ youth that hope is out there, and it will get better

- [Rainbow Labs](#)

Rainbow Labs offers LGBTQ+ youth mentorship programs so youth can find their community, peers, and safe spaces earlier on while gaining a sense of empowerment to propel them into bright futures.

LGBT National Hotline -- Lesbian, Gay, Bisexual and Transgender National Hotline 888-843-4564 or help@LGBThotline.org Monday to Friday, 1 to 9 pm, Saturday 9 am to 2 pm Pacific time

- **JQSA (Jewish Queer Straight Alliance)** --Serves LGBTQ Jews, their families, and allies. Call 855-JQI-HLPS (855-574-4577) or Email Warmline@JQInternational.org
- **Trans LifeLine** -- Peer support by and for trans people, English and Spanish, does not refer to 911. Offers microgrants to help trans folks correct names and/or gender markers on legal documents. (877) 565-8860. Does not put callers on hold; if you can't get through, try back later. legal documents. (877) 565-8860. Does not put callers on hold; if you can't get through, try back later.

Significant dates:

Pride Month is June, but Pride events can occur throughout the year. Locate local PRIDE events: <https://gogaycalifornia.com>

March 31 International Transgender Day of Visibility

April 17 Day of Silence to protest bullying of LGBTQ+ students

April 26 Lesbian Visibility Day

May 17 International Day against Homophobia and Transphobia

May 22 Harvey Milk Day (Harvey Milk was the first openly gay man to be elected to public office in California as a member of the San Francisco Board of Supervisors. He was assassinated in 1978.)

June Pride month

June 27 Stonewall Riots Anniversary

July 14 Non-Binary Awareness Week

September 22 Celebrate Bisexuality Day

October LGBTQ+ History month

October 11 National Coming Out Day

November 20 Transgender Day of Remembrance

December 1 World AIDS Day

LGBTQIA+ on Social Media:

<https://www.instagram.com/mentallylgbtq/>

<https://www.instagram.com/lgbtqiasurvivortaskforce/>

<https://www.instagram.com/lgbtqwellness/>

<https://www.instagram.com/lgbttq12step/>

https://www.instagram.com/ypr_rainbowrecovery/